

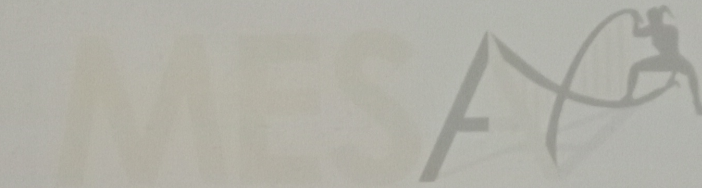


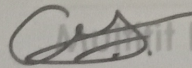
*This to attest that*

SAINATH RAJARAM MADANE

*Has met all the requirements of the Multifit Exercise Science Academy to develop and implement fitness programs for individuals.*

## **Certified Personal Trainer**





MESA Coach

JUNE 2021

Valid Till

### *Specialized In*

PROGRAMMING AND PERIODIZATION

HUMAN ANATOMY, PHYSIOLOGY  
AND KINESIOLOGY

FIRST AID, BASIC REHABILITATION  
AND SPECIAL POPULATION

ASSESSMENTS (THEORY, PRACTICAL  
AND VIVA)

FUNCTIONAL MOVEMENT AND  
POSTURAL ANALYSIS

EXERCISE TESTING