

Fundamentals of Carnatic Vocal

Level 1 in Carnatic Beginners Vocal training

- **Sarali Varisaigal** (1st, 2nd and 3rd Speed) - also referred to as Swaravali Varisaigal is the basic exercise for beginners students for both Carnatic vocals and instrumentals. Different sets of combinations of the swaras are often set in ascending and descending order. It aids in developing a sense of rhythm and helps you to sing at different tempos.
- **Madhyasthayi Varisaigal** (1st, 2nd and 3rd Speed) - type of exercise that involves a series of musical notations that repeat rhythmic and melodic patterns.
- **Jantai Varisaigal** (1st, 2nd, and 3rd Speed) - It involves double or triple of a single swara. These swaras should be sung with force with emphasis from the first note to the second note. The use of one plain note followed by a forceful second note is a type of gamaka.
- **Dhattu Varisaigal** (Jumping Notes) - It has a zigzag sequence that improves students' overall command over the swaras. For example - Sa-Ma, Ga-Re, Re-Pa, Ma- Ga, Ma-Ni, Dha-Pa, Pa-Sa, Ni-Dha. The notes jump up and down. The benefit - these exercises will help you to hit the note no matter what their sequence is.
- **Mel Sthayi Varisaigal** (High Octave Vocal Training) - Mel Sthayi is upper sthayi (higher octave). This practice will increase the student's vocal range. The first is the simplest and gradually new phrases are added to the previous one to reach the higher octave.
- **Sapta Tala Alankaram with Akara Sadhakam** - Emphasis is on the Tala or rhythm. They form the basis of the series of musical exercises - all are designed by Purandara Dasa. These provide the students with comprehensive training in music and rhythmic structure. Alamkaras are called the decorative swaras sung along with the Sapta Tala such as Dhruva, Matya, etc.
- Students will be also taught short **Bhajans, Slokas, Nottu Kruthis** and other **Devotional songs**.

Level 2 in Carnatic Beginners Vocal training

Geetham based on different ragas

- Sree Gananatha (Raga: Malahari)
- Kundagowra (Raga: Malahari)
- Kereya Neeranu (Raga: Malahari)
- Paduma Nabha (Raga: Malahari)
- Mandara Dhare (Raga: Kambhoji)
- Kamalajadala (Raga: Kalyani)
- Kamala Sulochana (Raga: Ananda Bhairavi)
- Vara Veena Mrudhupani (Raga: Mohana)

Swarajathis

- Rara venu (Raga: Bilahari)
- Sambashiva (Raga: Kamas)
- Ravememaguva (Raga: Ananda Bhairavi)
- Samidayameera (Raga: Mohana)

At this level, students learn and understand different ragas of Carnatic Classical Music.