



IIAS SCHOOL OF YOGA

All India Yoga & Naturopathy Council

(An Autonomous Organization Under Ministry Of AYUSH Govt. Of India)

D - 120, Sector- 61, Noida , U.P - 201301

Regn. No. : AIYNCC0227

Scientific Weight Management Program

This Is To Certify That

Meenakshi

.....
has successfully completed the Scientific Weight Management Certificate Program conducted under the guidance of Dr. Kamlesh Mishra .

The program included scientific understanding of metabolism, Ayurvedic and Yogic principles of healthy weight, diet and nutrition science, lifestyle correction, and practical yoga applications for sustainable weight balance.

Date Of Issue
10/10/2025



Kamlesh Mishra
Dr. Kamlesh Mishra
(Director)