

S. No. **828681**

Shri Jagdishprasad Jhabarmal Tibrewala University Jhunjhunu (Rajasthan)

(Established U/S 2(f) of UGC Act 1956, vide Act No. F2(5) Vidhi/2/2009, Govt. of Rajasthan)



MARK SHEET

Programme : DIPLOMA COURSE IN PERSONAL FITNESS TRAINING

Exam : MAIN EXAM MAY-2025

Enrollment No. : 202418410916

Roll No. : 24FT5008

Student's Name : HARSH ARORA

Year : FIRST

Father's Name : SURESH KUMAR

Medium : ENGLISH

Mother's Name : SUSHILA ARORA

Attempt : I

Name of Institute : INSTITUTE OF PHYSICAL EDUCATION

Category : REGULAR



S.No.	Course Code & Course Name	Credit	Max Int. Marks	Max Ext. Marks	Int. Marks Obtained	Ext. Marks Obtained	Grade	
1	PFT-101T Anatomy and Physiology of Human Body	4	10	50	07	38	B+	
2	PFT-102T Principles of Kinesiology and Biomechanics	4	10	50	08	48	A+	
3	PFT-103T Principles and Theory of Personal Fitness Training	4	10	50	09	48	A+	
4	PFT-104T Basic Nutrition, Weight Management, Safety and Injury Management	4	10	50	09	49	A+	
5	PFT-101P Anatomy and Physiology of Human Body Practical	2	10	30	07	25	A	
6	PFT-102P Principles of Kinesiology and Biomechanics Practical	2	10	30	08	26	A	
7	PFT-103P Principles and Theory of Personal Fitness Training Practical	2	10	30	08	24	A	
8	PFT-104P Basic Nutrition, Weight Management, Safety and Injury Management Practical	2	10	30	08	26	A	
		TOTAL CREDIT ASSIGNED		TOTAL CREDIT POINTS		TOTAL CREDIT EARNED		SGPA
CURRENT SEMESTER RECORD		24		224		24		9.3
CUMULATIVE SEMESTER RECORD								
YEAR I			Grand Total		Result/CGPA			
CP	CE	SGPA	CP	CE				
224	24	9.3	224	24	9.3			

Note:- F - Absent or Incomplete Course, For rules & regulations please see overleaf, G P- GRADE POINT

Prepared by:

Checked by:

Result Declared on: 16-JUN-2025

Date of Issue: 08-JUL-2025

Controller of Examination