

- Influence of Greed & Fear
- Emotions
 - According to behaviorists, the pain of a loss is far greater than the enjoyment of a gain.
 - We never want to confront our failure. We all want to believe we made good decisions, so we hold onto bad choices far too long in the vague hope that things will turn around.
- Herd Mentality

- Discipline
- Stop Loss let it be in system not in mind.
- Personal Rules (Start with Delivery, Future, Intraday, Options, no. of trades in a day)
- Risk to Reward
- Right Infrastructure
- Right Money Management
- Define your risk (Gender & Age)
- Stock Selection (Stock screener, Momentum, Trending, Using same stocks)
- Patience, Calm, Temperament.

We don't have to be smarter than the rest, we have to be more disciplined than the rest.

Warren Buffett, 2002

make profits.

It is more important to check how much you don't lose rather how much you