

Date issued: 17/06/2021

Certificate number: 1220181

Learner number: 308851

4B888645-AC7E-4B5F



9D58-232208E1F1B8
AuthentiQual.com

This is to certify that

Judeline Ignatius

has been awarded the

**Active IQ Level 3 Diploma In Fitness Instructing and
Personal Training**

Qualification Accreditation Number: 600/4941/8

In successfully achieving this qualification the learner has been awarded the following unit(s) and credit(s)

Anatomy and physiology for exercise (H/600/9013) 6 Credits at Level 2

Anatomy and physiology for exercise and health (A/600/9051) 6 Credits at Level 3

Applying the principles of nutrition to a physical activity programme (L/600/9054) 6 Credits at Level 3

Delivering personal training sessions (J/600/9053) 9 Credits at Level 3

Health, safety and welfare in a fitness environment (T/600/9016) 2 Credits at Level 2

Instructing gym-based exercise (A/600/9020) 6 Credits at Level 2

Know how to support clients who take part in exercise and physical activity (M/600/9015) 2 Credits at Level 2


Planning gym-based exercise (F/600/9018) 4 Credits at Level 2

Principles of exercise, fitness and health (A/600/9017) 4 Credits at Level 2

Programming personal training with clients (F/600/9052) 7 Credits at Level 3

24 Credits at Level 2

28 Credits at Level 3



Jenny Patrickson
Managing Director

