Pattern Making for Saree Blouse Designing & Making – Basic

Course Outline

Course Duration:

- **Total Duration:** 12 Weeks
- **Sessions:** 5 classes per week
- **Class Duration:** 1 hour per session
- **Teaching Language:** English, Kannada and Hindi

Course Objectives:

- **Fundamentals of Pattern Making**: Learn core principles specific to saree blouses, including tools, techniques, and terminology.
- **Body Measurements**: Master accurate measuring and recording for well-fitted blouses.
- **Creating and Modifying Patterns**: Develop skills to draft, size, and adapt patterns for various styles, from traditional to designer cuts.
- **Dart Manipulation**: Use dart techniques to achieve the desired fit and style.
- **Contouring Techniques**: Create flattering, well-fitted blouses using contouring for enhanced comfort and elegance.
- **Seam and Hem Allowances**: Apply precise seam and hem allowances for accurate construction.
- **Fabric Selection**: Understand fabric behavior and choose suitable materials for blouse designs.
- **Pattern Layout and Fabric Cutting**: Efficiently lay out patterns to minimize waste and ensure accuracy.
- **Creative Design Elements**: Incorporate pleats, tucks, gathers, and embellishments for stylish finishes.
- **Neckline and Sleeve Variations**: Design diverse necklines and sleeves, including deep necks, collars, puff sleeves, and more.
- **Lining and Interfacing**: Learn to enhance blouse structure and comfort with proper linings and interfacing.
- **Fastening Methods**: Integrate hooks, zippers, and buttons for functional and aesthetic appeal.
- **Embellishments**: Plan and apply embellishments like embroidery, lace, and sequins.
- **Professional Finishing**: Achieve polished and professional finishing techniques.
- **Final Project**: Design and create saree blouses from drafting to sewing.
- **Troubleshooting Fit Issues**: Identify and correct common fit problems for comfortable, well-fitted blouses.
- **Practical Application**: Apply pattern-making skills to create samples and finished products to professional standards.

- **Customizing for Body Shapes**: Adapt patterns to different body shapes for personalized fits.
- **Industry Standards and Trends**: Stay informed on current trends and standards for contemporary saree blouse designs.

Module 1: Introduction to Saree Blouse Patterns

1. Overview of Saree Blouses

- Explore various styles and cuts, such as darted, princess, halter, backless, and high neck designs.

- Learn how to choose the right blouse design based on the saree, occasion, and personal style, considering options for different necklines, sleeve styles, and embellishments.

- Understand how to select suitable fabrics by evaluating factors like drape, stretch, and comfort.

2. Taking Accurate Measurements

- Learn how to measure key areas including the bust, waist, shoulder, armhole, sleeve length, blouse length, and neck depth.

- Record precise measurements to ensure an accurate fit.

3. Tools and Materials for Pattern Making, Pattern Drafting

- Familiarize yourself with essential tools, such as measuring tapes, rulers, drafting paper, and other supplies.

- Understand different fabric types and their properties.

- Draft basic patterns using the measurements, creating templates for components like the front, back, sleeves, and neckline.

- Incorporate seam allowances, darts, and notches into the pattern for accurate construction.

4. Marking, Preparing, and Cutting the Fabric

- Lay out the fabric and position the pattern pieces correctly, ensuring the grainline is followed for a proper drape and fit.

- Transfer essential markings from the pattern to the fabric, including darts, notches, and seam lines.

- Cut the fabric accurately and prepare necessary components such as interfacing, lining, and trims.

5. Construction and Finishing Techniques

- Sew the individual parts of the blouse, following the pattern's guidelines.

- Assemble the prepared pieces, ensuring a seamless fit.

o   Press and test the fit, making any necessary adjustments to achieve the desired finish.

Module 2: Understanding and Drafting Various Blouse Styles

o   Explore the concepts of high neck and deep neck designs

o   Draft patterns for different types of blouses

o   Learn and apply various sleeve styles

o   Master different neckline and collar designs

Module 3: Integrating Design Elements and Blouse Construction

o   Create specialty blouse designs with unique features (e.g., peplum, layered styles)

o   Explore various closure options, including zippers, hooks, and buttons

o   Construct the blouse with precision and attention to detail

o   Finish the garment and conduct a quality check

o   Present the completed blouse designs

o   Discuss common challenges and effective solutions

Materials Needed:

- Fabric for practice (cotton or muslin)
- Sewing machine
- Basic sewing tools (scissors, pins, threads, etc.)
- Pattern paper and pattern making tools

Course Outcomes:

- Create a variety of blouse patterns from scratch.
- Construct well-fitted saree blouses.
- Develop confidence in pattern making and sewing techniques.

Teaching Methodology:

- **Hands-On Practice:** Each session will involve practical work to reinforce learning.
- **Interactive Discussions:** Encourage questions and discussions to enhance understanding.
- **Feedback Sessions:** Regular feedback on student projects to support improvement.