



Course structure for Fabric Painting (Level 1)

Month 1: Fundamentals of Fabric Painting

Week 1: Introduction to Fabric Painting

Overview of fabric painting: Tools, materials, and surfaces.

Choosing and preparing fabric for painting (washing, ironing).

Brief on fabric paints and their properties.

Week 2: Basic Techniques and Tools

Brush types and their uses.

Practicing basic brush strokes on scrap fabric.

Learning color blending and mixing directly on fabric.

Week 3: Simple Patterns and Shapes

Painting basic shapes (circles, squares, flowers, etc.).

Using stencils to create neat patterns.

Week 4: Understanding Color Theory

Primary, secondary, and complementary colors.

Techniques for creating gradients and ombre effects on fabric.

Month 2: Developing Skills and Creativity

Week 5: Freehand Painting

Drawing simple designs freehand on fabric.

Tips for maintaining symmetry and balance.

Week 6: Fabric Painting Tools Beyond Brushes

Using sponges, stamps, and household items for unique textures.

Practice session: Painting with alternate tools.

Week 7: Layering and Detailing

Techniques for layering paint without smudging.

Adding fine details and finishing touches.

Week 8: Creating Your First Project

Designing and painting a handkerchief or napkin.

Sealing and heat-setting the painted design.

Month 3: Projects and Advanced Skills

Week 9: Advanced Pattern Techniques

Exploring geometric, floral, and abstract patterns.

Tips for combining multiple patterns.

Week 10: Painting on Wearable Fabric

Preparing and painting on T-shirts or tote bags.

Ensuring durability and proper finishing.

Week 11: Fabric Painting with Special Effects

Using glitter, metallic, or 3D fabric paints.

Adding embellishments like beads or sequins.

Week 12: Final Project and Feedback

Creating a personalized project (e.g., pillow cover, scarf).

Individual feedback and tips for improvement.

Materials Required for Students:

Fabric paints, brushes, palette.

Stencils, sponges, and stamps.

Scrap fabric, plain T-shirts, or tote bags for practice.