#### GRIEF

S R N O.	CONCERN	WARNING SIGNS/ SYMPTOMS	DE-ESCALATION RESPONSE	NEXT STEPS
5	GRIEF	<ul> <li>Being confused</li> <li>Trouble making decisions</li> <li>Difficulty in focussing anything else other than loss</li> <li>Difficulty in keeping track of their responsibilities</li> <li>Difficulty in remembering what happened on that particular day or environment</li> </ul>	Active Listening Empathy Acknowledge Asking if they are comfortable talking Offer support Asking if they can use their self care strategies Encourage Professional Help	Emergency contact Referral Follow-up

## **Chat Messages**

Q Search chat

03:14:35 (Edited)

no time pressure for replying during crisis call or communication

03:15:48

feeling disconnected, mood swings, losing interest

03:17:41

ptsd

03:26:00

nainting or coloring diving time to

# Therapeutic Alliance-Ruptures

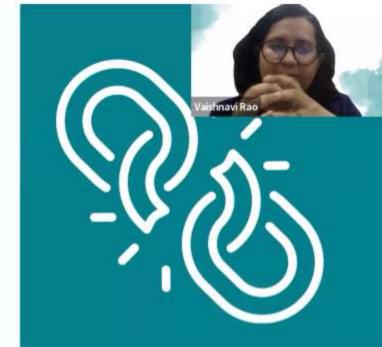
Difficulties in the alliance are referred to as "alliance ruptures".

## Alliance rupture

- Confrontation Ruptures
- Withdrawal Ruptures

## Rupture Resolution

- Immediate Repair
- Expressive Resolution Strategies



# Reflecting & Paraphrasing



- Reflecting is repeating the clie Vashnavi Rao back to them exactly as they said them.
- Art of listening
- Making sure the client knows their story is being listened to.
- Not only what is being said, but also emotions and feelings as well.
- Paraphrasing is repeating back your understanding of the material that has been brought by the client using your own words
- A paraphrase reflects the essence of what



# **DISCUSSION**

Why do we need Gatekeepers and First Responders?

# **Chat Messages** Q Search chat . .., a..... 38:19 Initiative taker Listening Knowledge about the situation









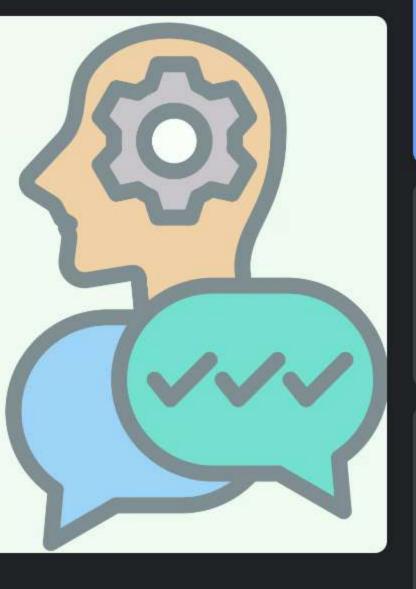




Laksha Chinmayi (Presenting)

## **ASSESSMENTS AND SCALES**

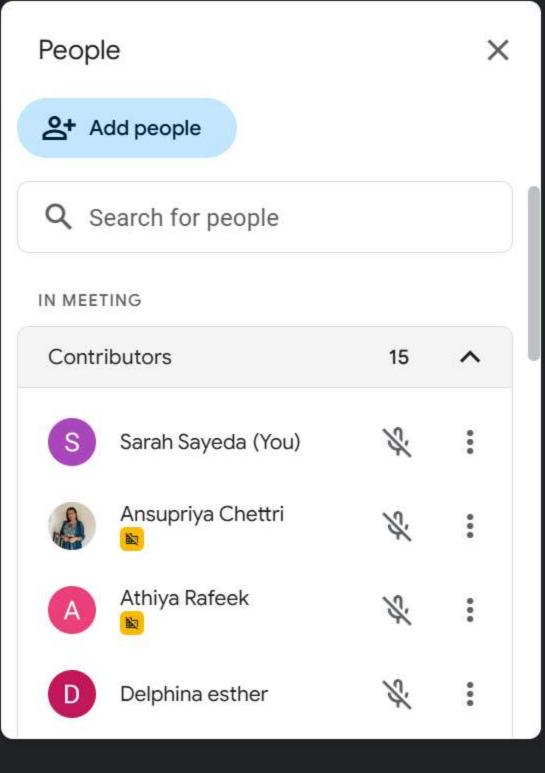
- Beck's depression inventory
- Beck's anxiety inventory
- BITE- bulimia investigatory test Edinburg (OCD)
- DASS-21
- HAMD

























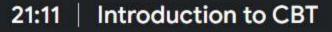




















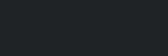


















































# VERVIEW OF IDENT

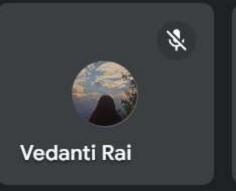
- Lesbian
- Gay
- Bisexual
- Transgender
- Queer
- Intersex
- Asexual
- Pansexual
- Non-Binary
- · Gender fluid





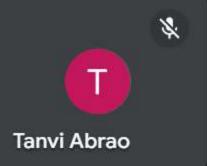


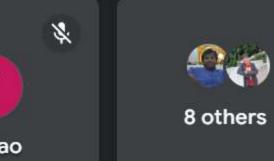


















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