



IIAS SCHOOL OF YOGA

All India Yoga & Naturopathy Council

(An Autonomous Organization Under Ministry Of AYUSH Govt. Of India)

D - 120, Sector- 61, Noida , U.P - 201301

Regn. No. : AIYNCC0227

Certificate Program in Prenatal Yoga

This Is To Certify That..... **Meenakshi**

has successfully completed the Certificate Program in Prenatal Yoga conducted by IIAS School Of Yoga.

During this program, the participant has actively taken part in trimester-wise yoga, pranayama, meditation, and theoretical sessions based on anatomy, physiology, pregnancy complications, and natural birthing support.

We appreciate their dedication and commitment towards learning and promoting wellness for pregnant women.

Date Of Issue
10/July/2025



Kamlesh Mishra
Dr. Kamlesh Mishra
(Director)