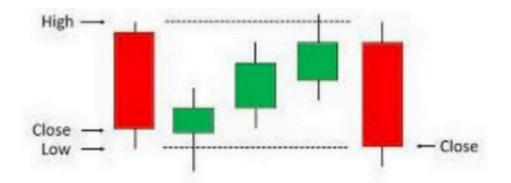
## **Falling Three Methods**

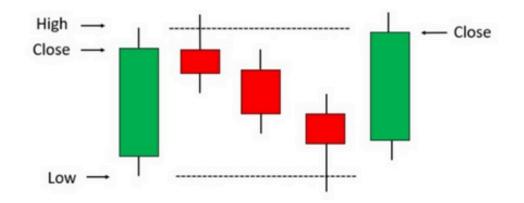


The "falling three methods" is a bearish, five candle continuation pattern which signals an interruption, but not a reversal, of the ongoing downtrend.

The candlestick pattern is made of two long candlestick charts in the direction of the trend i.e downtrend at the beginning and end, with three shorter counter-trend candlesticks in the middle.



## **Risk Three Methods**

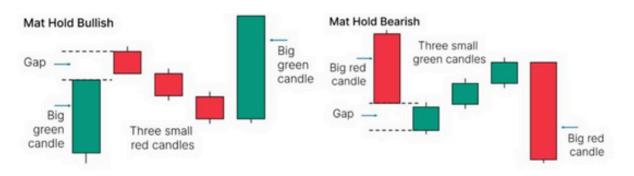


The "rising three methods" is a bullish, five candle continuation pattern which signals an interruption, but not a reversal, of the ongoing uptrend.

The candlestick pattern is made of two long candlesticks in the direction of the trend i.e uptrend in this case. at the beginning and end, with three shorter counter-trend candlesticks in the middle.



## Mat-Hold



A mat hold pattern is a candlestick formation indicating the continuation of a prior trend.

There can be either bearish or bullish mat hold patterns. A bullish pattern begins with a large bullish candle followed by a gap higher and three smaller candles which move lower.

These candles must stay above the low of the first candle. The fifth candle is a large candle that moves to the upside again. The pattern occurs within an overall uptrend.

