



ZEN YOGA & WELLNESS CENTRE

Faculty of Yoga Sciences and Therapy
Meenakshi Academy of Higher Education and Research

(Deemed to be University)

A Workshop on **"SUKSHMA VYAYAMA"**
on account of

8th International Yoga Day - 2022

Certificate Of Participation

This is to certify that **KAPIL NATH YOGI** of **Uttarakhand Sanskrit university** has attended the **International online Workshop on "Sukshma Vyayama"** on the eve of **8th INTERNATIONAL DAY OF YOGA CELEBRATIONS** conducted by Zen Yoga & Wellness Centre, Chennai and Faculty of Yoga Sciences and Therapy, Meenakshi Academy of Higher Education and Research (Deemed to be University), Chennai held between **16th May** and **17th May 2022**.

S.Dhanalakshmi
Organizer

Prof. Dr. R. Elangovan
Professor & Head,
FYST