

Gold Price Action Mastery

Trading Discipline & Psychology / 8-Week 1-to-1 Mentorship (40 Sessions)

This mentorship is designed to help you develop a **structured and disciplined approach to trading Gold (XAUUSD)**.

The focus is not on signals, shortcuts, or trying to predict every market move. Instead, you will learn how to **read price, anticipate possible scenarios, understand market behavior, manage risk, develop emotional discipline, and build your own independent trading process.**

Week 1 — The Language of Price

- Candlestick formation and anatomy
- Candle behavior and reaction
- Buyer and seller psychology
- Momentum, rejection and indecision
- Common candlestick formations
- Candle sequences and follow-through
- Understanding context

Focus: Observe before anticipating.

Week 2 — Reading Market Structure

- Swing highs and lows
- Higher Highs and Higher Lows
- Lower Highs and Lower Lows
- Trend and correction
- Expansion and retracement
- Strong and weak structure

Focus: Understand what the market is showing, not what you want it to show.

Week 3 — BOS, CHoCH & Structural Change

- Break of Structure (BOS)
- Change of Character (CHoCH)
- Internal and external structure
- Valid and weak structural breaks
- Confirmation and false breaks
- Continuation vs. structural change

Focus: Be willing to change your view when the evidence changes.

Week 4 — Liquidity, Supply, Demand & POI

- Buy-side and sell-side liquidity

- Equal highs and lows
- Liquidity pools and sweeps
- Failed breakouts and inducement
- Supply and demand
- Points of Interest (POIs)
- Fresh and mitigated zones
- Premium and discount
- Quality vs. weak locations

Focus: Don't chase price. Wait for meaningful opportunities.

Week 5 — H4 Bias & M15 Setup

- H4 market structure
- Major liquidity and POIs
- Bullish, bearish and neutral conditions
- Building a daily bias
- H4 → M15 analysis
- M15 structure
- Valid pullbacks
- Setup confirmation and invalidation

Focus: Become comfortable with waiting and uncertainty.

Week 6 — M1 Execution

- M15 → M1 transition
- M1 structure
- Entry confirmation
- Entry timing
- Stop-loss placement
- Trade invalidation
- Avoiding premature and late entries

Focus: Execute the process, not the emotion.

Week 7 — Risk, Trade Management & Psychology

- Risk management
- Position sizing
- Risk-to-reward
- Drawdown awareness
- Trade management
- Take-profit planning
- FOMO and revenge trading
- Overtrading
- Fear, hesitation and greed
- Emotional control
- Accepting wins, losses and missed opportunities

Focus: Protect your capital and your decision-making.

Week 8 — Becoming an Independent Trader

- Complete H4 → M15 → M1 analysis
- Daily trading routine
- Pre-trade checklist
- Trading journal
- Post-trade review
- Performance evaluation
- Identifying repeated mistakes
- Personal trading plan
- Personal trading rules
- Knowing when not to trade

Focus: Build the ability to analyze, execute and review your own trades independently.