

35 Tāla Alankāra-s

Māyāmālāvagowḷa (15th mēḷa)

S R₁ G₃ M₁ P D₁ N₃ Ṣ́ - Ṣ́ N₃ D₁ P M₁ G₃ R₁ S

- Note:**
1. These include the usual 7 alankaras found in most books. Only the first lines of the ascending and descending sequences have been given. Please fill subsequent lines in sequence as shown in the first alankara (upto the high Śa at least). Then sequences reverse and descend and end at the middle Sa.
 2. One can try and render each slowly without tala to get familiar and fluent with the sequence first. Then practice with tala.
 3. Notation has been given only for the 1st speed (one note for every unit of the Tāḷa). Higher speeds are 2 notes per beat (2nd speed), 4 notes per beat (3rd speed), upto the 6th speed.
 4. It is recommended to practise at least one or two of these in 3 or more speeds every day.
 5. At least once a week, each of these can be rendered in sequence without break in the 3rd speed - typically once swara and akaram the next time.
 6. Even though the suggested raga is Mayamalavagowḷa, these alankaras can be rendered in any melakarta (parent) raga.
 7. Consistent practice of these have proved to enhance overall rhythmic and melodic skills and also improve alertness with respect to handling talas accurately.

The scheme of **35 talas** is very simple and scientific. There are 7 talas with 5 jātis each. **(7x5 = 35)**

The **seven talas** are:

1. Dhruva Tāḷa
2. Maṭhya Tāḷa
3. Roopaka Tāḷa
4. Jhampa Tāḷa
5. Tripuṭa (Ādi) Tāḷa
6. Aṭa Tāḷa
7. Ēka Tāḷa

The **five jātis** are:

1. Chaturashram
2. Tishram
3. Mishram
4. Khaṇḍam
5. Sankeerṇam

Dhruva Tāḷa

1.1. Chaturashra Jāti Dhruva Tāḷa

S R G M | G R | S R G R | S R G M ||
R G M P | M G | R G M G | R G M P ||
G M P D | P M | G M P M | G M P D ||
M P D N | D P | M P D P | M P D N ||
P D N Ś | N D | P D N D | P D N Ś ||
Ś N D P | D N | Ś N D N | Ś N D P ||
N D P M | P D | N D P D | N D P M ||
D P M G | M P | D P M P | D P M G ||
P M G R | G M | P M G M | P M G R ||
M G R S | R G | M G R G | M G R S ||

1.2. Tishra Jāti Dhruva Tāḷa

S R G | R S | S R G | R G M ||
Ś N D	N Ś	Ś N D	N D P	

1.3. Mishra Jāti Dhruva Tāḷa

S R G M P D N | D P | S R G M P D P | S R G M P D N ||
| | |
Ś N D P M G R | G M | Ś N D P M G M | Ś N D P M G R ||
| | |

1.4. Khaṇḍa Jāti Dhruva Tāḷa

S R G M P | M G | S R G M G | S R G M P ||
Ś N D P M	P D

1.5. Sankeerṇa Jāti Dhruva Tāḷa

S , R , G M P D N | D P | S , R , G M P D P | S , R , G M P D N ||
| | |
Ś , N , D P M G R | G M | Ś , N , D P M G M | Ś , N , D P M G R ||
| | |

Maṭhya Tāḷa

2.1. Chaturashra Jāti Maṭhya Tāḷa

S	R	G	R		S	R		S	R	G	M	
Ś	N	D	N		Ś	N		Ś	N	D	P	

2.2. Tishra Jāti Maṭhya Tāḷa

S	R	G		S	R		S	R	G	
Ś	N	D		Ś	N		Ś	N	D	

2.3. Mishra Jāti Maṭhya Tāla

S	R	G	M	P	D	P		M	G		S	R	G	M	P	D	N	
Ś	N	D	P	M	G	M		P	D		Ś	N	D	P	M	G	R	

2.4. Khaṇḍa Jāti Maṭhya Tāla

S	R	G	M	G		S	R		S	R	G	M	P	
Ś	N	D	P	D		Ś	N		Ś	N	D	P	M	

2.5. Sankeerṇa Jāti Maṭhya Tāla

S , R , G , M	P	M		G	R		S , R , G , M	P	D	
Ś , N , D , P	M	P		D	N		Ś , N , D , P	M	G	

Roopaka Tāḷa

3.1. Chaturashra Jāti Roopaka Tāḷa

S	R		S	R	G	M	
Ṣ	N		Ṣ	N	D	P	

3.2. Tishra Jāti Roopaka Tāḷa

S	R		S	R	G	
Ṣ	N		Ṣ	N	D	

3.3. Mishra Jāti Roopaka Tāla

S	R		S	R	G		S	R	G	M	
Š	N		Š	N	D		Š	N	D	P	

3.4. Khaṇḍa Jāti Roopaka Tāla

S	R		S	R	G	M	P	
Š	N		Š	N	D	P	M	

3.5. Sankeerṇa Jāti Roopaka Tāla

[illegible]

Jhampa Tāḷa

4.1. Chaturashra Jāti Jhampa Tāḷa

S	R	G	R		G		M	,	
Ś	N	D	N		D		P	,	

4.2. Tishra Jāti Jhampa Tāḷa

S	R	G		R		G	,	
Ś	N	D		N		D	,	

4.3. Mishra Jāti Jhampa Tāḷa

S	R	G	S	R	S	R		G		M	,	
Ś	N	D	Ś	N	Ś	N		D		P	,	

4.4. Khaṇḍa Jāti Jhampa Tāḷa

S	R	G	S	R		G		M	,	
Ś	N	D	Ś	N		D		P	,	

4.5. Sankeerṇa Jāti Jhampa Tāḷa

S	,	R	,	G	M	S	R	G		M		P	,	
Ś	,	N	,	D	P	Ś	N	D		P		M	,	

Tripuṭa Tāla

5.1. Chaturashra Jāti Tripuṭa (Ādi) Tāla

S	R	G	R		S	R		G	M	
Ś	N	D	N		Ś	N		D	P	

5.2. Tishra Jāti Tripuṭa Tāla

S	R	G		S	R		G	M	
Ś	N	D		Ś	N		D	P	

5.3. Mishra Jāti Tripuṭa Tāla

S	R	G	M	P	M	G		R	G		M	P	
Ś	N	D	P	M	P	D		N	D		P	M	

5.4. Khaṇḍa Jāti Tripuṭa Tāla

S	R	G	M	P		R	G		M	P	
Ś	N	D	P	M		N	D		P	M	

5.5. Sankeerṇa Jāti Tripuṭa Tāla

S	R	G	M	P	M	G	R	S		R	G		M	P	
Ś	N	D	P	M	P	D	N	Ś		N	D		P	M	

Aṭa Tāḷa

6.1. Chaturashra Jāti Aṭa Tāḷa

S	R	G	M		S	R	G	M		P	,		P	,	
Ś	N	D	P		Ś	N	D	P		M	,		M	,	

6.2. Tishra Jāti Aṭa Tāḷa

S	R	G		S	R	G		M	,		M	,	
Ś	N	D		Ś	N	D		P	,		P	,	

6.3. Mishra Jāti Aṭa Tāḷa

S	R ,	G ,	M	P		S ,	R	G ,	M	P		D ,		D ,	
Ś	N ,	D ,	P	M		Ś ,	N	D ,	P	M		G ,		G ,	

6.4. Khaṇḍa Jāti Aṭa Tāḷa

S	R ,	G ,		S ,	R	G ,		M ,		M ,	
Ś	N ,	D ,		Ś ,	N	D ,		P ,		P ,	

6.5. Sankeerṇa Jāti Aṭa Tāḷa

S	R ,	G ,	M ,	P	D		S ,	R	G ,	M ,	P	D		N ,		N ,	
Ś	N ,	D ,	P ,	M	G		Ś ,	N	D ,	P ,	M	G		R ,		R ,	

Ēka Tāḷa

7.1. Chaturashra Jāti Ēka Tāḷa

S R G M ||
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||
||
||
Ś N D P ||
||
||
||
||

7.2. Tishra Jāti Ēka Tāḷa

S R G ||
||
||
||
||
||
||
Ś N D ||
||
||
||
||
||
||

7.3. Mishra Jāti Ēka Tāḷa

S R G M P D N ||
||
Ś N D P M G R ||
||

7.4. Khaṇḍa Jāti Ēka Tāḷa

S R G M P ||
||
||
||
Ś N D P M ||
||
||
||

7.5. Sankeerṇa Jāti Ēka Tāḷa

S R , G M , P D N ||
||
Ś N , D P , M G R ||
||