

# CERTIFICATE OF COMPLETION

*This is to Certify that*

**JORAWAR SINGH**

*has successfully completed*

## Therapeutic Yoga Teacher Training

*covering Yoga point of view, Introduction to Yoga Therapy, Ayurveda aspects, Nutritional aspects, Women-related ailments, common ailments- Thyroid, High Blood Pressure, Diabetes, Types of Headaches, Obesity, Insomnia, Vertigo, Varicose Veins, Digestive disorders, Mental ailments, Respiratory disorders, Spinal disorders, etc.*

*Their adaptation and application of yoga principles have demonstrated a clear understanding and ability to apply them in specific Therapeutic conditions.*

Start Date: 08 Dec 2025

End Date: 02 Jan 2026

*V. Ashok Kumar*

Ashok Kumar Vankineni  
Founder - Director

*Prarthana*

Prarthana Patel  
Director  
Yoga Therapy