



CERTIFICATE OF  
ACCREDITATION

The Australian Strength and Conditioning Association Inc.  
Certifies that

# JEFFREY MATTHEW NONGRUM

Has met the requirements established by the Australian Strength and Conditioning Association and gained fundamental knowledge and skills to understand, conduct and design strength and conditioning training programs to physically prepare and improve the performance of club to regional level athletes across a wide range of sports, and has therefore been accorded the title of

## LEVEL ONE STRENGTH AND CONDITIONING COACH

**AWARDED ON**  
19/01/2018

**VALID TO**  
31/12/2021

A handwritten signature in black ink, appearing to read 'P. Currell', is written over a light blue diagonal hatched background.

Peter Currell  
General Manager

LEVEL **1**

Strength and Conditioning  
Coach Accreditation

