

American Council
on Exercise



American Council on Exercise

This certificate attests that

RAMESH KUMAR M

has met all the requirements of the American Council on Exercise to develop and implement personalized exercise programs that improve fitness and overall well-being for individuals who are apparently healthy or have medical clearance to exercise.

CERTIFIED PERSONAL TRAINER

GETTING PEOPLE MOVING SINCE 2023

Cedric X. Bryant, Ph.D.
President & Chief Science Officer
American Council on Exercise



May 31, 2025

VALID THROUGH

