

Reg. No: YIC518/59



Swami Vivekánanda Yoga Anusandhāna Samsthāna
(Deemed to be University under Section 3 of the UGC Act, 1956)
NAAC Accredited A+ University

CERTIFICATE

This is to certify that

S N Malarvizhi

has successfully completed the requirements of the
Yoga Instructors' Course (Y.I.C)
conducted by **Directorate of Distance Education (DDE)**
Swāmi Vivekánanda Yoga Anusandhāna Samsthāna (S-VYASA) at Prashānti Kutīram,
Bengaluru, India, in the month of **October 2018**.




30 October 2018
Issued on


Prof. Ravindra Kumar
Director I/C


Dr. Srinidhi K Parthasarathi
Registrar










Reg No : 202106-BYI-3344

Certificate of Excellence
Yoga Teacher Training
200 hours yoga Alliance Registered

This is to Certify that

MALARVIZHI SN

has successfully completed 200 hours of yoga teacher training. He/She is proficient in the Practice and Study of Hatha Yoga, Scriptural study, Philosophy, Ethics & Lifestyle, Yoga Anatomy & Physiology, Teaching methodology and Mind relaxation techniques.

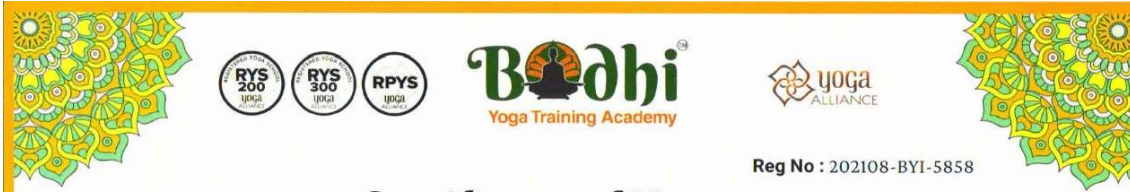
Start Date: 03 June 2021 End Date: 28 July 2021


Ashok Kumar Vankineni (E-RYT500, YACEP)
Founder - Director



Prarthana Patel (E-RYT500, YACEP, RPYT)
Head of Online YTT & Prenatal YTT.


Vyshnavie Vasasali (E-RYT500, YACEP)
Head of Training Academies & Nutrition Dept.

e : 29th July 2021











Reg No : 202108-BYI-5858

Certificate of Honour

Yoga Teacher Training
300 hours yoga Alliance Registered

This is to Certify that

MALARVIZHI SN


has successfully completed 300 hours of Training Practice and Study of Advanced Yoga, Scriptural Study, Philosophy, Ethics & Lifestyle, Practicum, Yoga Anatomy & Physiology, Shat kriyas & Bandhas

Start Date: 2 August 2021

End Date: 22 October 2021



Parthana Patel (E-RYT500, YACEP, RPYT)
Head of Online YTT & Prenatal YTT.



Ashok Kumar Vankineni (E-RYT500, YACEP)
Founder - Director



Vyshnavie Vasasali (E-RYT200, RYT500)
Head of Training Academies & Nutrition Dept.

Place : Hyderabad, India

Date : 23 October 2021

Cert. no.-YER2109403

Certificate

100 hours Meditation Teacher Training For Stress Management | Yoga Essence Rishikesh

MALARVIZHI SN



Swami Dhyan Samarth, Founder & Director



YA ID: 230147



YA ID: 227389



YOGA ESSENCE

Fragrance of Awakening
Sat-Chit-Anand

www.yogaessencerishikesh.com

This is to certify that **MALARVIZHI SN** has successfully completed the **100 hours Meditation Teacher Training For Stress Management** under the guidance of Yoga Essence Rishikesh, India from **31st July To 21st Sep, 2021** comprising theory and practice, and has demonstrated competency to teach meditation by understanding the concept and experiential knowledge of meditation.



Reg No: 202112-WLCP-0002

CERTIFICATE OF COMPLETION WEIGHT LOSS COACHING PROGRAM

This is to certify that

MALARVIZHI SN

has successfully completed WLC Program and has mastered
Weight reduction Methods, Power Yoga, Marketing methods and Strategies for
Weight loss, Diet & Nutrition, Special Meal Planning, Diet Counselling / Consultation.
He/She can now integrate the methods and steps in their practice.

Start Date: 1 Dec 2021

End Date: 5 Jan 2022

KAVYA, VYSHNAVIE & BHAVANI
Trained by

Ashok Kumar Vankineni (ERYT-500, YACEP)
Founder - Director

Date: 6 January 2022
Place: Hyderabad, India.



Reg No: 202111-NTI-0214

Certificate of Excellence Diet & Nutrition Course

This is to Certify that

MALARVIZHI SN

has successfully completed Diet and Nutrition course.
He/She can now integrate the methods and steps in their practice.

Start Date: 27 Nov 2021

End Date: 6 Feb 2022

Akalya Arvindam
TRAINED BY

Vyshnavie Vasasali
(Head of Training Academies and Nutrition Dept.)

Ashok Kumar Vankineni
(Founder-Director)

7 Feb 2022
Hyderabad, India



School of Yoga

Reg No: 202112-AC-0063

CERTIFICATE OF COMPLETION

Acupressure & Foot Reflexology

This is to Certify that

MALARVIZHI SN

has successfully completed Acupressure Training course covering Back Pain, Diabetes, Obesity, Stress & Anxiety, PCOS & PCOD, Thyroid, Digestive disorder, High BP, Insomnia/Irregular sleep, Depression, Respiratory Disorder, Migraine & Infertility.

Start Date: 6 Dec 2021

End Date: 12 Jan 2022

13 January 2022

DATE

DR. HEMANT SHARMA

TRAINED & INSTRUCTED BY

V. Ashok Kumar

ASHOK VANKINENI

Founder - Director



Reg No: 202201-TH-0240

CERTIFICATE OF COMPLETION

This is to Certify that

MALARVIZHI SN

has successfully completed

Therapeutic Yoga Training

Covering Chronic Thyroid, Hypertension, Back pain, Neck Pain, Diabetes, Sciatica, Respiratory Disorders, PCOD, Stress, Insomnia, Digestive Disorder, Obesity, Migraine, Infertility and Depression. Their adaptation and application of yoga principles, having demonstrated a clear understanding and ability to apply them in specific therapeutic context.

Start Date: 8 Jan 2022

End Date: 6 March 2022

Prarthana Patel & Archana Kulkarni

TRAINED BY

V. Ashok Kumar

Ashok Kumar Vankineni.

Founder-Director

Date: 7 March 2022
Place: Hyderabad, India.





Kaivalya Nagari, College Road, Nashik, Maharashtra, India - 422005.

www.yogapoint.com

The members of the management and academic council of Yoga Vidya Gurukul

Certify MALARVIZHI SN

as a Therapeutic Yoga Consultant after being examined and found duly qualified to receive their

'Online Yoga Therapy Training Certificate'

(Government of Maharashtra Recognized)

and placed in DISTINCTION FIRST CLASS

The validity of this certificate is dependant on the Yoga Consultants' compliance to the designated standards, rules and regulations of Yoga Vidya Gurukul.

Regd. No: 51339

Date: 02/04/2022



Kate Mandlik
Head Teacher

Gandhar Mandlik
President
Yoga Vidya Gurukul



Malarvizhi SN

Registry ID: 379245

Registered Since: May 05, 2022

Valid Until: May 05, 2023