

# How to start Preparation for NEET UG 2025 ?

Answer is here -

Understand the Syllabus and Exam Pattern



Create a Study Schedule



Focus on NCERT Books



Practice Regularly



Revise Consistently



Time Management



Stay Healthy and Stress-Free



Seek Help When Needed(If needed, join a coaching institute for structured guidance. You can join my coaching classes on Urban pro platform for BIOLOGY and Chemistry coaching class and proper guidance and test series unit wise and full syllabus . MONIKA N. for NEET UG classes )



Stay Motivated