



HOLISTIQUE SOLUTIONS

CONSULTING, COUNSELING, COACHING

WHO WE ARE:

Holistique Solutions is a young organization backed by industry veterans in their respective fields. With a combined experience of twenty five plus years in the areas of consulting, counseling & coaching, we are passionate and committed about making difference in people's lives. Soft Skills training is being highly prioritized and recognized today by corporates, institutes as being essential to relationships.

Soft skills training combines a variety of interpersonal, Communication and social skills that help people interact effectively with others. This would enable individuals to work well with others in order to accomplish their goals.

Soft Skills Training Topics:

- **The Art of Effective Communication**
- **Interpersonal Skills**
- **Intrapersonal Skills**
- **Leadership Training**
- **Verbal communication**
- **Listening Skills**
- **Business Etiquette**
- **Personal Grooming**
- **Etiquette of Dressing**
- **The Do's and Don'ts in Conversation**
- **Important components of a dialogue**
- **Preparation for interviews**
- **Do's and Don'ts in interviews**
- **Group Discussions**
- **Body Language**

Training Hours:

Approx. 40 hours per Student / Batch.

Training Methodology:

- Instructor Led Training
 - Role Plays
 - Movie Clips
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