



Morarji Desai National Institute of Yoga

Ministry of AYUSH, Government of India

68, Ashok Road, New Delhi - 110 001

Ph. 011-23721472, 23351099 Telefax: 011-23711657

Website: www.yogamdniy.nic.in E-mail: mdniy@yahoo.co.in

FOUNDATION COURSE IN YOGA SCIENCE FOR WELLNESS (ONLINE)

Enrolment No. FCYScW/MDNIY/B-IV(11)/E/097



Certificate of Participation

This is to certify that Shri/Kum/Smt. Ajay Kumar Sonkar
S/o/D/o/W/o Sh. Rambabu Sonkar has
participated in the Foundation Course in Yoga Science for Wellness conducted
by Morarji Desai National Institute of Yoga, New Delhi from 01.11.2020 to
30.11.2020, 07:00 am to 09:00 am/03:30pm to 05:30pm/06:30pm to 08:30pm.

This is one month (50 hours) part-time Introductory Yoga Training
Course for health promotion.

Place : New Delhi

Date : 30th November, 2020

DIRECTOR

(डॉ० ईश्वर वी. बसवराद्धि)

(Dr. Ishwar V. Basavaradhi)

विदेशी / Director

मोरारजी देसाई राष्ट्रीय योग संस्थान

Morarji Desai National Institute of Yoga

(आयुष्य मंत्रालय, भारत सरकार)

(Ministry of AYUSH, Govt. of India)

68, आशोक रोड, नई दिल्ली-110001

68, Ashok Road, New Delhi-110001

YOGA FEDERATION OF INDIA

Sr. No. *VEI/2016*
0505

(Regd. Under The Societies Registration Act XXI Of 1860, Regd. No. 1195, Dated 14-02-90)
REGD. OFFICE: Flat No.501, GHS-93, SECTOR-20, PANCHKULA- 134116 (HARYANA) - INDIA

www.yogafederationofindia.com

E-mail: yflashok2000@yahoo.co.in



FOUNDER AND FULL MEMBER
International Yoga Federation



The st National Yoga Sports Championship 2016-17 Jharkhand

ORGANISED BY
JHARKHAND YOGA ASSOCIATION

12TH TO 16TH NOVEMBER 2016 AT MEGA SPORTS COMPLEX, KHELGAON, RANCHI (JHARKHAND)



AFFILIATED TO
Asian Yoga Federation



AFFILIATED TO
Yoga Federation of India

SOUVENIR CERTIFICATE

Name *Ajay Kumar Sonkar*
Unit *Madhya Pradesh*
Event *Yogasana / Shakti Yoga / Shakti Tai Yoga / Bhujangha Yoga Competition / Free Flow Yoga / Professional Yogasana Competition*
Age-Group *17-21 yrs [Male]*
Capacity *Yoga Competitor / Performer / Official / Organizer*



Sanku Jha
SIGNATURE OF CANDIDATE

Sanku Jha
SANJAY JHA
GENERAL SECRETARY
JHARKHAND YOGA ASSOCIATION

Prof. Prabir Karmakar
PROF. PRABIR KARMAKAR
PRESIDENT
JHARKHAND YOGA ASSOCIATION

Ashok Kumar Aggarwal
ASHOK KUMAR AGGARWAL
SECRETARY GENERAL
YOGA FEDERATION OF INDIA

K.C. Sharma
K.C. SHARMA
PRESIDENT
YOGA FEDERATION OF INDIA





LAKSHMIBAI NATIONAL INSTITUTE OF PHYSICAL EDUCATION, GWALIOR

NAAC A++ Accredited, Category-I Deemed to be University and 12-B Status Granted by the UGC
Government of India, Ministry of Youth Affairs and Sports



Certificate No. : 217/2018-19

Date of Issue : 17.06.19

Inter University Sports Participation Certificate

This is to certify that Mr./Ms. AJAY KUMAR SONKAR
S/o/D/o Shri RAM BABU SONKAR
and Smt. VIDYA DEVI SONKAR was the member of the
Institute's YOGA Men/Women team which
Participated in the West-Zone/Inter-Zone/All India Inter University Competition organized by
UNI. OF MADRAS Institute/University at CHENNAI
from 04.02.19 to 08.02.19 during the academic session 2018-19

The team Secured — Position in West-Zone/Inter Zone University Competition.


DIRECTOR (Sports)


VICE-CHANCELLOR





दिल्ली विश्वविद्यालय, दक्षिण परिसर, नई दिल्ली S.No. 03730
University of Delhi, South Campus, New Delhi
 अंक विवरण STATEMENT OF MARKS

**MASTER OF PHYSICAL EDUCATION
 (M.P.Ed.)**

Name : AJAY KUMAR SONKAR

Part : II Semester : IV

Roll No. : 20028887002

Exam. (Month/Year) : May/June, 2022

College : INDIRA GANDHI INSTITUTE OF PHYSICAL EDUCATION & SPORTS SCIENCES

Paper Code	Paper Name	TH		IA		PR		Total	
		Max. Marks	Marks Obt.	Max. Marks	Marks Obt.	Max. Marks	Marks Obt.	Max. Marks	Marks Obt.
	Semester – I & II							800	680
	Total of Semester – I & II							800	680
	Result : Passed								
	Semester – III							400	306
	Total of Semester – III							400	306
	Result : Passed								
MPE 1001	Fundamentals of Sport Sociology	50	31	25	22	25	23	100	76
MPE 1003	Fundamentals of Sport Management & Administration	75	41	25	17	—	—	100	58
MPE 1004 (iii)	Exercise & Sport Psychology	50	39	25	19	25	20	100	78
MPE 1005	Measurement and Evaluation in Physical Education	50	31	25	21	25	20	100	72
MPE 1006 (vi)	Sport, Physical Activity & Nutrition	50	33	25	22	25	18	100	73
	Total of Semester – IV							500	357
	Total of Semester – III & IV							900	663
	Result : Passed								
	Grand Total							1700	1343
	Division : First Division with Distinction								

AB: Absent, ER: Essential Re-appear, *: Old Entry

Date of Declaration : 29th July, 2022

जांचकर्ता
Checked By :

जांचकर्ता एवं सत्यापनकर्ता
Check & Verified By :

ASSISTANT / DEPUTY CONTROLLER OF EXAMINATIONS

Handwritten signature and date 12/1



LAKSHMIBAI NATIONAL INSTITUTE OF PHYSICAL EDUCATION GWALIOR (MP) INDIA

(ISO 9001:2008, OHSAS 18001: 2007 And ISO 14001:2004 Certified)

[Deemed to be University, Ministry of Youth Affairs & Sports Government of India]



STATEMENT OF MARKS

BACHELOR OF PHYSICAL EDUCATION [B.P.Ed.] FOUR YEARS DEGREE COURSE Eighth Semester Examination, August-2020

S.No. : 23 Name : AJAY KUMAR SONKAR
Roll No. : A-227 Father's Name : Shri Ram Babu Sonkar
Reg. No. : PH2016-21 Mother's Name : Smt. Vidya Devi Sonkar

PART - A : THEORY

PART - A : THEORY											
CODE	NAME OF SUBJECT	MARKS									CREDITS
		THEORY			SESSIONAL		AGGREGATE				
		Max.	Min.	Obtd.	Max.	Obtd.	Max.	Min.	Obtd.		
BPed VIII/ A/01	Health Education-II	75	26	70	25	20	100	35	90	5	
BPed VIII/ A/02	Measurement and Evaluation in Physical Education-II	75	26	69	25	19	100	35	88	5	
BPed VIII/ A/03	Management of Physical Education & Sports	75	26	55	25	16	100	35	71	5	
Total Marks [Out of 300]									249	-	

PART - C : TEACHING ABILITY-IV [THEORY TEACHING]

PART - C: TEACHING ABILITY (Pedagogical Performance)													
CODE	CONTENT	MARKS											CREDITS
		THEORY			PRACTICAL			SESSIONAL		AGGREGATE			
		Max.	Min.	Obtd.	Max.	Min.	Obtd.	Max.	Obtd.	Max.	Min.	Obtd.	
BPEd VIII/ C/01	Teaching Lessons	-	-	-	50	18	38	25	19	75	30	57	5
Total Marks [Out of 75]												57	-

PART - D : SPORTS SPECIALIZATION - YOGA

PART - D : SPORTS SPECIALIZATION														CREDITS
CODE	CONTENT	MARKS												
		THEORY			PRACTICAL			SESSIONAL		AGGREGATE				
		Max.	Min.	Obtd.	Max.	Min.	Obtd.	Max.	Obtd.	Max.	Min.	Obtd.		
BPEd VIII/ D/01	Sports Theory-II	50	18	41	-	-	-	25	19	75	30	60	5	
	Coaching Lesson	-	-	-	100	40	81	50	34	150	60	115	3	
Total Marks [Out of 225]												175	-	

PART - E : INTERNSHIP GRADE - A

SEMESTER WISE MARKS		
Semester	Total Maximum Marks	Total Obtained Marks
B.P.Ed.-I Sem.	550	358
B.P.Ed.-II Sem.	550	339
B.P.Ed.-III Sem.	550	370
B.P.Ed.-IV Sem.	550	357
B.P.Ed.-V Sem.	625	427
B.P.Ed.-VI Sem.	625	370
B.P.Ed.-VII Sem.	450	329
B.P.Ed.-VIII Sem.	600	481
TOTAL	4500	3031

FINAL RESULT		
Total Maximum Marks	Total Obtained Marks	Division
4500	3031	FIRST
PASS		

Prepared by Vij Checked by R. K. S. Assistant Registrar

1/c CONTROLLER OF EXAMINATIONS

ISSUE DATE: 09 OCT 2020

Note:

- Candidate will have to pass separately in PART-A, C & D.
- Abbreviation: G = Grace, F = Fail, R = Revaluation and A = Absent.
- This marksheet is issued after conducting the end semester examination through blended mode as per the Guidelines of U.G.C. letter no. F.1-1/2020(Secy) dated 29.04.2020 and decision of standing committee of Academic Council dated 25.07.2020 due to COVID-19 Pandemic.

शरीर मादाम् खलु धर्म साधनम्