

INVESTMENT IN KNOWLEDGE PAYS THE BEST INTEREST

FOREWORD

Prof. D. VISWANATHAN
Former Vice-Chancellor, Anna University



M/s. STAB is conducting Skill Development Programmes for students of Schools & Colleges. Skills like Study Skills, Life Skills, Leadership Skills and Communication Skills are very much essential during school and college education.

M/s. STAB is very sincere, quality conscious and result oriented with their services. I strongly recommend the Schools to offer these skill development training to the Students.

STUDENT SUCCESS



Holistic & Value Based Curriculum

An Edifying Atmosphere

Strong Teacher-Student Relationship

Strict Monitoring System

PROBLEMS OVER STUDENTS

Getting Low Marks

Attention Deficit

Low Self-Esteem

Poor Memory

Lacks Confidence



Negative Attitude

Lacks Self-motivation

Watching too much TV

Lacks competitive spirit

Nervousness

STAB - School of Life Skills

STAB, renowned Excellence Training Company in India. Mind blowing seminars and thoughtful workshops are being conducted regularly for knowledge enlightening. Neuro Linguistic Programming (NLP) is the powerful science which works as a basic platform for both Life and Leadership Skills and Whole Brain Methodologies and Accelerated Ways of Learning Methods serves as platform for Study Skills Training.

STAB endows with training programs which can handle emotions of the Children in a very careful way in order to shape them as the best students of tomorrow. STAB simply says life can be taught in school just by carving the attitude of the Students.

STAB - OBJECTIVES

• MISSION

- * Building life in meaningful, beautiful and powerful ways
- * To empower students to live life to their fullest potential in the context of love, joy and happiness

• VISION

- * To prepare the Children by installing the right attitude and the right mindset to evolve with master mind students
- * To create a value based curriculum for life
- * To enhance the reading and learning skills of the student
- * To break the barriers and change their careers

STAB PROGRAMS

STUDY SKILLS

- Whole Brain Learning
- Super Power Memory
- Speed Reading
- Spelling Strategies
- Brain Gym
- Mind Map Techniques
- I love exam

LIFE SKILLS

- Goal Setting
- Time Management
- I am Gifted
- I Love Parents
- Mind Mentors
- Self Motivation
- Powerful Beliefs

COMMUNICATION SKILLS

- Pronunciation & Fluency
- Speed Reading
- Public Speaking
- Body Language
- Non-verbal communication
- Accent Neutralisation
- Skill Development activities

STAB Training Methodology



The Training Methodology is designed in such a way to facilitate the students to handle studies and life in a smart way and to deal with their challenges in an effective way.

The aspiration of STAB is to create stupendous students of tomorrow. Our students are always seen unique because of their peak performance



BENEFITS

62% percent of student say their workload has increased over the last six months; 53% say work leaves them "overtired and overwhelmed." Students think it is personal and compensate by working longer, and harder to gain beyond being efficient or organized

Students produce results beyond what they currently see as possible, beyond what their current work habits provide

Students experience greater sense of control over work and life, greater clarity about their Concerns and commitments, more fulfillment and satisfaction



Improve concentration and comprehension of the student
Increase their reading speed by up to 400%
Supercharge their ability to retain information



Have a Mensa-Level "Eye-Cue"
Reading speed at least doubled
It is not the eye which reads, it is the Brain
That if reading techniques are appropriate, comprehension rises with increasing speed
Information management is first a matter of managing the manager of information-the human Brain

Mamaharishi Gurukulam Matriculation School, Tiruppur, India



Bannari Amman Vidya Niketan School, Coimbatore, India



4 Days Programme @ Coimbatore, India



Master Talent School, Hyderabad, India



Goodword Public School, Chennai



The Adhyayana International Public School, Coimbatore



Kendriya Vidyalaya, Minambakkam



STAB Campus, Pallavaram, Chennai



St. Stephens Matriculation School, Pallavaram, Chennai.



Jai Gopal National School, Tambaram, Chennai



Valluvar Gurukulam School, Tambaram,



Annai Velankanni Matriculation Hr. Sec. School- Pallavaram



PROGRAM YIELD

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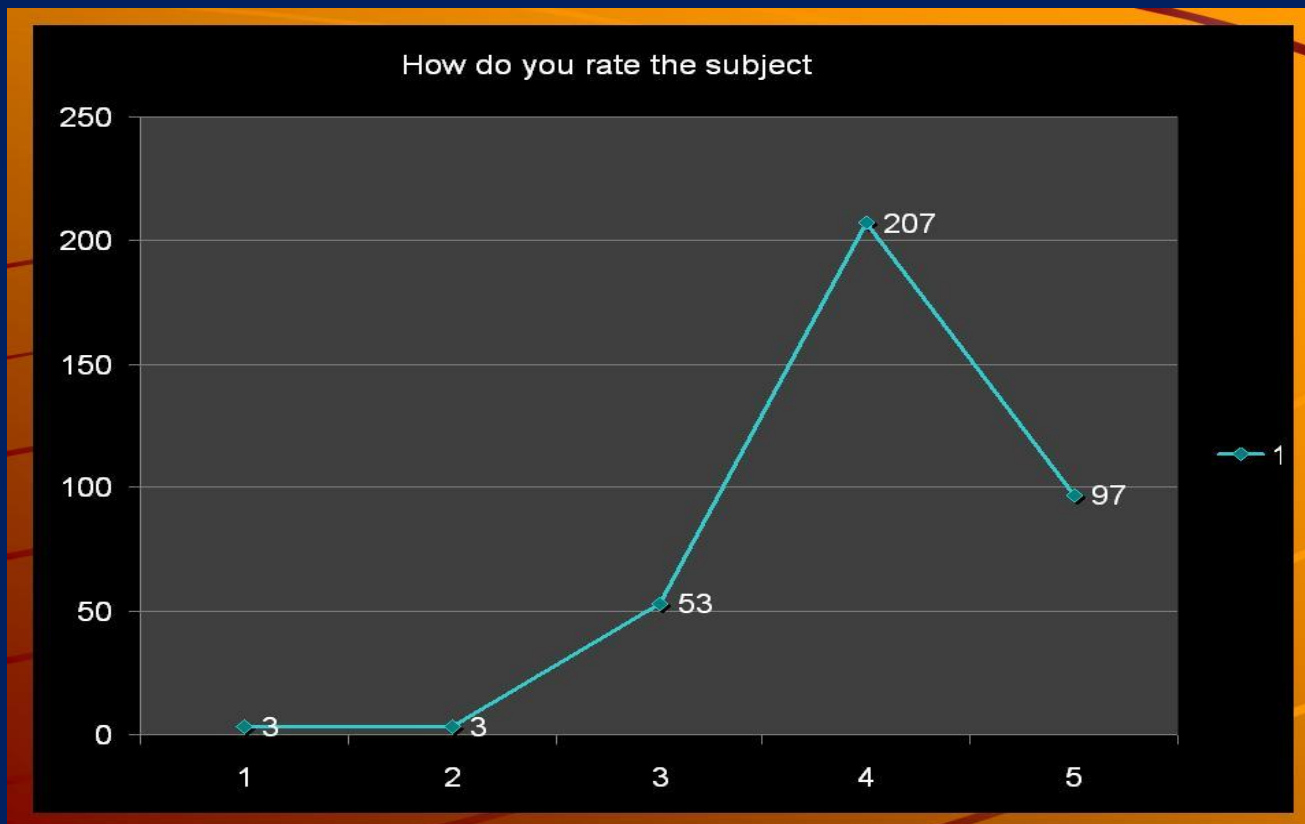
BENEFITS OF THE PROGRAMME: **FOR STUDENTS:**

- **Increased Results**
- **Students produce results beyond what they currently see as possible, beyond what their current work habits provide**
- **Focus**
- **Students experience an increased ability to focus on what is most important and see it through to completion**
- **Totality of Everything.**
- **Commitment & Accountability**
- **Students develop a new ability to make and keep commitments, increasing the level of accountability in the organization**
- **Organizational Alignment**
- **Students have increased clarity about organizational objectives and have new capacity to organize their work around fulfilling those objectives**
- **Stress Management**
- **Students experience greater sense of control over work and life, greater clarity about their Concerns and commitments, more fulfillment and satisfaction**

BENEFIT FOR INSTITUTION

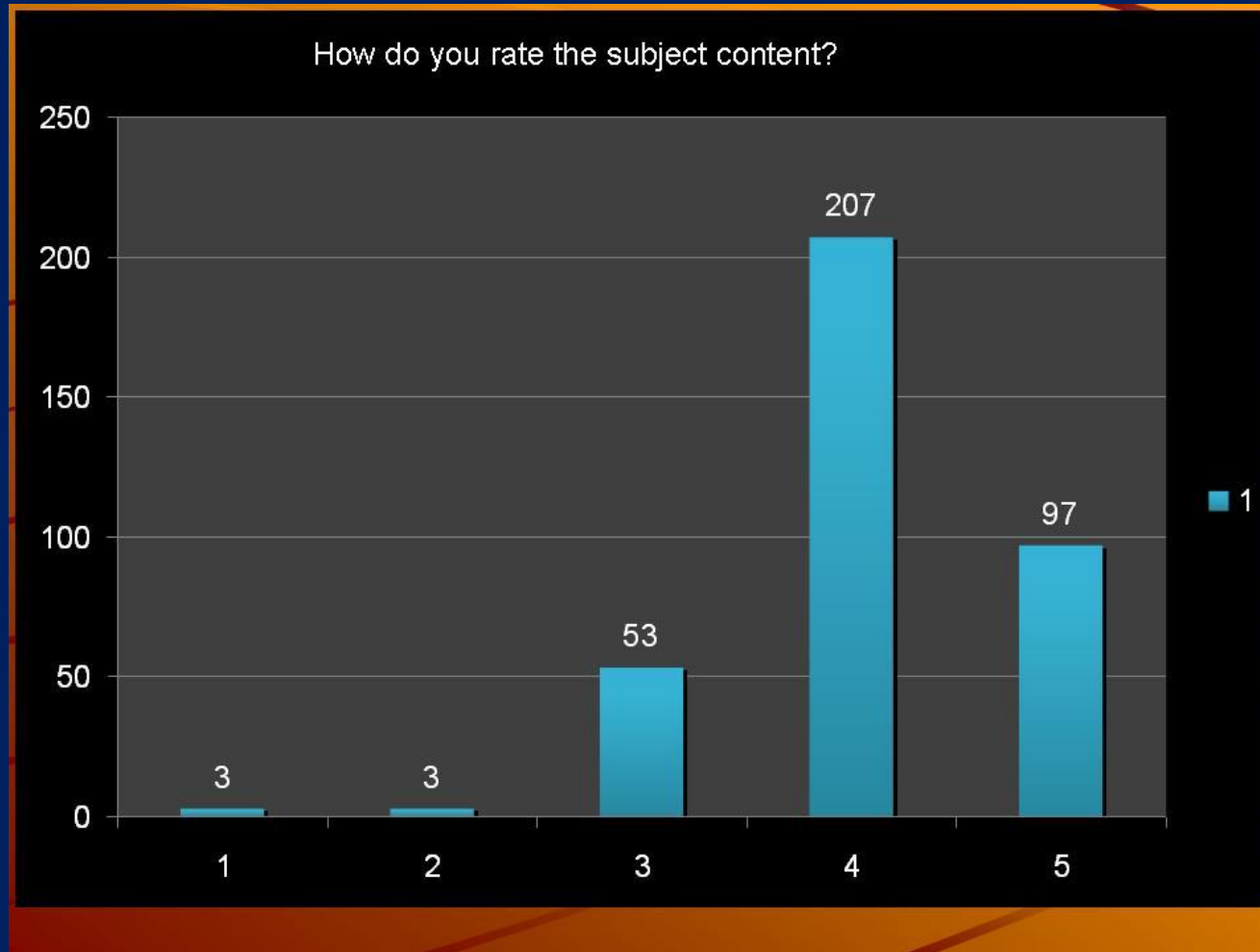
- **Marked improvement in academic performance of the students.**
- **Address the drop out ratio and bring it down significantly.**
- **Overall increase in the quality of education imparted to the students.**
- **Increase performance in interviews and in competitive exams.**
- **Students will be more focused on their goals & live life to the fullest potential.**
- **This cutting edge curriculum will change the way people talk about and relate to the students in the university.**
- **College environment will transform to a whole new level.**
- **Increase in the confidence of the students getting selected in campus interviews.**
- **Decrease in the number of students indulging in disruptive behaviors and causing detriment to discipline.**

Analysis on Random students who have undergone the Program taken after six months



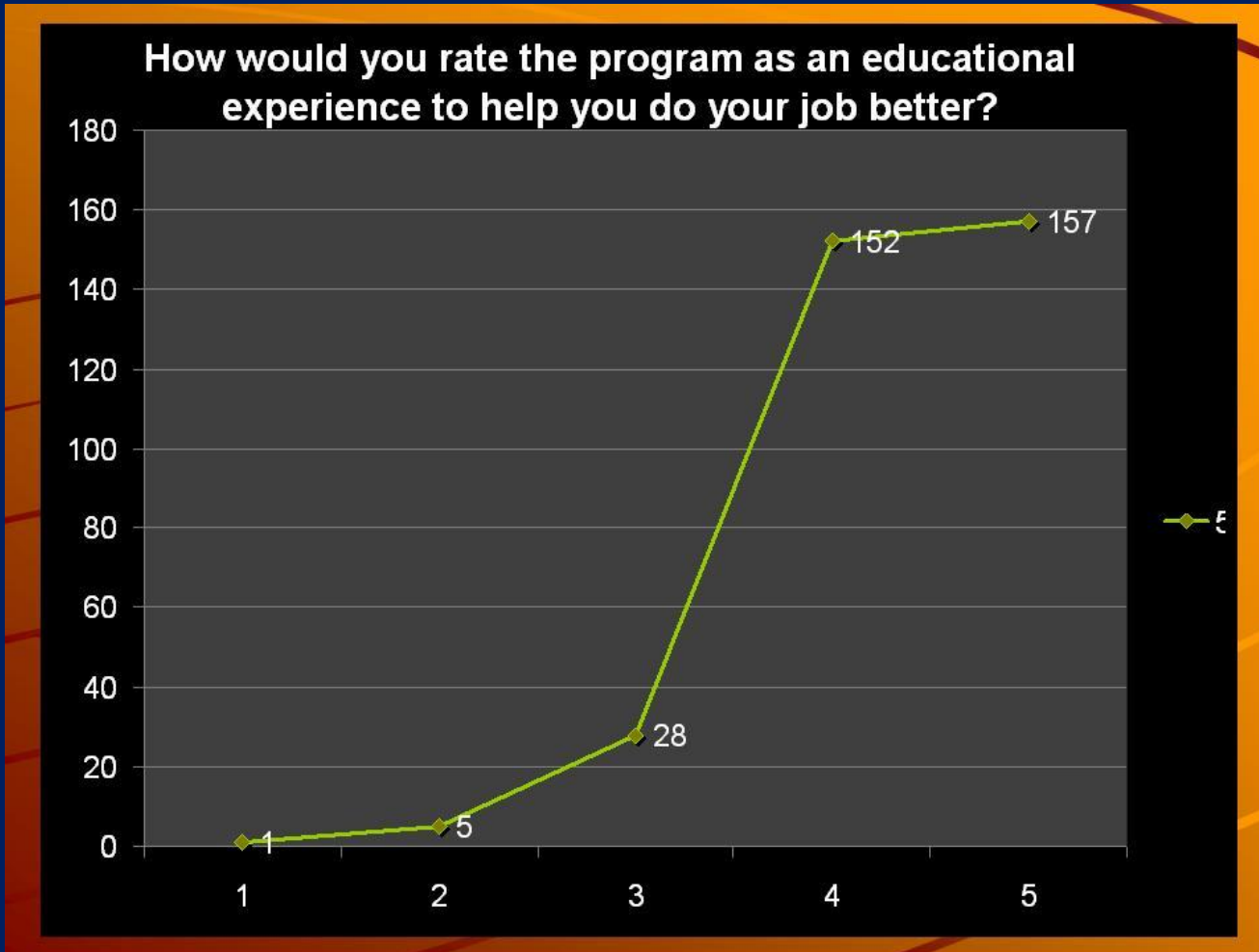
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Highly dedicated and self-motivated professional with a decade of experience in Learning & Development Cadre and imparting the same. Having worked for over 8 years as a **Soft Skills Trainer** and having served various Educational Institutions / Corporate in different parts of India, by his virtue of interest, passion for teaching & training, love to mentor people & knowledge on varied subjects, he started his own Training Firm STAB www.stab.co.in in Chennai, India.

Being a Certified Soft Skills Trainer & NLP Practitioner, Ashok Kumar creates a collaborative learning environment where the interplay of conscious and unconscious learning processes fully harness the potential of each learner on a course.

Having spent most of his times in Schools & Students and with the experience of exploiting students with his programming skills, Ashok Kumar is a Specialist in creating amazing legends of tomorrow.

Key Specialization:-

- Mentoring & Coaching Skills
- Corporate Training
- Communication, Voice & Accent Training



**You cannot change
your future, but,
you can change
your habits, and
surely your habits
will change your
future.**

- Dr. A.P.J. Abdul Kalam

**Born on 15th october 1931 became
India's 11th President referred to
as the "Missile Man of India"
Due to his immense contribution
towards scientific research.**