



Upon recommendation of the faculty and by virtue of the authority vested in the Growth For Fitness Instructor Fitness Training Institute Hereby confers upon

**Monu Kumar**

The certificate of completion of prescribed coursework and having demonstrated proficiency of

**PERSONAL TRAINER**

With all rights, honors & Privileges thereunto appertaining.

In Witness Whereof we have affixed signatures.

*[Signature]*  
President

*[Signature]*  
VP of Operations

JAN 2018 to DEC 2019

7021

Date of Validity

Member Identification



**METABOLIC CONDITIONING WORKOUT CHALLENGE**



CERTIFICATE OF PARTICIPATION PRESENTED TO

MONU KUMAR

FOR PARTICIPATING IN THE  
INDIAN GLADIATOR'S CHALLENGE EVENTS

FOR DEAD LIFT Time \_\_\_\_\_ Reps \_\_\_\_\_  
FOR \_\_\_\_\_ Time \_\_\_\_\_ Reps \_\_\_\_\_

AWARDED ON THE 3<sup>rd</sup> DAY, OF Sept, 2017

*S. Mehta*  
Signature of VP

*Amit*  
Sign Organizers

**BODY**  
**ENGINEERS**  
Fitness Clubs Chain



**BMX** Strength  
Fitness Training Equipments

Organized by : GFFI Fitness Academy \*www.gffi-fitness.org\* Contact : 011-45087033



# Representative Workshop Certificate

(in association with GFFI Fitness Academy & Body Engineers)

## BMXSTRENGTH EQUIPMENT CO.

recognises

MONU KUMAR

As a representative for BMXStrength  
Fitness Equipments

Year of Validity : 2017 - 18

&

### Workshop

### BMXStrength Exercise Technique and Biomechanics



Director

Director

Date: 3 Sept 17

#### INTERNATIONAL OFFICE (USA)

BMXSTRENGTH EQUIPMENTS LLC.  
4443 Danforth Road,  
Columbus, Ohio-43224,  
United State of America

#### CHINA OFFICE:

BMXSTRENGTH INC.  
浙江省金华市义乌市长春二区28幢5单元302。  
Room 302, Unit 5, Building 28, Changchun  
er qu, Yiwu City, Jinhua City, Zhejiang Province

#### INDIA OFFICE:

BMXSTRENGTH EQUIPMENTS CO.  
35, NWA, Punjabi Bagh Club Road  
Above OBC Bank, Punjabi Bagh West  
New Delhi-110026

Website: [bmxstrength.in](http://bmxstrength.in)

Email: [bmxstrength@gmail.com](mailto:bmxstrength@gmail.com)

Tel.: + 919811309667, + 91-9810111018

# CERTIFICATE OF WORKSHOP

This is to certify that Mr. / Miss

**MONU KUMAR**  
has successfully completed the Workshop /  
Fitness convention of

**STRAGILITY**

At

**GFFI FITNESS ACADEMY**

Date

**5 JULY 17**

Certificate ID

**3185**

**TECHNICAL HEAD**  
GFFI Fitness Academy

*[Signature]*

**SECRETARY OF WORKSHOP**  
GFFI Fitness Academy

