

CERTIFIED MINDFULNESS INSTRUCTOR FOR TEENS AND YOUNG ADULTS

This certificate is awarded to

SUKANYA VIVEK

on successful completion of the 6 weeks Certified
Instructor Program - **Mindfulness for Teens and Young Adults**
concluded on **23rd January, 2024** conducted by Happiitude



Karan Behl
Chief Happiness Officer

Happiitude™
Happy by choice



Pravin Chaturvedi
Chief Mindfulness
Practitioner

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