

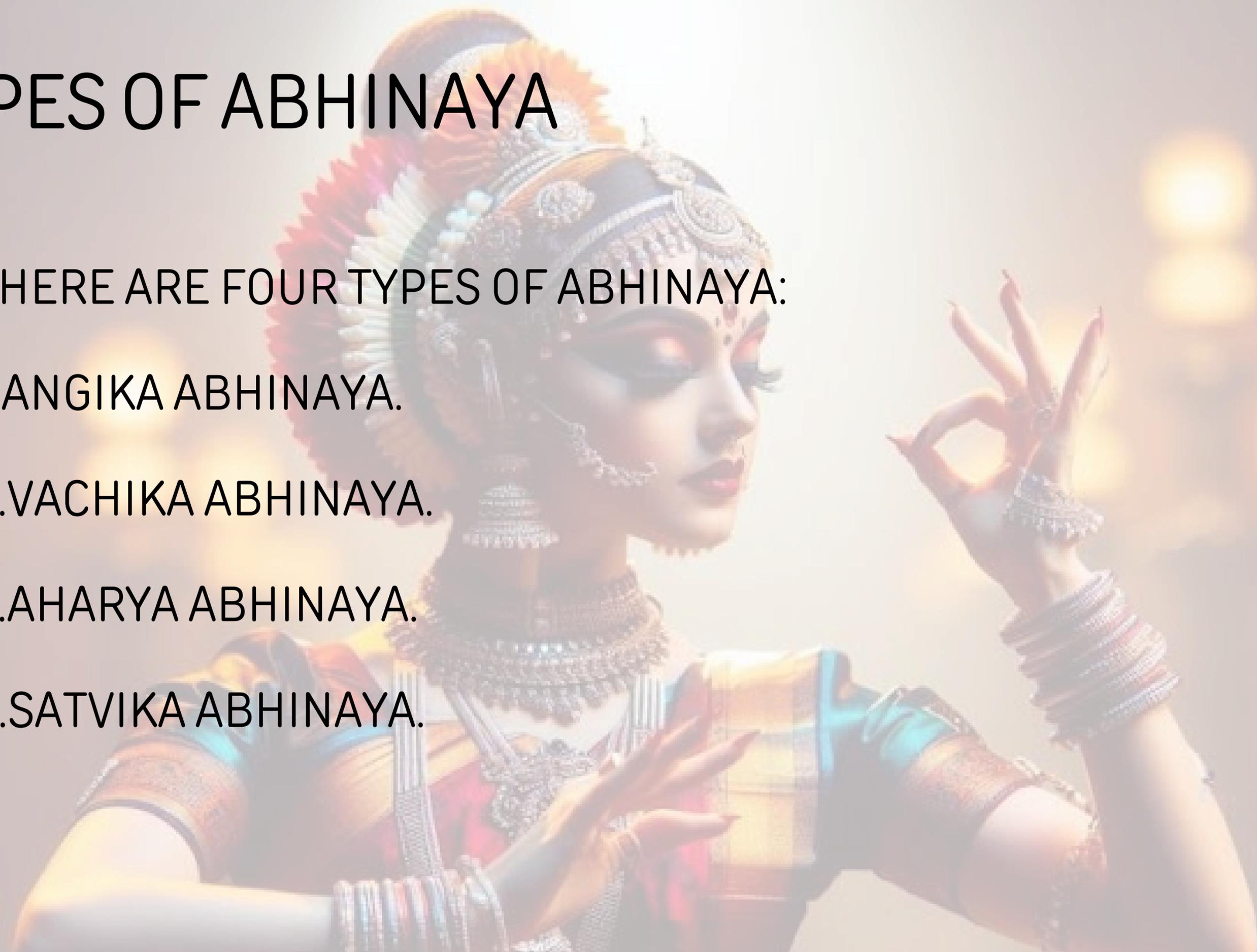
ABHINAYA

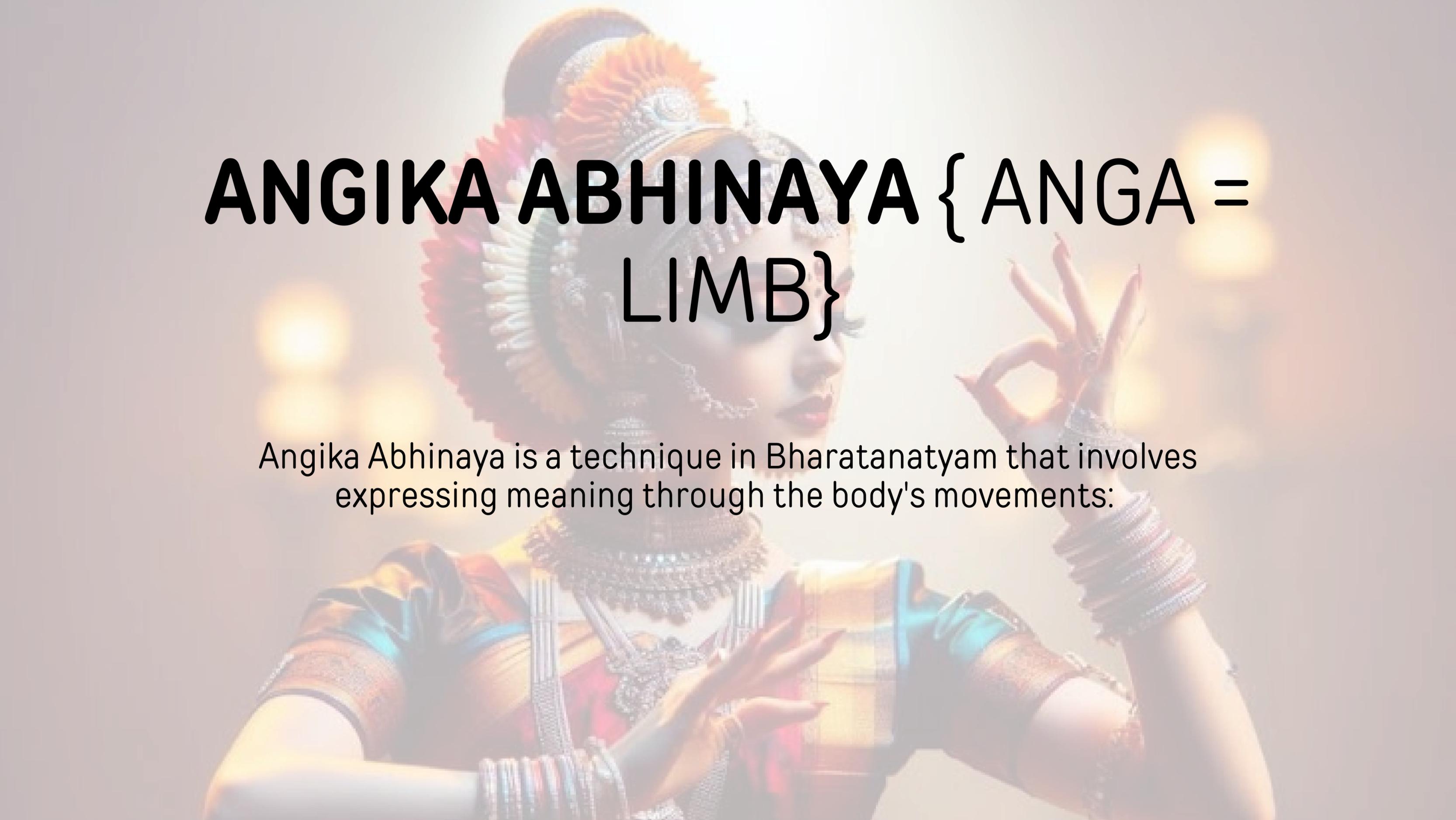
THE ART OF EXPRESSION
ABHI= TOWARDS NAYA = LEADING
ABHINAYA = LEADING AUDIENCE TOWARD

By
Mrs.Aishwarya Rajaram

TYPES OF ABHINAYA

- THERE ARE FOUR TYPES OF ABHINAYA:
- 1.ANGIKA ABHINAYA.
- 2.VACHIKA ABHINAYA.
- 3.AHARYA ABHINAYA.
- 4.SATVIKA ABHINAYA.



A Bharatanatyam dancer in traditional attire, including a large, ornate headdress with orange and red flowers, and a colorful sari with blue and yellow borders. She is performing a hand gesture (mudra) with her right hand raised, fingers forming a circle. The background is a soft, out-of-focus bokeh of warm lights.

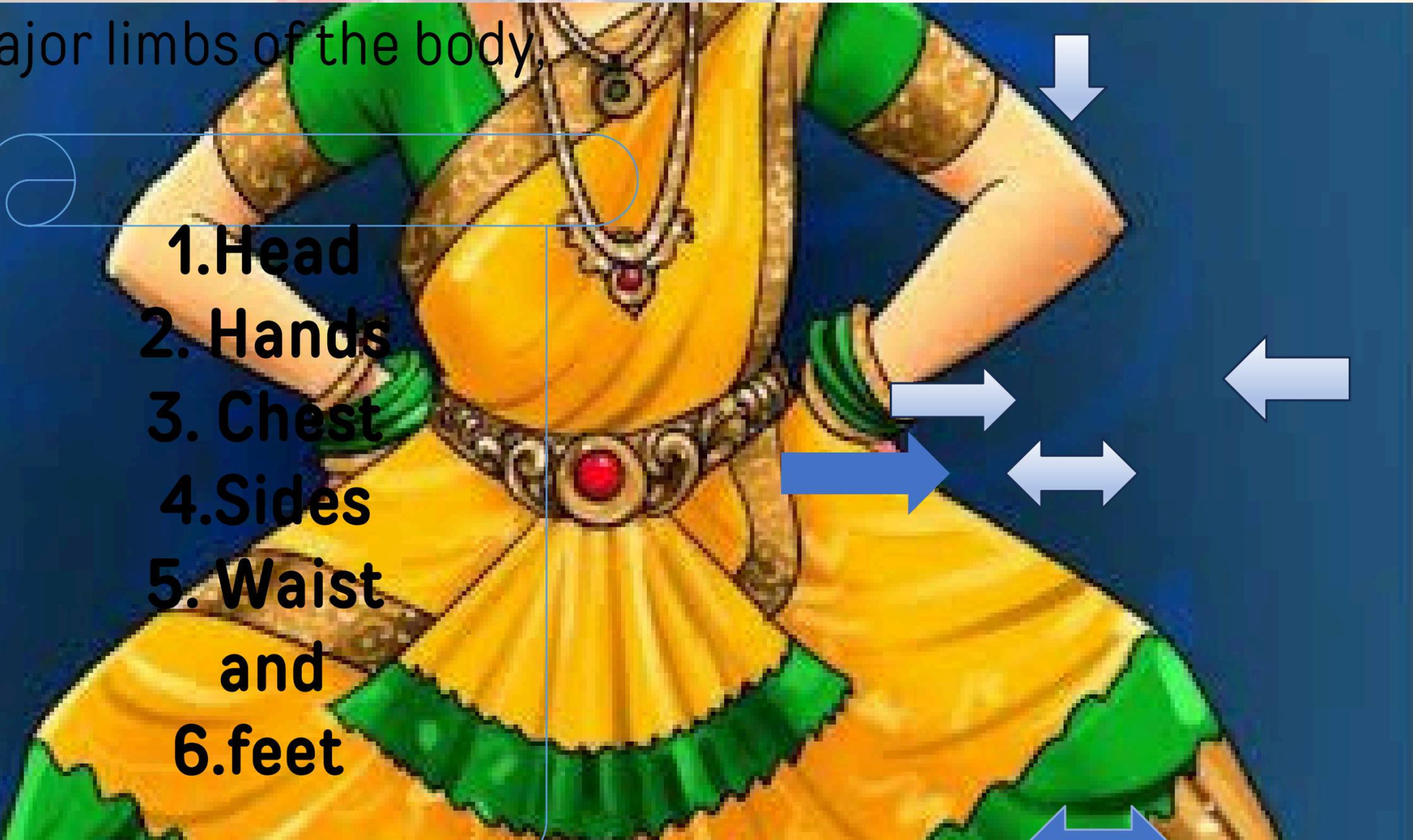
ANGIKA ABHINAYA { ANGA = LIMB }

Angika Abhinaya is a technique in Bharatanatyam that involves expressing meaning through the body's movements:

Angas

- The major limbs of the body,

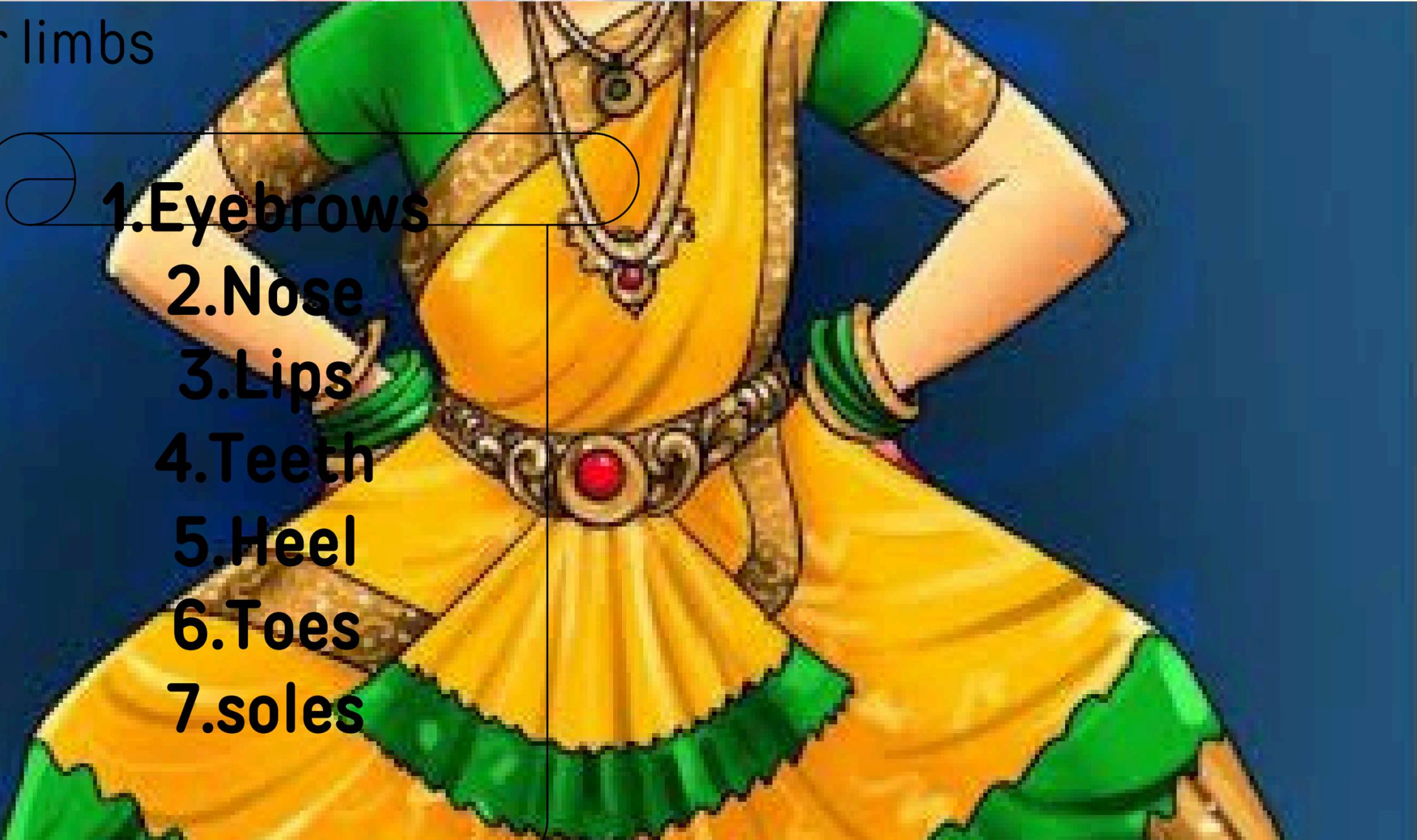
1. Head
2. Hands
3. Chest
4. Sides
5. Waist
and
6. feet



Upangas:

The minor limbs

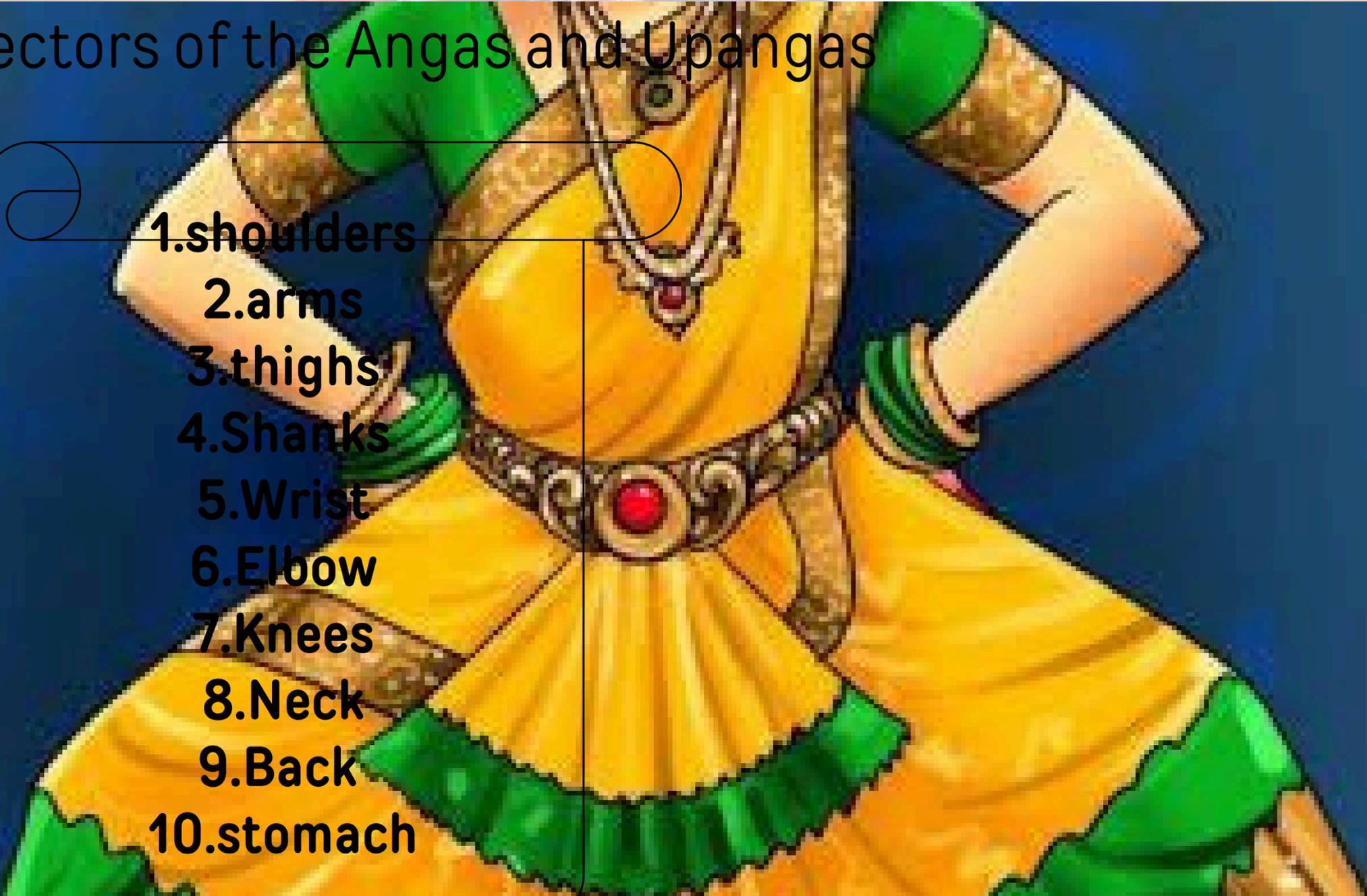
1. Eyebrows
2. Nose
3. Lips
4. Teeth
5. Heel
6. Toes
7. soles



Pratyangas:

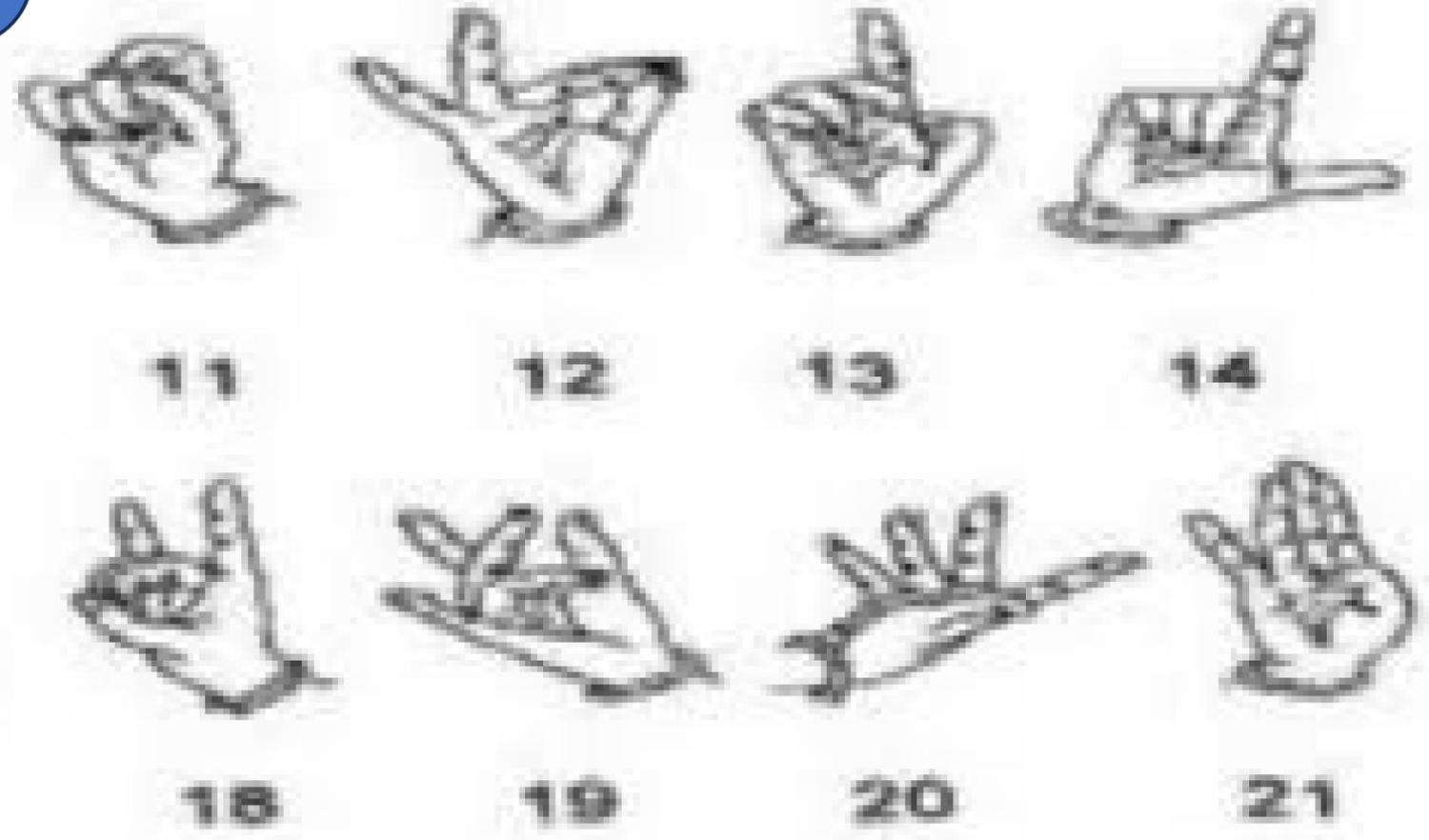
The connectors of the Angas and Upangas

1. shoulders
2. arms
3. thighs
4. Shanks
5. Wrist
6. Elbow
7. Knees
8. Neck
9. Back
10. stomach



Hastas

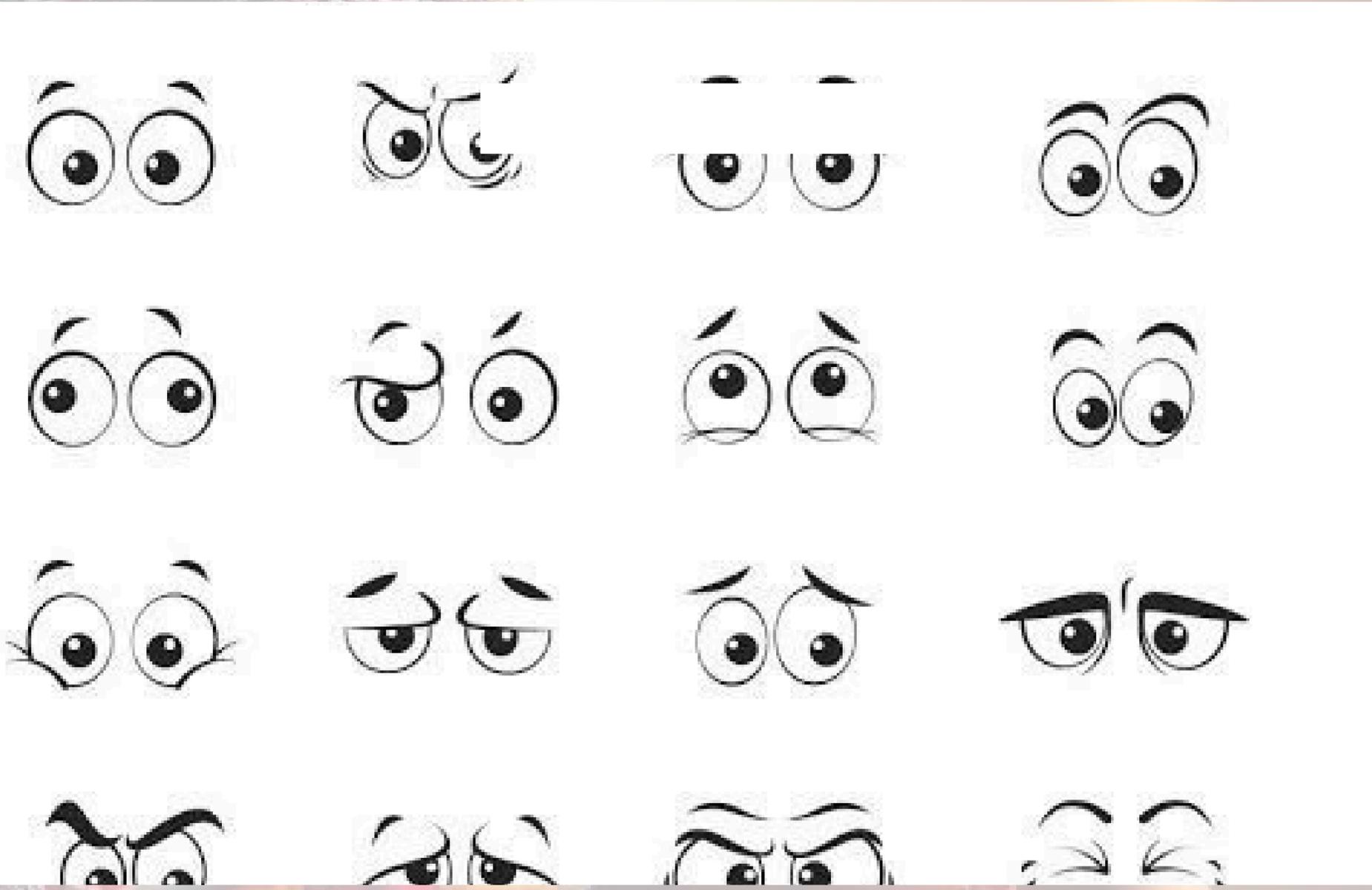
and gestures that convey emotion and thought



Eye movements:



Directing the audience's gaze to a particular sight



Facial movements

Subtle movements of the face convey meaning



VACHIKA ABHINAYA.



Expression through speech/
poetry/songs

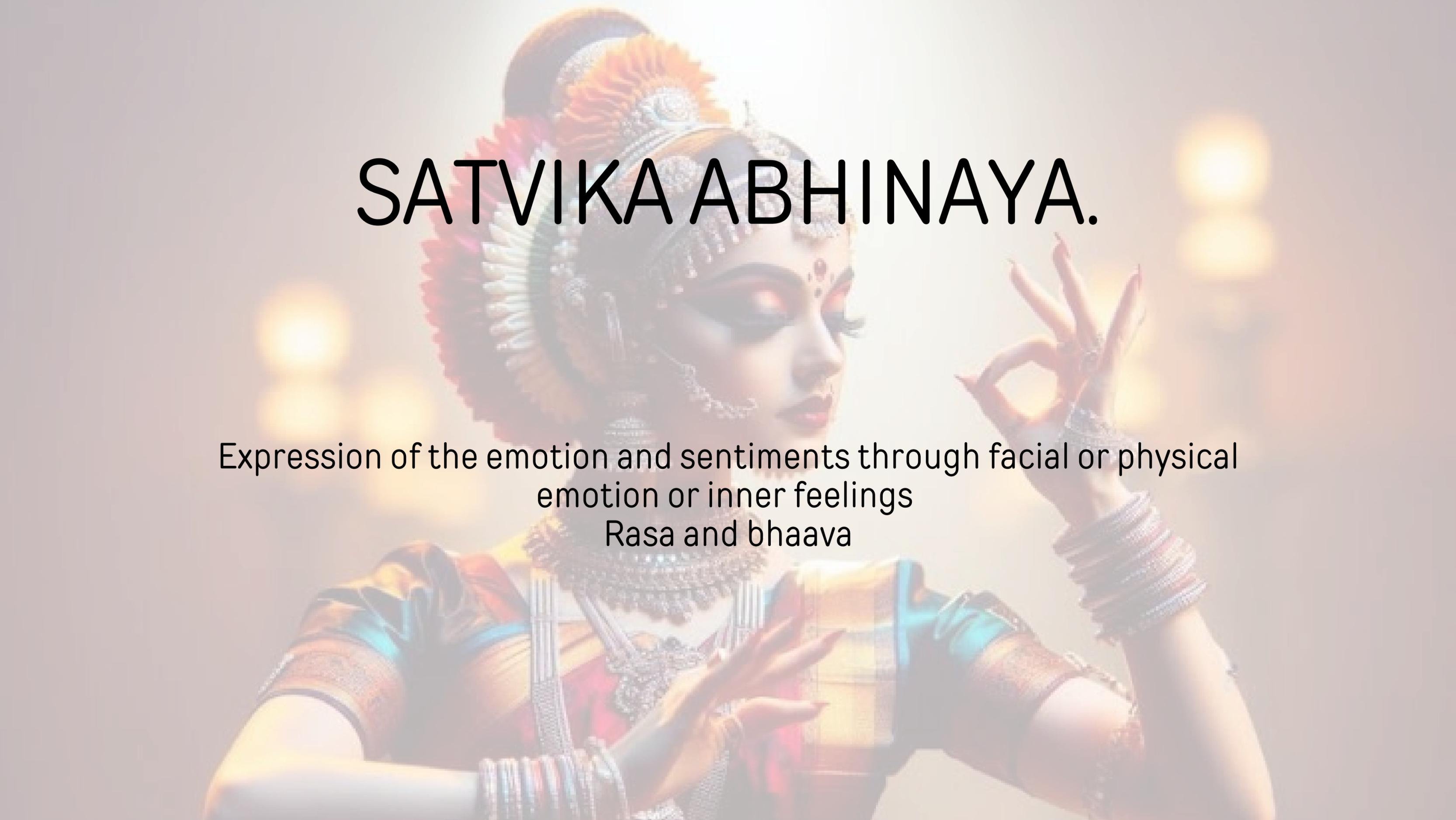
A woman in a green sari with a peacock tail, performing a dance pose in a forest. The background is a lush green forest with a waterfall. The text "AHARYA ABHINAYA." is overlaid in the center.

AHARYA ABHINAYA.





SATVIKA ABHINAYA.



Expression of the emotion and sentiments through facial or physical
emotion or inner feelings
Rasa and bhaava

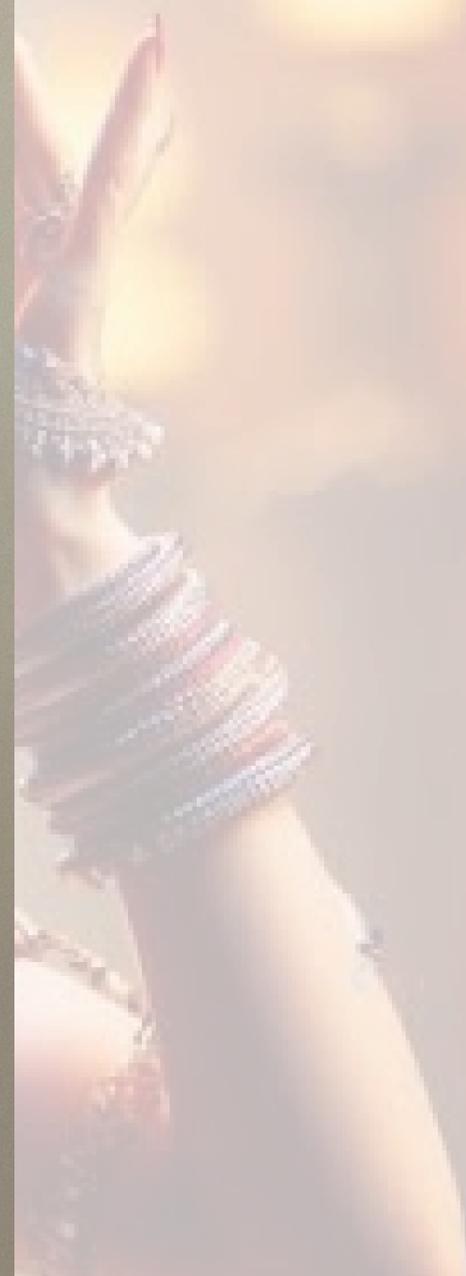
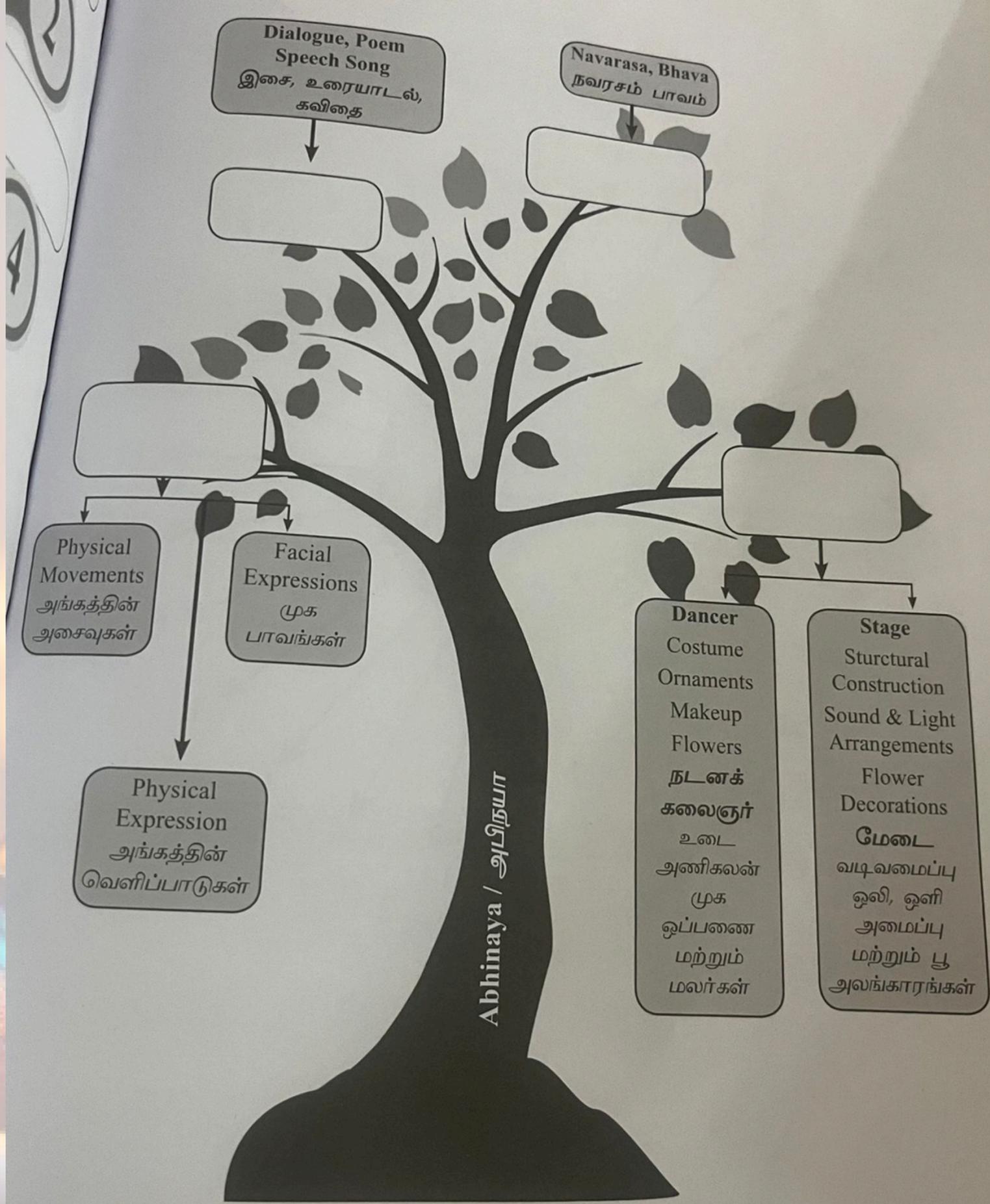


A woman in traditional Indian attire, including a colorful sari and an elaborate floral crown, is captured in a graceful dance pose. She is adorned with multiple necklaces, bangles, and a ring. Her right hand is raised in a mudra, and her left hand is positioned near her chest. The background is softly blurred with warm, bokeh lights.

Thank you !!...

Worksheet





Write the
4 types of
abinayam
நான்கு வகை
அபிநயத்தை
எழுதுக

