## Know and Use People's Names

After nearly three hours at this friend's place over lunch, his wife asked me "BTW, what's your name?"

Eek! I felt so undermined that moment.

The lady had played a great host that noon with her terrific culinary skills, I must admit. But that one question...made me feel so small.

So, who was I to her all this while?

Some nameless creature who came and ate?

When do we not care to know of the person's name when offering food?

These questions almost instantly popped up in my mind.

I am sure I would have felt very happy accepting her subsequent dinner-invite had she remembered my name and used it now and then during our conversations.

Names are very special to each of us. People feel good when their names are used during interactions. Especially, when getting introduced for the first time, repeat their name once, look up at them and smile. That strikes an instant chord of respect and trust.

## Arthy

## Shankar