



LIONS CLUB JAIPUR PRIME STAR

(Lions Clubs International)
Distt : 323 E-1 Region-9 Zone-1
Ident No. 4790 Club No. 105290

JAIPUR PRIME STAR ASSOCIATION

PATRONS

Lion Hargun Assandas Nebhnani



PRESIDENT

LION MAHESH RIJHWANI

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SECRETARY

LION DR. VIJENDRA PARASHAR

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TREASURER

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Ref : LCJPS / 54

Date 24-01-2020

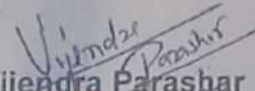
To Whom It May Concern:

This is to certify that Yoga-Trainer Mr. Kaptan Singh Choudhary S/o Late Mr. Ajit Singh was working at Lions Club as "Yoga-Teacher" from 8.5.2018 to May 2019. His duty was to conduct Yoga Fitness and Self-Defence Training Sessions held under the name of our organization.

During this period, he taught the people of every age the following things:-

- ❖ Pranayama (Breathing control)
- ❖ Yoga-Asana (Yoga-Postures)
- ❖ Aerobics (Yoga-Vyayam)
- ❖ Self-Defence Techniques (for females)

His services were found to be satisfactory in carrying out the job duties.


Lion Dr. Vijendra Parashar
Secretary