

TCID : TC113491
Regd. No. : AAIY-1457
Certification Registration No. : DADN109-1108



Dr. Satnam's

Arogyam Institute

An ISO 9001:2015 Certified Institute

(Internationally Recognized)

YTA (HSSQ 4001) is Accredited with

Skill India under N.S.D.C & Ministry of Skill Development & Entrepreneurship**



Diploma Certificate



Jatin Verma

has Successfully Completed Online **Diploma**
in Ayurvedic Diet & Nutrition

04/01/2024

Date of Issue

Arogyam Institute Skilled Course
For Yoga and Panchkarma

Prop.

Satnam Singh

Dr. Satnam Singh
Course Director

*The Subjects of study includes- Ayurvedic Nutrition & Ahara according to the body types, Ayurvedic Lifestyle, Basic of Modern & Therapeutic nutrition which included diet planning for various ailments like Obesity, Hormonal Disorders, Gut Nutrition, Cardiovascular Nutrition, Nutrition in Kidney Diseases, Various Diets for Fat Loss & the latest Diet Trends.

**Accredited with Skill India Under N.S.D.C & Ministry of Skill Development & Entrepreneurship pertain to Institute offering various course(s), details whereof is available on the website www.arogyaminstitute.com

Visit website to know about various accreditations, course and other information.



THE CPD STANDARDS OFFICE
CPD PROVIDER: 22536
2023-2025
www.cpdstandards.com

WORKING IN PARTNERSHIP

CPD LEARNING TOOL

EVIDENCING YOUR LEARNING

This activity equates to 165 hours of CPD

Please answer the following questions to complete the learning reflection tool.

This exercise enables personalised reflection on your learning outcomes and helps record your CPD for a professional body or employer.

Before the activity: What was the key reason for you choosing to undertake this activity?



During the activity: What were your key learning points, ideas for practice, or lightbulb moments?



After the activity: What content was most relevant to your role? And how could you build on your learning?



Significant learning outcome: To transfer to your formal CPD record for your employer or professional body



Did you know that completing this CPD activity qualifies you for free membership to the Institute of CPD?

Receive prestigious letters after your name and digital badges to demonstrate your commitment to learning.

Scan the QR code to join today!

