

Yoga Education College

Pranayama Teacher Training • Level 1

Instructor Certificate is awarded to

Aastha

*"May all be happy,
may all be free from disease,
may all see goodness,
may none suffer from sorrow.
AUM Shantih, Shantih Shantih.*

Brihadaranyaka Upanishad

YEC Founders & Teachers

R Moses
Robert Moses
Eddie Stern
Eddie Stern
Harsh Jhaveri
Harshvardhan Jhaveri

**Pranayama Teacher Training
Level 1 • 2025**

Online course

June - July, 2025

Certification granted:

November 17, 2025

