

DAY 1: VOCALS

Why breathing is important in singing?

Music is all about sound and silences . Every song has a break or a pause to the phrases we sing. Its very important to know where to breath where not to breath in the phrase we sing.

Posture:

How to stand while singing?

- Close your eyes
 - Take adeep breath
- Feets aparts , shoulder relaxed, arms loosened, hands relaxed, fingers loose and all the muscles in your face relaxed.
- Never breath from your nose always breath in and out from your mouth.
 - While breathing fill your stomach and you should feel the expansion in your diaphragm area. All the energy while singing is utilised through your stomach area
 - Make sure while breathing your shoulder shouldn't move.

Breathing exercises:

Humming

Aah

Eee

Uuh

Ohh

Lip trilling

hiss

Song: Do a deer

Doe, a deer, a female deer

Ray, a drop of golden sun

Me, a name I call myself

Far, a long, long way to run

Sew, a needle pulling thread

La, a note to follow Sew

Tea, a drink with jam and bread