

 **Skill India**
कौशल भारत - कुशल भारत

 **VLCC INSTITUTE**
OF BEAUTY & NUTRITION

 **No. 090857**
N.S.D.C.
National Skill Development Corporation
Transforming the skill landscape

Award

Diploma In Dietetics, Health & Nutrition

to

Geeta Rajesh Keswani

for successfully completing 480 Hours of Training

starting 05/04/2021


Vandana Luthra
Founder & Vice Chairperson

03/01/2023 Issue Date


Anand Khatwal
Authorized Signatory

Registered Office : M-14, GK-II, Commercial Complex, New Delhi - 110 048

No. 090857

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Diploma In Dietetics, Health & Nutrition

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Course Content

◆ Alternate Therapies - Ayurveda , Yoga, Acupressure & Massages ◆ Anatomy & Physiology ◆ Community Nutrition ◆ Counseling skills ◆ Dietetics ◆ Food Adulteration ◆ Food allergy & Intolerance ◆ Food Preservation ◆ Food science - Food Groups ◆ Meal Planning ◆ Methods of assessment of Nutritional Status ◆ Methods of Improving Nutritional Quality of Foods ◆ Nutrition & Health Programmes ◆ Nutrition & Nutrients ◆ Nutrition in the Life cycle ◆ Nutrition Surveillance ◆ Physiological Systems - Endocrin, Cardio Vascular, Lymphatic, Nervous, Respiratory & Reproductive ◆ Phytochemical ◆ Therapeutic Nutrition - Diet for GI disorders , Metabolic Disorders, CVD, Liver & Febrile Disorders, Musculoskeletal & Renal Disorders ◆ Weight management

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