

उत्प्रेषण संख्या : 158070044  
Roll No.

समावेश संख्या R15 8075340002  
Enrolement No



स्वर्ण पदक सम्मान प्रमाण-पत्र  
GOLD MEDAL AWARD CERTIFICATE

प्रमाणित किया जाता है कि कु. रुचिका अग्रवाल  
को इस विश्वविद्यालय की वर्ष २०१६ की सम-स्त-सी.  
परीक्षा में एवं शिक्षा संकाय में प्रथम स्थान प्राप्त  
करने के उपलक्ष्य में स्वर्ण पदक प्रदान किया जाता है।

Certified That Om. Ruchika Agrawal  
Is awarded the Gold Medal for securing the First  
Position In M.C. Human Cons & Logic examination and in  
the Faculty of Education of the year 2016

Bhopal (M.P.) भोपाल (म.प्र.)  
Dated दिनांक : 06 FEB 2017

3672  
कुलसचिव  
REGISTRAR

अनुक्रमांक : 158070044  
Roll No.

नामांकनांक : R158075340002  
Enrolment No.



मास्टर ऑफ साइन्स  
Master of Science

यतः

श्रीमती रुचिका अग्रवाल

(आपनज/आपनजा/पत्नी - श्री आशीष अग्रवाल, श्रीमती संतोष मित्तल)

ने

मास्टर ऑफ साइन्स की उपाधि हेतु निर्धारित पाठ्यक्रम का अध्ययन  
नियमित/पूर्व/स्वाध्यायी छात्र/छात्रा के रूप में  
विश्वविद्यालय शिक्षण विभाग, बरकतुल्ला विश्वविद्यालय, भोपाल से किया  
एवं वे विज्ञान संकाय के अन्तर्गत मानव चेतना एवं योग विज्ञान विषय  
की अपेक्षित परीक्षा में सन् २०१६ में प्रथम श्रेणी में उत्तीर्ण हुए/हुई।

अतः इस विश्वविद्यालय द्वारा इन्हें

मास्टर ऑफ साइन्स की उपाधि प्रदान की गई।

Whereas SMT. RUCHIKA AGARWAL

(Smt./D/o/W/o- Shri ASHISH AGARWAL, Smt. SANTOSH MITTAL)

has

undergone studies in the prescribed course in the subject  
HUMAN CONSCIOUSNESS & YOGIC SCIENCE under the Faculty of  
Science as a Regular /Ex/ Private student of

U.T.D. BARKATULLAH UNIVERSITY, BHOPAL

and has passed the examination for the degree of  
MASTER OF SCIENCE held in the year 2016 in FIRST Division.

Therefore he / she has been admitted to the degree of  
MASTER OF SCIENCE of this University.

  
कुलसचिव  
Registrar

24 JUN 2017  
भोपाल, (म.प्र.) भारत, दिनांक:  
Bhopal (M.P.) India, Date:

  
कुलपति  
Vice-Chancellor



YOGA WITH SRINATHA  
www.yogawithsrinatha.com

## 500 Hours TTC COMPLETION CERTIFICATE



**RUCHIKA AGARWAL**

has participated in the Yoga Teacher Training program at the  
Spiritual Life and Yoga with Srinatha Centre on an ongoing basis and has  
progressed in her studies and practice to level where she is qualified to be

**TEACHER OF HATHA YOGA**

in the tradition of classical yoga and fulfill all the duties and  
responsibilities associated with this achievement including teaching of  
**Ashtanga Yoga** and related techniques.

Attested to on this: **31/12/2020**

Diploma No.: **408**

Place: **Mysuru**



Hadi Kenevisi  
(Yogacharya)



Dr. (Hc) Balasundara Srinatha  
(Yogacharya)



Electronic Certificate No.: 172022240



# University Grants Commission

## NATIONAL EDUCATIONAL TESTING BUREAU



### NATIONAL ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

UGC Ref. No.: 22240/(NET-JAN 2017)

Roll No.: 38004696



Certified that **RUCHIKA MITTAL**

Son/Daughter of **SH. RAMESH CHAND MITTAL**

and **SMT. SANTOSH MITTAL** had applied for the UGC-NET for eligibility for Assistant Professor held on **22-01-2017** in the **GENERAL** category and qualified by securing marks at par with the qualifying cut-off for **GENERAL** category in the Subject **YOGA**

As per the information provided by the candidate, he/she had completed his/her Master's degree or equivalent examination at the time of applying for NET.

The date of eligibility for Assistant Professor is the date of declaration of NET result, i.e., **29th May 2017**, OR the date of completion of Master's degree or equivalent examination with required percentage of Marks within two years from the date of declaration of NET result, i.e., by **28th May 2019**, whichever is later.

This is an electronic certificate only and its authenticity should be verified from the UGC by the employer. This electronic certificate can also be verified by scanning QR Bar Code printed on the electronic certificate.

Validity of this electronic certificate is forever.

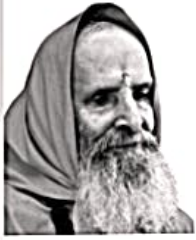
Date of Issue: **31-07-2017**

*Sunder*

Head  
NET Bureau

Note a) UGC has issued the electronic certificate on the basis of information provided by the candidate in his/her Application Form. The appointing authority should verify the original records/certificates of the candidate while considering him/her for appointment, as the Commission is not responsible for the same. The candidate must fulfil the minimum eligibility conditions for NET as laid down in the notification for UGC-NET.

b) Wherever SC/ST/OBC/PWD is shown in the UGC Ref. No., the institution/recruitment body should check the relevant documents of that category.



# PARAMANAND

Institute of Yoga Sciences & Research

Khandwa Road, Indore, MP, India



This is to certify that



**Ruchika Agrawal**

Has successfully completed

**Yoga Chikitsak (Yoga Therapist) 805 Hours Diploma**

Therefore, awarded this Certificate.

From February 2<sup>nd</sup>, 2023 to January 28<sup>th</sup>, 2025

*Surekha Me*  
Registrar



*[Signature]*

Director

January 28<sup>th</sup>, 2025

B.No. – B440





आयुष मंत्रालय, भारत सरकार  
Ministry of Ayush, Govt. of India



# Yoga Certification Board

## Certificate

**Smt. Ruchika Agarwal**

is hereby certified as

**Therapeutic Yoga Consultant**

by

**Yoga Certification Board**

under

**Certification Scheme for Yoga Professionals,  
Ministry of Ayush, Government of India**



**Certificate No.:** P230070002  
**Validity Period:** From 05-Mar-2025 to 04-Mar-2030  
**Evaluated by:** Paramanand Institute of Yoga Sciences and research center

(The validity of the certificate depends on the certified professional's continued compliance to prescribed competency standards and rules and regulations prescribed by the YCB for Yoga professionals.)

**Authorised Signatory**  
**Paramanand Institute of Yoga Sciences**  
**and research center**  
Rashmi Ghatge,  
President,  
Paramanand Institute of Yoga Sciences and research  
center,  
Paramanand Institute of Yoga Sciences & Research  
Paramanand Campus, Khandwa Road, Limbodi Indore-  
452020 (M.P.) India



Issuing Date: 05-Mar-2025

**Authorised Signatory**  
**Yoga Certification Board**

Kashinath Samagandi,  
Head of Institution,  
Yoga Certification Board,  
Ministry of Ayush, Govt. of India,  
Vishwa Yuvak Kendra, Teen Murti Road, Chanakyapuri  
New Delhi - 110021



QCI Yoga Scheme TP Examiner Chennai-24



## Certificate

This is to certify that

**RUCHIKA AGARWAL**

of

**Samm Ashraya Yogmath**

has successfully Qualified in the

**2 Day QCI "Yoga Professional Examiner Qualification Workshop"\***

held during 06<sup>th</sup> February - 07<sup>th</sup> February, 2018 at Chennai

Organized Under the

**Yoga Certification Scheme**

Validity of Certificate : 05<sup>th</sup> February, 2021

**Sh. S. Krishnamurthy**  
(Lead Trainer)

**Dr. Manish Pande**  
(Joint Director, QCI)

**Dr. N. Ganesh Rao**  
(Expert)

\*The participant should meet all the requirements of the examiner as stated in the Scheme in order to be approved by the PCB.



आयुष मंत्रालय, भारत सरकार  
Ministry of AYUSH, Govt. of India



**Yoga Certification Board**



## Certificate

**MS. RUCHIKA AGARWAL**



is hereby certified as **Yoga Teacher and Evaluator**  
by

**The Yoga Certification Board**

under

the voluntary certification of Yoga professionals,  
Ministry of AYUSH, Government of India

**Certificate No.:** P030003855

**Validity Period:** From 04-11-2019 to 03-11-2022

**Evaluated by:** TQ Cert Services Private Limited

(The validity of the certificate depends on the certified professional's continued compliance to prescribed competency standards and rules and regulations prescribed by the YCB for Yoga professionals.)

*Sampat Sami*  
Authorised Signatory

**TQ Cert Services Private Limited**

TQ Cert Services Private Limited

Affiliated to the Ministry of AYUSH, Government of India  
S.P. Road, Begumpet, Hyderabad-500 016, Telangana, India



*I. V. Basavaraddi*

Authorised Signatory  
**Yoga Certification Board**

डॉ. ईश्वर वी. बसवारद्धी (Dr. I. V. Basavaraddi)

मुख्य कार्यकारी अधिकारी (Chief Executive Officer)

योग प्रमाणिकरण बोर्ड (Yoga Certification Board)

आयुष मंत्रालय, भारत सरकार (Ministry of AYUSH, Govt. of India)

ए.ए. अशोक रोड, नई दिल्ली-110001 (68, Ashok Road, New Delhi - 110001)

Issuing date: 04-11-2019





## **Certification of Yoga Professionals**



Number : QCI 0 000066

This is to certify that

**RUCHIKA AGARWAL**

has been evaluated and certified as

**Level 1 - Yoga Instructor**

(Language of Examination - **ENGLISH**)

Under the Scheme for Voluntary Certification of Yoga Professionals  
Launched by Ministry of Ayurveda, Yoga and  
Naturopathy, Unani, Siddha and Homoeopathy (AYUSH)  
Government of India

Valid From

**09-04-2016 until 08-04-2019**

(The validity of the certificate solely depends on the  
certified professional's continued compliance to prescribed  
competence standards and rules of the Scheme)

**Evaluated and certified by**  
Quality Council of India  
on behalf of  
Ministry of AYUSH

*Rajit*

Authorised Signatory and Seal





# Certificate of Membership

*This is to state that*

***Ruchika Agarwal***

*is the Yog Prashikshak Member of Indian Yoga Association  
with Unique Membership ID...IYA/2020/YP1506....*

*This certificate is issued on date...June 4, 2020.....and  
is valid for lifetime.*

(Secretary General)  
Indian Yoga Association

9/17

# महर्षि दयानन्द विश्वविद्यालय, रोहतक

व्यवसाय प्रशासन-निष्णात

प्रमाणित किया जाता है कि रुचिका मित्तल

सुपुत्री श्री रमेश चन्द मित्तल

विद्यार्थी प्रबन्धन एवं तकनीकी संस्थान फरीदाबाद

को इस विश्वविद्यालय द्वारा मई, 2003 में आयोजित तत्सम्बन्धी

परीक्षा प्रथम श्रेणी में उत्तीर्ण कर लेने के उपरान्त

व्यवसाय प्रशासन-निष्णात की उपाधि प्रदान की जाती है ।

## MAHARSHI DAYANAND UNIVERSITY, ROHTAK MASTER OF BUSINESS ADMINISTRATION

This is to certify that **RUCHIKA MITTAL**  
daughter of **Shri RAMESH CHAND MITTAL**  
a student of **INST. OF MANAGEMENT & TECH. FARIDABAD**  
is hereby awarded the degree of Master of Business Administration on  
his/her having passed the Examination for the said degree held  
in MAY, 2003. He/She is placed in FIRST Division .

विश्वविद्यालय के मुद्रांकन द्वारा प्रमाणित  
*Given under the seal of the University*

*Ray Rajan*

कुलसचिव  
Registrar



*Shimshing*

कुसपति

*Vico-Chancellor*

*Arman*

कुसाधि

*Chancellor*

10/17

रोहतक, तिथि सितम्बर ३०, २००३

*Rohtak, Dated September 30, 2003.*



क्रमांक: 141  
Serial No.



क्रमांक: 2751BA  
Roll No.  
पञ्चमसंख्या: 9B-RK-897  
Regn. No.

# कुरुक्षेत्र - विश्वविद्यालयः

बैचलर ऑफ बिज़्नेस एडमिनिस्ट्रेशन  
(प्रवर्धोपाधि-पाठ्यक्रमे)

इदमत्र प्रमाणीक्रियते यत् रुचिका मित्तल

श्री रमेश चन्द मित्तल महोदयस्य पुत्रः/पुत्री २००१  
तमे संवत्सरे राधा कृष्ण सनातन धर्म कॉलेज, कैथल तऽस्य  
विश्वविद्यालयस्य परीक्षां द्वितीय श्रेण्यां समुत्तीर्य  
बैचलर ऑफ बिज़्नेस एडमिनिस्ट्रेशन इत्युपाधिना समलङ्कृत/समलङ्कृता इति ।

## Kurukshetra University

Bachelor of Business Administration  
(Three Year Degree Course)

*This is to certify that Ruchika Mittal  
son/daughter of Shri Ramesh Chand Mittal, and  
of the R. K. S. D. College, Kaithal, has  
obtained the degree of Bachelor of Business Administration  
from this University, having passed the examination for the said  
degree hold in May 2001, in the Second Division.*

Hanjil

Registrar  
कुल-सचिव

Kurukshetra Dated: November 24, 2001  
कुरुक्षेत्रे दिनि : २४ नवम्बर, २००१

De Hanjil

Vice-Chancellor  
कुलपति:

Prmanand

Chancellor  
कुलसचिव