



# Sayantani Bakshi

has completed the following course:

## SOCIAL WELLBEING

THE UNIVERSITY OF EDINBURGH

This online course explored social wellbeing as a concept that can radically transform the approaches and outcomes of social planning. It covered appreciative learning, aspirational planning goals, social goods, and the justification of decisions at personal, organisational, and societal levels.

3 weeks, 2 hours per week

**Neil Thin**The University of Edinburgh







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#### STUDY REQUIREMENT

3 weeks, 2 hours per week

#### LEARNING OUTCOMES

- Reflect upon diverse understandings of wellbeing
- Use a "wellbeing lens" to assess what organisations or governments say and what they
- Explore approaches to including wellbeing criteria in evaluation of policies and services
- Collaborate on achieving better outcomes and debate the moral and practical implications of wellbeing

#### **SYLLABUS**

- Personal and interpersonal: what are the main ways of thinking about wellbeing as a whole?
   What are the key domains and components of personal wellbeing?
- Organisational and community: how do communities and organisations facilitate wellbeing? What is community vitality? What is a health organisational climate?

 National and international: What is national wellbeing and how can we measure and promote i+2

