

# **Psychology Notes – Personality (Sample Notes)**

Handwritten notes on Personality: determinants and trait theory.

## (PERSONALITY)

### i) Determinants of personality

1) Biological - Also known as physical Determinants. emphasis on physic and body functioning.

↳ Skeleton theory - Melomorph, Ectomorph, Endomorph

2) Socio cultural - personality is based on the existence of the well defined universal human. Psychological endowment and a definite universal ontogenetic process through maturational stage. Orp and genetic. Freud originally gave this name linked to psychological sources of human behaviour.

patterns of culture - Ruth Benedict

### 2) Trait theory - Allport

#### (traits)

- 1) Individual → traits unique to a person.
- 2) Cardinal → Manatna jamaai non vopenee
- 3) Central traits → Building Block, which shape most
- 4) Secondary - less generalized less specific

3) Raymond Cattell - Relatively permanent and broad reaction tendencies of personality. they serve as building block of personality.

1) Surface traits - observable qualities of a person.

2) Source traits - Most basic structure of personality and are the underlying factors that are responsible for the inter-correlation among surface traits.

3) Conceptualized → traits which are determined by nature or biology whereas

4) environmental - which are determined by nature that environment is gained by interacting with environment.