



CERTIFICATE
BWF COACH LEVEL 1

PRESENTED TO
ABHISHEK PAWASKAR

COACH EDUCATION - LEVEL 1 FACE TO FACE

DUBAI , UNITED ARAB EMIRATES

30 JUNE 2019

A handwritten signature in black ink, appearing to read "Poul-Erik Høyer".

POUL-ERIK HØYER
PRESIDENT

A handwritten signature in black ink, appearing to read "David Cabello".

DAVID CABELLO
CHAIR – DEVELOPMENT COMMITTEE



BWF Coach Level 1

Competencies

The candidate has completed all requirements of the BWF Coach Level 1 course and demonstrates the following competencies.

Personal / Professional Standards

Presents appropriately for the role of a BWF Level 1 Coach.

Coaches safely and responsibly and is capable of maintaining a safe coaching environment.

Technical Competencies

Demonstrates the required knowledge of technical and tactical elements and can apply this knowledge appropriately in a coaching situation.

Has the required knowledge of the basic biomechanical principles which underpin hitting and movements skills in Badminton.

Understands how psychology and lifestyle can affect badminton performance.

Can use appropriate hand and racket feeding to provide meaningful practice opportunities.

Coaching and Planning Competencies

Has demonstrated the ability to:

- Complete relevant planning tasks (risk assessment, player details etc...)
- Set appropriate player goals based on observation and analysis of players.
- Plan/deliver linked sessions (8) to help players achieve their goals
- Review and evaluate each session
- Use coaching methods that provide for different learning styles
- Give effective and appropriate feedback
- Manage groups of players

Coaching Delivery and Review

Meets the required levels of coaching competence described in the BWF Level 1 Coaches' Manual - delivery of coaching and review of coaching practice.