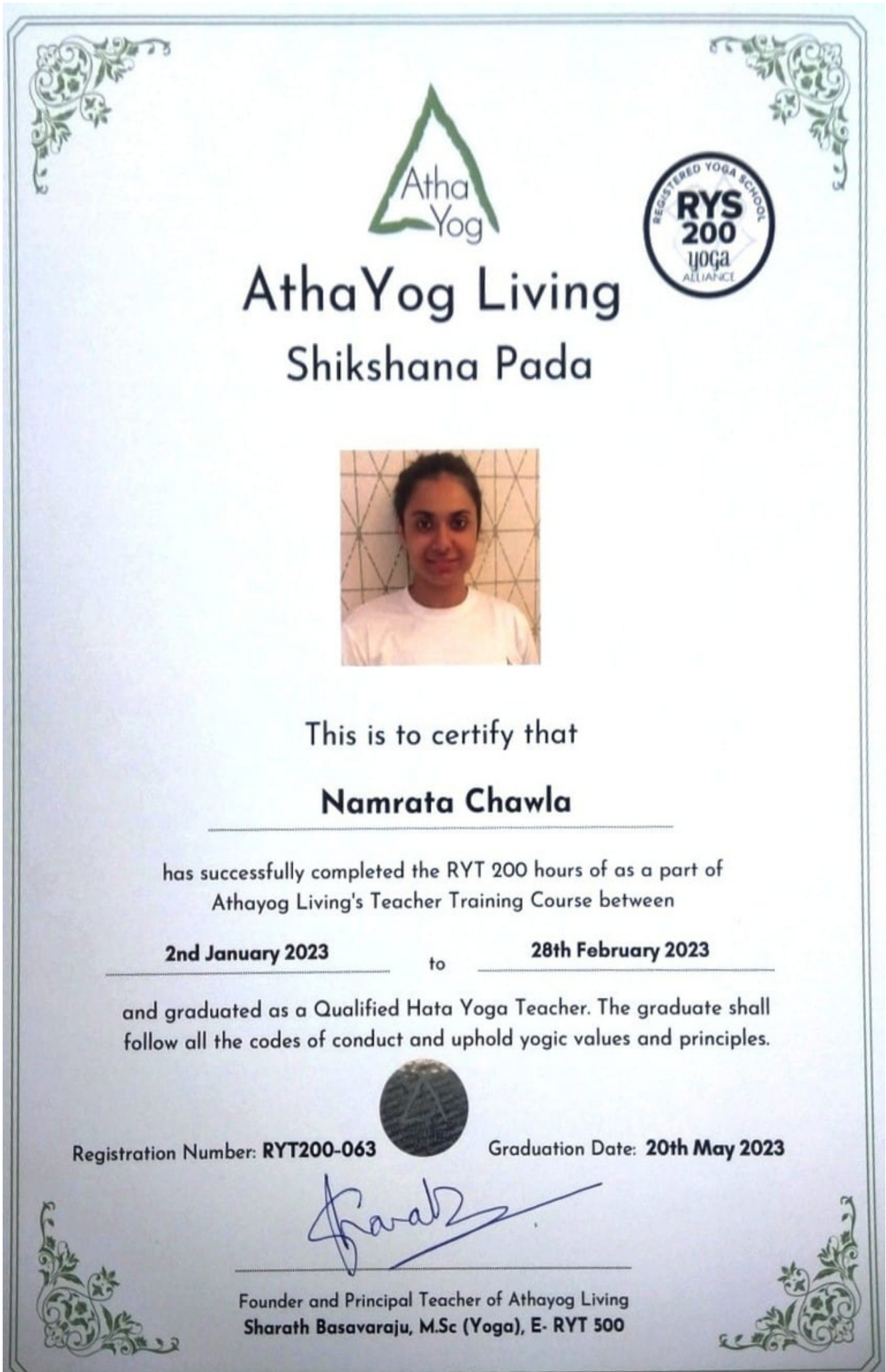


SNAPSHOTS OF MY CERTIFICATES





AthaYog Living Shikshana Pada



This is to certify that

Namrata Chawla

has successfully completed the 85 hours of RPYT as a part of
Athayog Living's Teacher Training Course between

13th March 2023

to

7th April 2023

and graduated as a Qualified Prenatal Yoga Teacher. The graduate shall
follow all the codes of conduct and uphold yogic values and principles.

Registration Number: **RPYT80-014**



Graduation Date: **20th May 2023**

Founder and Principal Teacher of Athayog Living
Sharath Basavaraju, M.Sc (Yoga), E- RYT 500



आयुष मंत्रालय, भारत सरकार
Ministry of AYUSH, Govt. of India



Yoga Certification Board

Certificate

MS NAMRATA CHAWLA

is hereby certified as

Yoga Volunteer

by

The Yoga Certification Board

under

**the voluntary certification of yoga professionals,
Ministry of AYUSH, Government of India**



Certificate No.: P000016635
Validity Period: From 03-Jul-2021 to 02-Jul-2026
Evaluated by: SURYA FOUNDATION

(The validity of the certificate depends on the certified professional's continued compliance to prescribed competency standards and rules and regulations prescribed by the YCB for Yoga professionals.)

**Authorised Signatory
SURYA FOUNDATION**

**ANANT BIRADAR,
CEO, PrCB,
SURYA FOUNDATION,
B-3/330, Paschim Vihar, New Delhi-110063**



Issuing Date : 03-Jul-2021

**Authorised Signatory
Yoga Certification Board**

**Dr. I. V. Basavaraddi,
Head of Institution,
Yoga Certification Board,
Ministry of AYUSH, Govt. of India,
IRCS, 1 Red Cross Road, New Delhi - 110001**



KAIVALYADHAMA

Where Yoga tradition and Science meet

Namrata Chawla

has completed the Certificate Course in Yoga

in the batch of MAY-JUNE, 2021 (ONLINE)

held at KAIVALYADHAMA, LONAVLA

He/She has achieved

Grade I in Theory, Grade I in Practical, Grade I in Practice Teaching

with overall Grade of I

This is to certify that he/she has been duly awarded the

Certificate Course in Yoga

by action of the Kaivalyadhama Shriman Madhava Yoga Mandir Samiti,
and Gordhandas Seksaria College of Yoga and Cultural Synthesis, Lonavala, Pune,
upon the recommendation of the Board of Examinations.

Given under the Seal of the College on JULY 6, 2021

Chairman
K.S.M.Y.M. Samiti

Secretary
K.S.M.Y.M. Samiti

Principal
G.S. College of Yoga & CS



Morarji Desai National Institute of Yoga

Ministry of AYUSH, Government of India

68, Ashok Road, New Delhi - 110 001

Ph. 011-23721472, 23351099 Telefax: 011-23711657

Website: www.yogamdniy.nic.in E-mail: mdniy@yahoo.co.in

FOUNDATION COURSE IN YOGA SCIENCE FOR WELLNESS

Enrolment No. FCYSc.W/2019-20/II-E/720



Certificate of Participation

This is to certify that Shri/Kum/Smt. Namrata Chawla
S/o/D/o/W/o. Sh. Navneet Chawla
has participated in the Foundation Course in Yoga Science for Wellness
conducted by Morarji Desai National Institute of Yoga, New Delhi from
01.02.2020 to 29.02.2020, 03:30 pm to 05:30 pm.

*This is one month (50 hours) part-time Introductory Yoga Training
Course for health promotion.*

Place : New Delhi

Date : 29th February, 2020

DIRECTOR

(डॉ० ईश्वर वी. बसवराडि)

(Dr. Ishwar V. Basavaraddi)

Director

मोरारजी देसाई राष्ट्रीय योग संस्थान
Morarji Desai National Institute of Yoga

(आयुष संस्थान, भारत सरकार)

(Ministry of AYUSH, Govt. of India)

68, आशोक रोड नई दिल्ली-110001

68, Ashok Road, New Delhi-110001



The Yoga Institute

CERTIFICATE

This is to certify that

Namrata Chawla

has successfully completed the

ADVANCE TEACHERS' TRAINING COURSE (900 HOURS) IN YOGA EDUCATION,

in the month of **October-2021** and

is proficient to teach yogic concepts and techniques.

Certificate No.: TYI/A/001/4384

Sanjay

Director, The Yoga Institute



Date: 24-Oct-2021

Arumati M. Dasai

Dean, The Yoga Institute



CULT CERTIFIED YOGA L0

THIS CERTIFICATE IS AWARDED TO

FOR SUCCESSFULLY COMPLETING THE PRESCRIBED
COURSE OF STUDY FOR A GROUP CLASS SESSION BASED
ON FOUNDATIONAL MOVEMENTS AND METHODOLOGY AT CULT.FIT

RISHABH TELANG

DIVYA ROLLA

SHWETAMBHARI SHETTY