



Jeevana Yoga, H.R.B.R. Layout, Bengaluru-560043, Bharath (India), Cell: +91 96322 27362; www.jeevanayoga.in

Jeevana Yoga Teachers Training Centre

This is to certify that

Brundha R

has completed 250+ hours Jeevana Yoga Teachers Training course
from November 2020 February 2021 at Bengaluru
Ghatikothsava : Magha Shukla Dwiteya

Acharya Arun Prakash
Samsthapaka & Nirdeshaka,
Jeevana Yoga Pratishthana



Diploma No
JYT/B/20/11/049

This Classical Hata Yoga Teacher's Training Course explores classical Hata Vidya and conforms to the original Yoga Vidya. Students learn not only Yoga Asanas in the Hata Yoga tradition but also Sanskrit the original language of all Yogic texts and Basic Ayurveda. This course is conducted as per Hata Yoga gurukula system.