

Introduction to Chess

Beginner Level

Month 1

A. Rules of the game and basics

- Main topics

1. Goal
2. Intro to board
3. Movement of rook and bishop

- Supplementary topic

1. Setting up lichess or any other platform for playing practice.

B. Piece Movement, Pawn movement + Value of pieces

- King
- Queen
- Pawn + Pawn promotion

C. Continuation of piece movement + Intro to the concept of capture

- Knight movement and setting up board
- Intro to capture

D. Capture

- Capture + Revision

Month 2

A. Ways of defending an attacked pieces Defending by capture

- Defending by moving away
- Defending by interference
- Defending by support
- Combat on Lichess(Exercise)

B. Check and getting out of Check

- CPR Method
- C. Checkmate

- D. Rook Roller (Staircase checkmate) +Revision

Month 3

- A. Special Moves
 - Castling
 - En passant

- B. Stalemate

- C. King and Queen vs King checkmate

- D. Other draws + Revision
 - Perpetual
 - Threefold repetition(Photoscopic etc)
 - Insufficient material
 - By offer
 - 50 move rule

Month 4

- A. Back rank mate

- B. Opening principle
 - Control center
 - Develop pieces

- C. Opening principle continuation
 - Why it's not good to develop queen so early
 - Protect your king

- Active pieces (Pawn move in itself is not a developing move but an aid to development + center control)

D. Basic checkmating pattern

- Scholar's mate
- Foolish mate
- Revision

Month 5

- A. Checkmate with rook
- B. Hanging pieces
- C. Counting captures
- D. Double attack

Month 6

- A. Pin
- B. Skewer
- C. Piling up on Pin and Skewer
- D. Discovered attack and double check
- E. Revision of all syllabus

Intermediate Level

Month 1

- A. Tournament Rules
 - Fide rule book and you tube
- B. Phases of game
 - A brief intro
- C. Game ANALYSIS

D. e5 - Ruy Lopez and Italian

Month 2

- A. Deflection and Decoy
- B. Smothered Mate
- C. GAME ANALYSIS
- D. c5 - Sicilian d6 and No6

Month 3

- A. Desperado and Zwischenzug
- B. Windmill
- C. GAME ANALYSIS
- D. e5 - Ruy Lopez classical

Month 4

- A. Remove and Destroy
- B. Zugzwang
- C. GAME ANALYSIS
- D. e5 - Italian Bc5 variation

Month 5

- A. King Opposition
- B. Common Rook Endgames
- C. GAME ANALYSIS
- D. c5 - Sicilian Najdorf d6

Month 6

- A. King and Pawn Endgame

- B. Passed Pawns
- C. GAME ANALYSIS
- D. d4 basics

Month 7

- A. Outpost
- B. Open Files- My system
- C. GAME ANALYSIS
- D. d5/ Nf6

Month 8

- A. Rooks on 7th Ranks
- B. Double Bishop Checkmate
- C. GAME ANALYSIS
- D. Nf3 - Reti opening

Note : Book refer [My System by Aron Nimzowitsch](#)