

GRIEF

S R N O.	CONCERN	WARNING SIGNS/ SYMPTOMS	DE-ESCALATION RESPONSE	NEXT STEPS
5	GRIEF	<ul style="list-style-type: none"> • Being confused • Trouble making decisions • Difficulty in focussing anything else other than loss • Difficulty in keeping track of their responsibilities • Difficulty in remembering what happened on that particular day or environment 	<p>Active Listening</p> <p>Empathy</p> <p>Acknowledge</p> <p>Asking if they are comfortable talking</p> <p>Offer support</p> <p>Asking if they can use their self care strategies</p> <p>Encourage Professional Help</p>	<p>Emergency contact</p> <p>Referral</p> <p>Follow-up</p>

Chat Messages

🔍 Search chat

03:14:35 (Edited)

J

no time pressure for replying during crisis call or communication

03:15:48

J

feeling disconnected, mood swings, losing interest

03:17:41

J

ptsd

03:26:00

J

painting or coloring, giving time to

Therapeutic Alliance- Ruptures

Difficulties in the alliance are referred to as “alliance ruptures”.

Alliance rupture

- Confrontation Ruptures
- Withdrawal Ruptures

Rupture Resolution

- Immediate Repair
- Expressive Resolution Strategies



Reflecting & Paraphrasing



- Reflecting is repeating the client's words back to them exactly as they said them.
- Art of listening
- Making sure the client knows their story is being listened to.
- Not only what is being said, but also emotions and feelings as well.
- Paraphrasing is repeating back your understanding of the material that has been brought by the client using your own words
- A paraphrase reflects the essence of what



DISCUSSION

Why do we need Gatekeepers and First Responders?

Chat Messages

🔍 Search chat

[Redacted] 38:19

PM

Initiative taker

[Redacted] 41:20

SR

Listening

[Redacted] 41:33

TN

Knowledge about the situation

[Redacted] 41:50



OVERVIEW OF IDENTITIES

- Lesbian
- Gay
- Bisexual
- Transgender
- Queer
- Intersex
- Asexual
- Pansexual
- Non-Binary
- Gender fluid



Rabiya Ganihar

Nehal Lakhotia

Simran Narang

Vedanti Rai

Ruchi

Swasti

Tanvi Abrao

8 others

Sarah Sayeda






Poorvasha Mathur



Nidhi Shri




Eunice




Simran Narang




Dheeraj Lobo




Rahul Pradhan




Tanvi Abrao




Vikasine Pramodh




Sanskriti



Aarun M




Nehal Lakhota




Kumara Devi




Aayus Mohapatra



Swasti



Divyanshi Srivastava



Sarah Sayeda