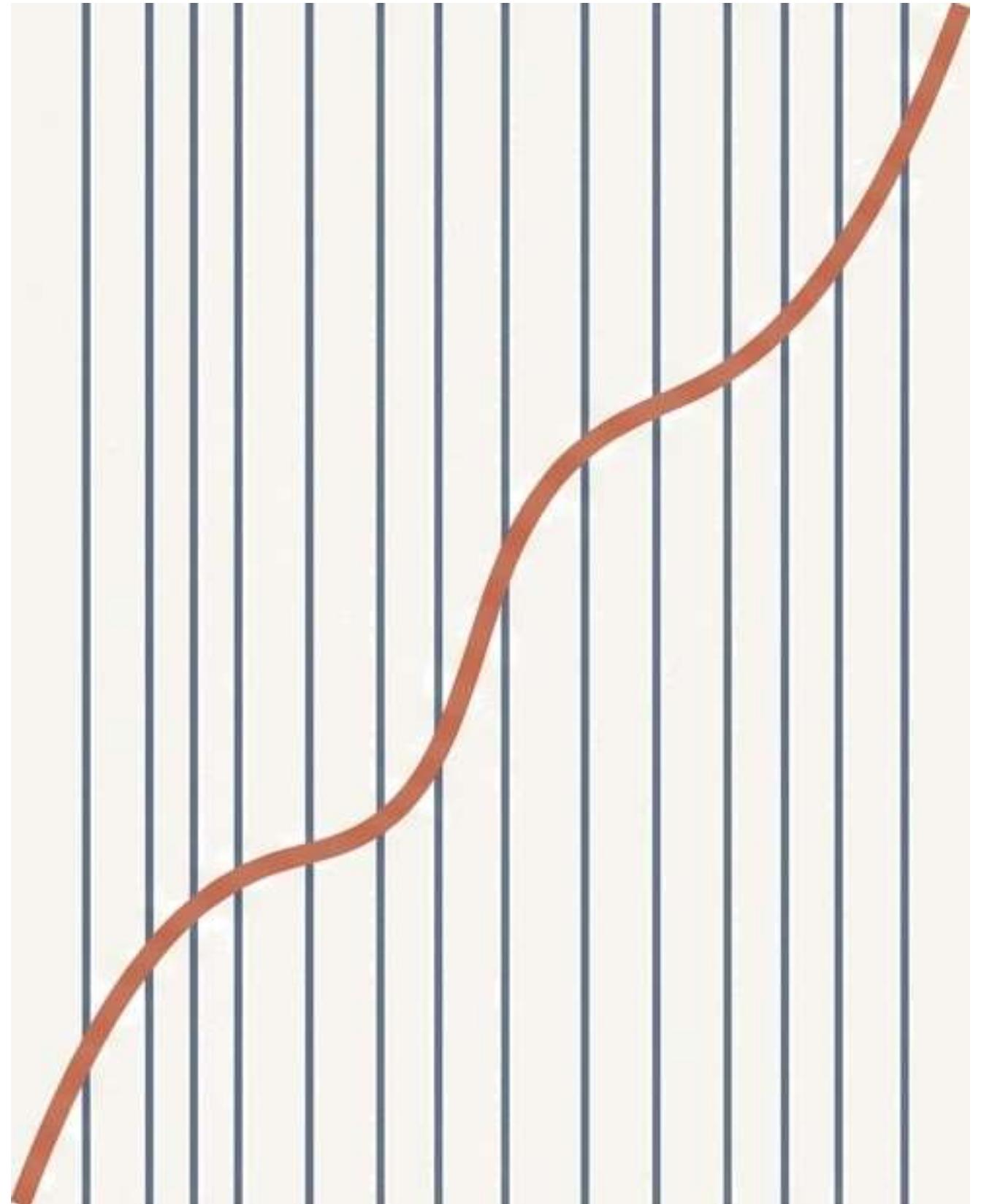


# You're Capable. It's Time to Become Unstoppable.

A private 1:1 coaching experience for professionals ready to master their presence, productivity, and purpose.



# Does This Feel Familiar?

You are a high-achiever, consistently delivering good work...

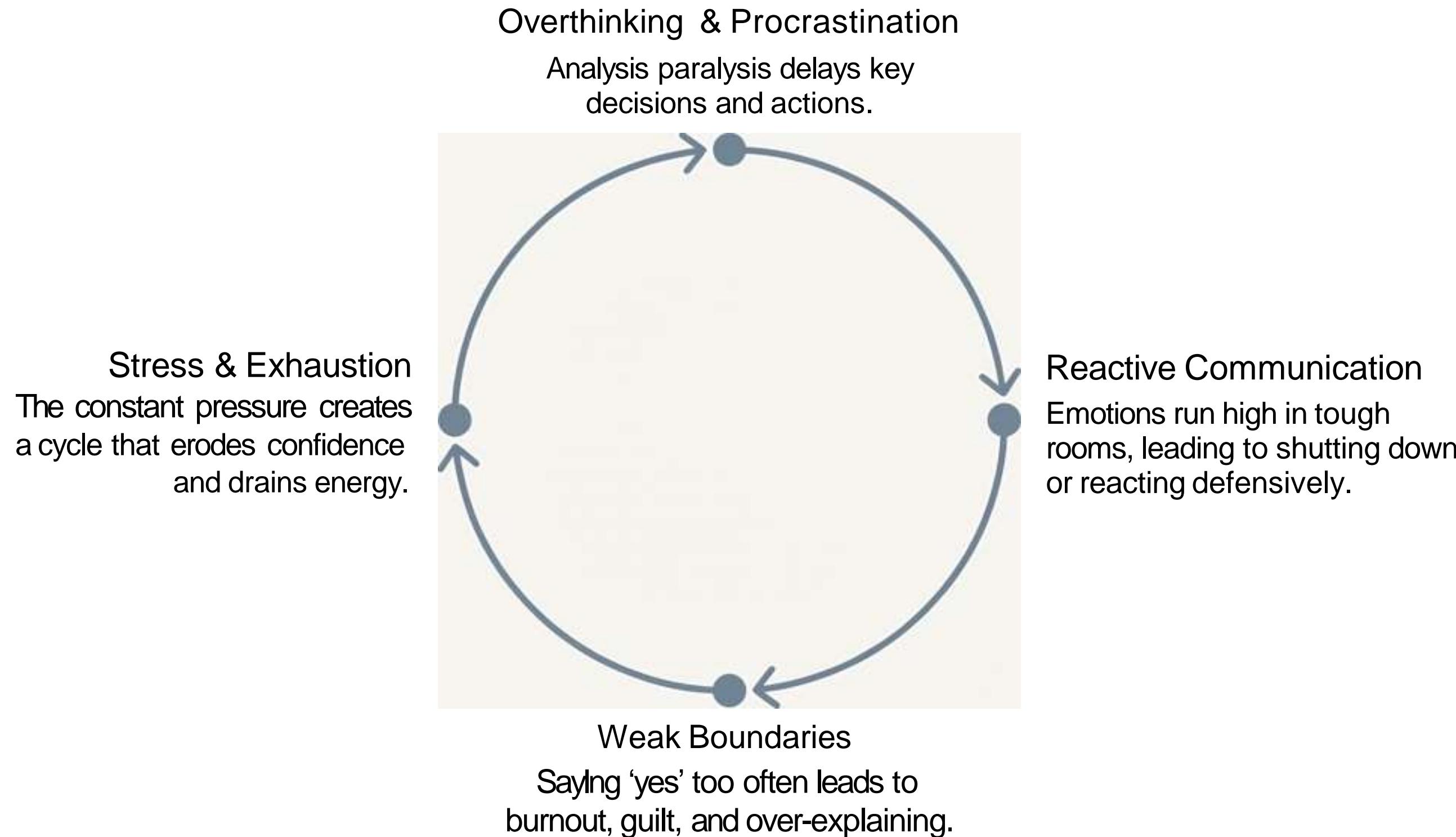
...but you feel stuck in a 'daily juggle' of endless tasks and pressure.

You know you have more to offer, but feel overwhelmed and uncertain about the next step.

This is the gap between being capable and truly leading with impact.



# The Cycle of High-Pressure Performance



# It's Time to Upgrade How You Think, Communicate, and Lead.

Imagine navigating your career with profound calm, clarity, and confidence.

Making high-stakes decisions with ease.

Communicating in a way that builds influence.

And leading not just projects, but your own path forward with a renewed sense of purpose.

This isn't about working harder; it's about working smarter.

# From Insight to Action: The Results You Can Expect.



Regulate emotions under pressure (without shutting down or reacting).



Reduce overthinking, procrastination, and stress cycles.



Communicate with clarity and confidence in the toughest rooms.



Build stronger visibility, impact, and promotion readiness.



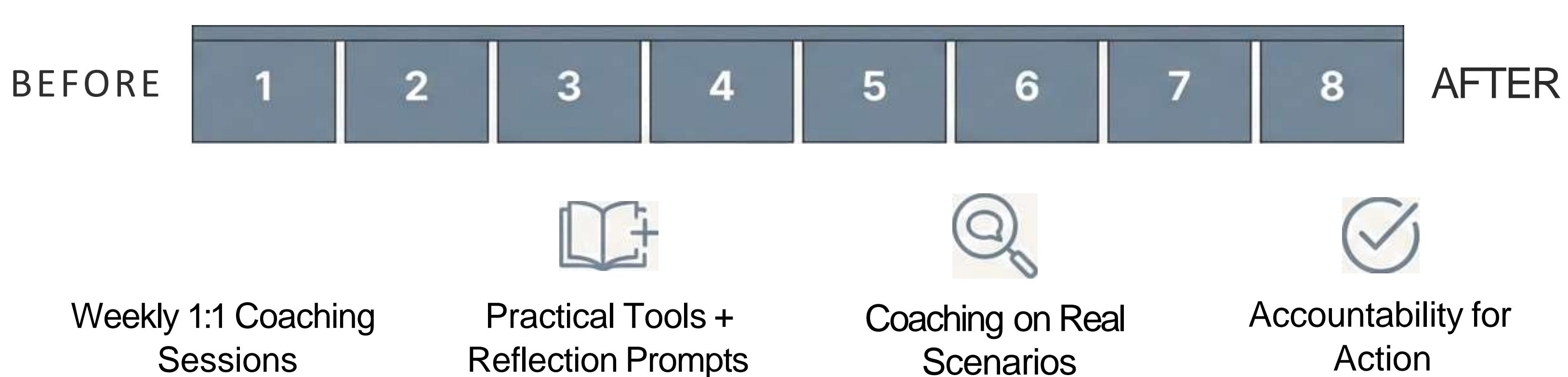
Set boundaries without guilt and the need to over-explain.



Create sustainable routines that support Peace, Productivity, and Purpose.

# Your Bridge to Lasting Change: The 8-Week 1:1 Coaching Journey.

This isn't a collection of tips. It's a structured, high-support partnership designed to turn your professional insights into tangible, real-world change. We focus on real scenarios to build skills that last.





# Meet Your Coach and Partner

Rashmi Rao Wahule, CFTP  
Founder, Leadership Lifestyle Hub

Rashmi is a Self-Leadership Coach and Soft Skills Trainer who helps professionals upgrade how they think, communicate, and lead. She blends training, facilitation, and coaching to deliver high-impact sessions that create visible results—at work and at home.

# Why Learn from Rashmi?

## Globally Certified

Trained and certified by ICF, Blair Singer Training Academy, and FOLKS School of Facilitation. Coursework is accredited by Scottish Qualification Authority (SQA), NABET, and CPD—so her tools are trusted, not trendy.

## Proven Experience

She has coached over **5,000+** individuals across industries for more than **8+ years** to build emotional resilience, communicate mindfully, and lead effectively.

# Trusted by Industry Leaders and Awarded for Results

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## Trusted by the Best

She serves as a soft-skills trainer for India's leading community of working professionals, bringing real-world, fast-moving workplace insights to every session.



## Award-Winning Expert

Recognized as a Super Speaker Top 25 finalist and an IMPA Business Excellence Awardee 2023, her work is celebrated for results—not rhetoric.



# The Proof is in the Progress.

Our coaching is measured by the real-world success of our clients.

Documented outcomes include:

## Career Promotions & Advancements

Achieve new roles and increased responsibility with confident leadership skills.

## Stronger Professional Relationships

Build trust and collaboration through improved communication and emotional intelligence.

## Sustained Personal Confidence & Resilience

Develop enduring self-assurance and the ability to navigate challenges effectively.

Backed by case studies from working professionals just like you.

# A Personal Promise to You.

“

“The session is the start. The support is the difference. I'll help you turn insight into action, and action into results you can feel. It's a relationship built to help you keep moving.”

Rashmi Rao Wahule

”

# Your Investment in Peace, Productivity & Purpose.

## Standard Programme

Duration: 8 weeks

Includes: Weekly 1:1 sessions, tools, real-world coaching, accountability.

Investment: INR 25,000

## Customised Programme

Designed as per your specific needs.

Includes: Coaching at INR 2500/hour + one week of accountability support.

# Ready to Move from Capable to Unstoppable?

Let's connect to discuss your goals and see if this partnership is the right fit for you.

[Schedule a Complimentary Discovery Call](#)