

Tips to change from your local accent to Global English

Daily listening and shadowing :

- Pick 1–2 speakers you like (YouTube, podcasts, news) and listen to them 10–15 minutes a day. Focus on how they stress words and which words are strong or weak in a sentence.
- Use the “shadowing” technique: play 1–2 sentences, then immediately repeat at the same speed, trying to copy melody, stress, and pauses as closely as possible.
- Record yourself while shadowing and compare; this gives fast feedback and is shown to significantly improve pronunciation and fluency over a few weeks.