

∩ - Down stroke  
v - up stroke

E

S

H

D

A

E

1 2 4

∩ v ∩

1 2 4

1 2 4

1 2 4

1 2 4

1 2 4

v

v

v

v

v

1 3 4

1 3 4

1 3 4

1 3 4

1 3 4

1 3 4

v

v

v

v

v

v

v

v

v

v

v

1 3 4

1 2 4

1 3 4

1 2 4

1 3 4

1 2 4

1 2 4

1 3 4

1 2 4

1 3 4

1 2 4

1 3 4