

WHO CAN BE TREATED

First treat yourself. You are REIKI and can be in as perfect health as your ego will allow yourself to express.

Next, treat family members. Normally the family unit will have provided you with many benefits and transmitting the health of REIKI is an excellent way to complete the exchange.

Third, consider treating anyone who asks, Asking is important, because REIKI is system based on intent. The prospective client should express his intent for health and request the treatment.

Naturally if the person is in a coma, or an infant, or someone whose family asks for the healing or someone of whom you are responsible, it is appropriate to do REIKI.

By stating in your mind, "You are free to accept or reject this healing as you will," You release the will of the client and do not impose your will upon them.

Be cautious in treating an accident victim you don't know, in that it is legally advisable not to say anything about your healing ability.

Simply attempt to administer REIKI in an inconspicuous manner which fortunately is very easy with REIKI.

Speaking of infants, don't think babies-even foetuses-are too young to receive treatments.

REIKI just works zing-o on babies," "they have no barriers whatsoever. They are wide open to God's love, And that's what healing is: God loving us."

Persons hospitalized or under conventional medical care can also be treated with REIKI.

If the patient takes medication, instruct him to regularly consult with his physician-because as REIKI rebalances his body, the prescribed dosage might have to be lessened to avoid overdoses.

Do not diagnose illnesses and prescribe medicines, however unless you are an Medical Practitioner Suggest rather than direct. Simply state what you'd do if you had the condition perceived, giving the patient the responsibility to assess its merits for himself.

It is also important to remember that you should never feel forced or obligated to heal some-one, or guilty for not taking the time to heal whenever and wherever requested.

Don't forget pets, animals and plants, either. They have universal life energy, and REIKI works for them too.

"The big bonus with REIKI is that when you are treating someone else you are receiving a healing at the same time.

"One is never tired nor depleted after giving a treatment since we are using universal life energy.

Therefore, you can consider applying REIKI in some rather unorthodox healing situations. "What to treat can become as vital a consideration as "Who" to treat.

■ रेकी सरल प्रक्रिया है, यह वही करती है जो प्राकृतिक है ।

"Reiki is simple. Reiki is doing what's natural !"

■ हाथ रखने पर रेकी स्वतः शुरू हो जाती है और हाथ हटाने पर रेकी स्वतः बंद हो जाती है ।

"Hands on. Reiki turns on; hands off. Reiki turns off."

■ जीवनी शक्ति कोई गलतियाँ नहीं करती और

The life force makes no mistakes, and

■ रेकी मास्टर द्वारा किया गया शक्तिपात जीवन भर आपके साथ रहता है ।

The power transfers given by a Reiki master last your entire life.

■ रेकी का प्रयोग अपनी बुद्धिमत्ता से करना चाहिये ।

"Always use REIKI with commonsense."

■ यह बात आपको समझनी चाहिये कि हममें से बहुत वैसे ही हैं जैसा हम बनना चाहते हैं ।

"You have to realize that most of us are as well as we want to be."

■ आप अपने मरीज से कुछ ग्रहण नहीं करते बल्कि सब कुछ आपकी तरह से ही उन्हें मिलता है, इसलिये आप उसकी शिकायतों (तकलीफों) को भी ग्रहण नहीं करते ।

"You pick up nothing from client. Everything goes from you to them. Therefore. You do not pick up their complaints."

■ कभी भी रोगी को दवा न सुझायें, रोगी को केवल समझाये कि यदि उसी स्थिति में आप होते तो क्या करते ।

"Never, never diagnose or prescribe." Simply state what you would do if you had the condition perceived.

■ रेकी को खुले आम बाँटने से आप लोगों को भिक्षुक जैसा बनायेंगे ।

"To give Reiki away makes beggars of people."

■ यदि आप सब लोगों का उपचार ना कर सकें तो ना सही, इसमें परेशान होने की कोई आवश्यकता नहीं ।

"You don't have to treat every one, and don't have to feel guilty about it."

■ आप स्वयं रेकी चैनल है, इसका स्रोत ईश्वर है, आप ईश्वर से जुड़ चुके है ।

"You are Reiki. God is the source. You are hooked into God."

■ रेकी एक दिव्य ऊर्जा है । आप दिव्य प्राणी हैं ।

You are a divine being Reiki is divine."

■ एक बार रेकी चैनल बन जाने पर इसका प्रवाह बन्द नहीं होता, और आप ऐसा क्यों चाहेंगे ।

"Once opened there's no way to shut Reiki off. And why would you ?"

■ यह एक उपचार प्रक्रिया है—एक प्रेम प्रदर्शन है ।

It is healing, an expression of love."

