

23/04/25

Psychology - Self And Personality

Wednesday

Self - Self concept - Personal / Social

self ← sub object / kinds of self ← Personal / Social

Cognitive & Behavioural aspects of self - Self-Concepts - Esteem - Efficacy - Regulation - Control

observation
Instruction
Reinforcement

Culture & self
Western | Indian
Bifixed | not fixed
Individualistic | collectivistic

Personality - Persona - lat actor / mask
stable, unique
do not change overtime
change to situation

Terms

Temperament
trait
character
Disposition
value
Habits

Approaches

Type
friendly

trait
measure

Interactional
External Situation

Type

Hippocrates
Chark Samitha
Jung
Sheldon
Friedmann & Rosenmann
C Moving
A
B
H

trait - x Allport

cardinal
Central
Secondary

* Cattell - 16 PF
* EPI - E/I, N/E, P/S
* Paul Costa & Robert McCrae - OCEAN