

Certificate of Achievement



This is to certify that

Sasupalli Prasad

has successfully completed the
FSSA Councils Continuing Professional Development (CPD) Program

Functional Strength Training

Awarded: August 2021

CERTIFICATE NO. FST/15082105

Gurnit Singh Dua
CEO & FOUNDER

Dr. (MPT) Ankita Malhotra
HEAD - TRAINING & ASSESSMENT



This certificate is not an indication that the recipient has a full fitness qualification.



THIS IS TO CERTIFY THAT

Sasupalli Prasad

HAS COMPLETED EDUCATION PROGRAMME,
PASSED EXAM ON KNOWLEDGE AND SKILLS, COMMITTED TO ETHICAL CODE OF CONDUCT
AND THEREBY HAS EARNED THE DESIGNATION OF

CERTIFIED PERSONAL TRAINER

AWARDED: 18TH SEPTEMBER 2021

VALID TILL: 17TH SEPTEMBER 2023

MODULES COVERED:

- CARRY OUT CLIENT FITNESS ASSESSMENTS
- PLAN AND DELIVER PERSONAL TRAINING SESSIONS
- DESIGN PERSONAL TRAINING PROGRAMMES
- MANAGE, REVIEW, ADAPT AND EVALUATE PERSONAL TRAINING PROGRAMMES
- APPLY THE PRINCIPLES OF NUTRITION AND WEIGHT MANAGEMENT TO EXERCISE PROGRAMME DESIGN
- APPLY THE PRINCIPLES OF EXERCISE SCIENCE TO PROGRAMME DESIGN
- SUPPORT LONG TERM BEHAVIOUR CHANGE BY MONITORING CLIENT EXERCISE ADHERENCE AND APPLYING MOTIVATIONAL TECHNIQUES
- UNDERTAKE SMALL BUSINESS PLANNING



CERTIFICATE NO. CPT/P/18092105

Gurnit Singh Dua
CEO & FOUNDER



Dr. (MPT) Ankita Malhotra
HEAD - TRAINING & ASSESSMENT



THIS CERTIFICATE IS AWARDED TO

Prasad Sasupalli

IN RECOGNITION OF SUCCESSFUL COMPLETION OF THE CONTINUING EDUCATION

COURSE ENTITLED

Injury Management in Personal Training

Dated: *12th January, 2019*

Location: *Bangalore*

APPROVED BY:



Gurnit Singh Dua
CEO & FOUNDER

Ankita

Dr (MPT) Ankita Malhotra
HEAD OF TRAINING

SYNC | **STRONG NATION™
NETWORK**

LICENSED TO TEACH

STRONG
NATION™

ID: 1609101

PRASAD SASUPALLI

SASPR431@GMAIL.COM

MEMBER SINCE:
APRIL, 2018

VALID THROUGH:
SEPTEMBER, 2021



Skill India
कौशल भारत - कुशल भारत



सत्यमेव जयते
**MINISTRY OF SKILL DEVELOPMENT
& ENTREPRENEURSHIP**
GOVERNMENT OF INDIA



N · S · D · C
National
Skill Development
Corporation

Transforming the skill landscape

Certificate

This is to certify that
Sasupalli Prasad
has successfully cleared the assessment for the role of
Fitness Trainer (SPF/Q1102)
conforming to National Skills Qualifications Framework Level - 4

Issued by **SAMEER VIG**

Institution Name **SPORTZCRAFT PVT LTD**

Signature *Sameer Vig*



Sant

Mr. Jataj Dani
Chairperson
Sports, Physical Education, Fitness and Leisure Sector Skill Council

Date of Issuance 09/09/2021
System Identification Number
NON-PMKVY2021-2022/TP052108/TC133482/B274536/CAN_13790389



I102PVC4C16WEQ12



ZUMBA®
INSTRUCTOR
NETWORK



ID# 1609101

Prasad Sasupalli

saspr431@gmail.com

Licensed to teach:

Member since: February, 2018

Valid through: September, 2021



Zumba

This confirms that the above named instructor is an official member of ZIN®, The Zumba® Instructor Network.

To verify that an instructor is licensed to teach Zumba® or Zumba specialty classes, simply visit zumba.com and click Find an Instructor. If the instructor is listed, he or she is licensed to teach.

Reebok INSTRUCTORS ALLIANCE

Certificate of Achievement

This is to certify that

Prasad Sasupalli

has successfully completed
The certification workshop and has been certified as

REEBOK CORE PILATES TRAINER

In witness whereof we attach our names and the seal of the company

Vinata Shetty

Vinata Shetty
Reebok Master Trainer,
Reebok Instructors Alliance

Bindya V Shetty

Bindya Vishwasrao Shetty
Pilates Master Trainer
Reebok Instructors Alliance

30th Sept 2018

Date (Valid for 5 yrs)

