Reg No.: 202306- BSY-6613

Certificate

200 Hours of Yoga Teacher Training

YOGA ALLIANCE REGISTERED

This is to certify that

ZIA SHAIKH

has successfully completed 200 hours of yoga teacher training.

He/She is proficient in the practice and study of hatha yoga, scriptural study,
philosophy ethics & lifestyle, yoga anatomy & physiology, teaching methodology and
mind relaxation techniques.

V. Ashok kmah

Ashok Kumar Vankineni

(E-RYT500, YACEP) Founder & Director Sriram G Pallasena

(E-RYT200, RYT500) Chief Executive Officer **Prarthana Patel**

(E-RYT500, RPYT, YACEP)

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Yoga Therapy

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