

NFNA

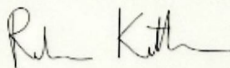
NATIONAL FITNESS AND NUTRITION ACADEMY

CERTIFICATE OF COMPLETION

WE ARE PROUD TO AWARD THIS CERTIFICATE TO

ROHIT MONDAL

for completing the **Advanced Certification in Personal Training**
offered by the **National Fitness and Nutrition Academy**



Date of Issue: 29 Jan 2024

ROHAN KOTHARI

CEO

NFNA Education Private Limited

Certificate No: 231141024





NATIONAL FITNESS AND NUTRITION ACADEMY



CERTIFICATE OF PARTICIPATION

THIS IS TO CERTIFY THAT

Rohit Mondal

has attended the Muscle Dysfunctions & Corrective Exercises
workshop conducted on March 09, 2025
by the National Fitness and Nutrition Academy in association with
Mrs. Radha Krishnaswamy

Rohan Kothari

Rohan Kothari
CEO



Radha Krishnaswamy
Radha Krishnaswamy



Skill India
कौशल भारत - कुशल भारत



सत्यमेव जयते
MINISTRY OF SKILL DEVELOPMENT
& ENTREPRENEURSHIP
GOVERNMENT OF INDIA



Certificate

This is to certify that

Rohit Mondal

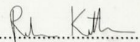
has successfully cleared the assessment for the role of

Fitness Trainer (SPF/Q1107)

conforming to National Skills Qualifications Framework Level - 4

Issued by खेल, शारीरिक शिक्षा, फिटनेस एवं लेजर कौशल परिषद

Institution Name National Fitness and Nutrition Academy

Signature  **NFNA**



Neeraj Jain
Chairperson

Sports, Physical Education, Fitness and Leisure Sector Skill Council

Date of Issuance 17/04/2024
System Identification Number

NON-PMKVY2024-2025/TP052108/TC195690/B2552367/CAN_31130157



EOP3UMYEM2ZOOV03

MARKSHEET

Name : Rohit Mondal
QP Name : Fitness Trainer
QP Code : SPF/Q1107
NSQF Level : 4
Sector : Sports
Type : Candidate

17th April 2024

NOS CODE	NOS NAME	NOS TYPE	MAXIMUM MARKS	MARKS OBTAINED
1. DGT/VSQ/N0102	Employability Skills (60 Hours)	Non-Core	50	46
2. SGJ/N1702	Optimize resource utilization at workplace	Non-Core	39	33
3. SPF/N1120	Prepare gym area for workout	Core	150	138
4. SPF/N1121	Guide clients	Core	194	176
5. SPF/N1122	Maintain health and safety standards	Core	117	93

CORE NOS
TOTAL MARKS

407

NON CORE NOS
TOTAL MARKS

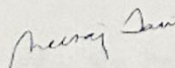
79

OVERALL
SCORE

486

PASS

(88.29 % of Core + 88.76 % of Non Core)


Neeraj Jain
Chairperson
Sports, Physical Education,
Fitness and Leisure Sector Skill
Council



KV9XP0Y9KLSFXU18