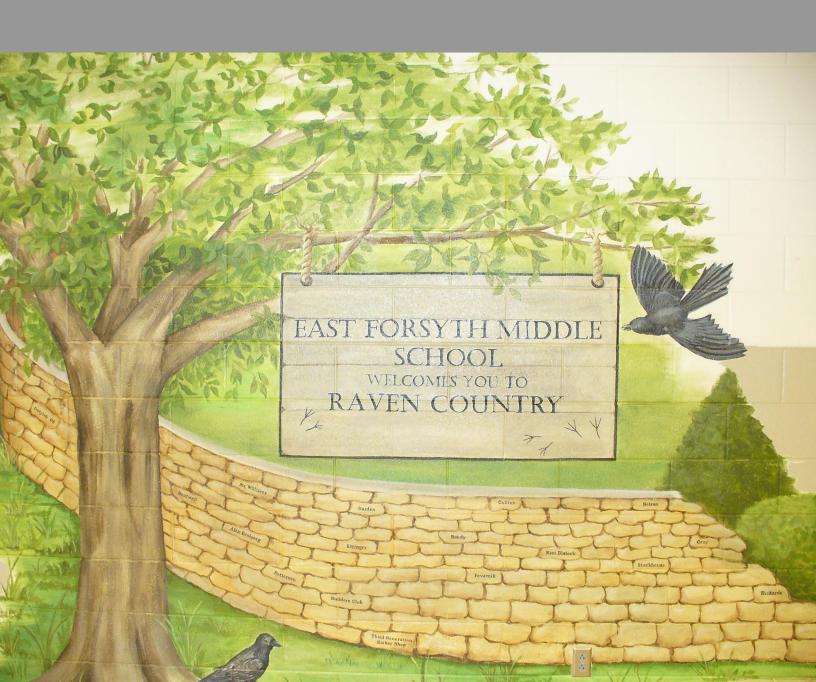




EFM Workbook for Students



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Earl Anderson Jean Brainard, Ph.D. (JBrainard)

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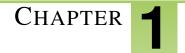
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Motion Worksheets

Chapter Outline

- 1.1 DISTANCE AND DIRECTION
- 1.2 SPEED AND VELOCITY
- 1.3 ACCELERATION

1.1 Distance and Direction

Lesson 12.1: True or False						
Name		_ Class	D)ate		
Detern	nine if the following st	atements are ti	rue or false.			
	1. Direction is as important as distance in describing motion.					
	2. Most foot races are measured in meters.					
	3. Motion is generally	defined as an	increase in d	istance.		
	4. Direction is the len	gth of the route	e between tw	o points.		
	5. A vector is any quantity that has no units of measurement.					
	6. Motion is a vector when it includes only direction.					
7. You could measure distances with a metric ruler.						
8. Words that describe direction include east, up, and left.						
Less	on 12.1: Critical	Reading				
Name		_ Class	D	ate		

Frame of Reference

Assume that a school bus passes by as you stand on the sidewalk. It's obvious to you that the bus is moving. It is moving relative to you and the trees across the street. But what about to the children inside the bus? They aren't moving relative to each other. If they look only at the other children sitting near them, they will not appear to be moving. They may be able to tell that the bus is moving only by looking out the window and seeing you and the trees whizzing by.

This example shows that how we perceive motion depends on our frame of reference. Frame of reference refers to something that is not moving with respect to an observer that can be used to detect motion. For the children on the bus, if they use other children riding the bus as their frame of reference, they do not appear to be moving. But if they use objects outside the bus as their frame of reference, they can tell they are moving.

Ouestions

- 1. Define frame of reference.
- 2. How does a frame of reference help an observer detect motion?

Read this passage from the text and answer the questions that follow.

3. If you were standing on a sidewalk and saw a bus go by, how could you tell that the bus was moving? What might be your frame of reference?

Definitions

Lesson 12.1	: Multiple Choice	
Name	Class	Date
Circle the letter	of the correct choice.	
1. If you wer	re riding on a moving bus, whi	nich frame of reference would allow you to detect the motion?
b. trees c. the s	r people sitting on the bus soutside the bus windows teats on the bus ous driver	
2. Which un	its would most likely be used	to measure the distance between two cities?
a. millib. centic. meted. kilor	imeters ers	
3. To find the	e distance of a route that chang	iges direction, you must
b. calcu c. add d. subt	ider only the distance traveled ulate the average distance trave up all the distances traveled in ract the starting distance from h distance and direction are co	veled in one direction. In different directions. In the ending distance.
a. is alv	ways measured in meters. not be calculated. force of nature.	
		points on a map, you can use a ruler and
a. a conb. the cc. a she		r and an anary, you can also assure and
6. To explain	how to get from point A to p	point B, you must describe both the distance and the
a. speeb. lengc. miled. direc	th. age.	
Lesson 12.1	: Matching	
Name	Class	Date

_____1. something that is not moving with respect to an observer that can be used to detect motion

		Date		
7. The length of	Critical Writing			
1. The perceptio 2. A vector can be a speed is one with the second secon	n of motion depends on a be used to represent both t is used to represent a way to measurets in track and field are na ctor arrow for motion a vector arrow for motion	person's he distance and vector med for their ats represents	of motion. 	
	Fill in the BlankClass	Date	_	
g. position				
f. direction				
e. meter				
d. vector				
c. motion				
b. frame of referenc	e			
a. distance				
Terms				
7. SI unit for	distance			
6. length of t	he route between two poin	nts		
5. line along	which something moves			
	position			
4. change in				
3. location 4. change in				

www.ck12.org

Explain why motion is a vector.

1.1. Distance and Direction

Velocity

1.2 Speed and Velocity

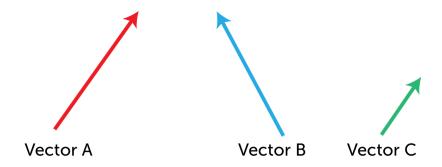
Lesson 12.2:	True or False				
Name	Class	Date			
Determine if the f	following statements are true	e or false.			
1. Speed do	epends on both distance and	l direction.			
2. It is easi	ier to calculate average speed	d than instantaneous speed.			
3. The slop	pe of a distance-time graph r	represents the direction of n	motion.		
4. Velocity	is the scientific term for spe	eed.			
5. Speed ca	an only be greater than or eq	qual to zero.			
6. Objects	moving at the same speed al	lways have the same veloci	ity.		
7. Average	7. Average speed can be calculated from a distance-time graph.				
8. Speed ed	8. Speed equals distance multiplied by time.				
9. A chang	ge in speed can occur withou	it a change in velocity.			
10. A chan	nge in velocity can occur wit	thout a change in speed.			
Lesson 12.2:	: Critical Reading				
Name	Class	Date			
Read this passage	e from the text and answer th	he questions that follow.			

Speed tells you only how fast an object is moving. It doesn't tell you the direction the object is moving. The measure of both speed and direction is called velocity. Velocity is a vector, or a measure that has both size and direction. In the case of velocity, size refers to speed. Like other vectors, velocity can be represented by an arrow. The length of

The three arrows shown below represent the velocities of three different objects. Vectors A and B are the same length but point in different directions. They represent objects moving at the same speed but in different directions. Vector C is shorter than vector A or B but points in the same direction as vector A. It represents an object moving at

the arrow represents speed, and the way the arrow points represents direction.

a slower speed than A or B but in the same direction as A.



If two objects are moving at the same speed and in the same direction, they have the same velocity. If two objects are moving at the same speed but in different directions (like A and B above), they have different velocities. If two objects are moving in the same direction but at different speeds (like A and C), they have different velocities.

Questions

- 1. What is velocity?
- 2. How does velocity differ from speed?
- 3. Explain why velocity, but not speed, is a vector.
- 4. Describe how to use an arrow to represent the velocity of a moving object.

Lesson 12.2: Multiple Choice

Name	Class	Date
------	-------	------

Circle the letter of the correct choice.

- 1. When calculating average speed, the symbol δd represents the
 - a. change in distance.
 - b. change in direction.
 - c. instantaneous distance.
 - d. division of distance by time.
- 2. If you run a 100-meter race in 20 seconds, what is your average speed during the race?
 - a. 20 m/s
 - b. 10 m/s
 - c. 5 m/s
 - d. 2 m/s
- 3. Tony ran at a constant speed of 10 m/s for a total of 60 seconds. How far did he run?
 - a. 6 m
 - b. 60 m
 - c. 600 m
 - d. 6000 m
- 4. If you use an arrow to represent velocity, what does the length of the arrow represent?
 - a. time
 - b. speed
 - c. distance
 - d. direction
- 5. Which choice(s) could represent the velocity of a moving car?

- a. 80 mi/h
- b. 40 km/h
- c. 50 km/h north
- d. all of the above
- 6. Which quantity is a vector?
 - a. speed
 - b. velocity
 - c. direction
 - d. distance
- 7. If speed is constant, velocity
 - a. must be zero.
 - b. must be constant.
 - c. can be changing.
 - d. none of the above

Lesson	12.2:	Matchi	na

Lesson 12.2: Mate	cning			
Name	Class	Date		
Match each definition wi	ith the correct term.			
Definitions				
1. measure of bot	th speed and direction			
2. distance ÷ spe	ed			
3. speed of a mov	ing object at a given n	noment		
4. speed × time				
5. general term for	or how quickly or slow	ly something moves		
6. total distance to	raveled divided by the	time it took to travel t		
7. steepness of a	graph line			
Terms				
a. speed				
b. velocity				
c. instantaneous speed				
d. average speed				
e. slope				
f. distance				
g. time				
Lesson 12.2: Fill	in the Blank			
Name	Class	Date		

1.2. Speed and Velocity www.ck12.org

Fill in the blank with the appropriate term.	Fill	in the	blank	with	the	appropriate term.
--	------	--------	-------	------	-----	-------------------

1.	The SI unit for speed is						
2.	The slope of a distance-time graph represents the of a moving object.						
3.	Change in distance divided by change in time equals speed.						
4.	A straight line on a distance-time graph represents a(n) speed.						
5.	5. A horizontal line on a distance-time graph represents a speed of						
6.	The velocity of a moving object is constant only if the object's speed and are unchanging.						
7.	7. Velocity is a vector because it includes both size and						
Les	son 12.2: Critical Writing						
Nam	e Class Date						

Thoroughly answer the question below. Use appropriate academic vocabulary and clear and complete sentences.

If you know that a moving object has a constant velocity, you can predict correctly where it will be after a given amount of time. However, if you know only that the object has a constant speed, you cannot predict where it will be. Explain why.

1.3 Acceleration

Lesson 12.3: True or False							
Name Class Date							
Determine if the following statements are true or false.							
1. Acceleration occurs only when there is a change in spec	ed.						
2. It is easier to calculate acceleration when both speed an	2. It is easier to calculate acceleration when both speed and direction are changing.						
3. The y-axis of a velocity-time graph represents distance	3. The y-axis of a velocity-time graph represents distance traveled.						
4. If a velocity-time graph slopes downward to the right, the	nen acceleration is negative.						
5. If velocity is not changing, then acceleration is zero.							
6. A change in direction with or without a change in speed	l is velocity.						
7. If the slope of a velocity-time graph is a straight line, the	en velocity must be constant.						
Lesson 12.3: Critical Reading							
Name Class Date							
Read this passage from the text and answer the questions that fol	low.						
Defining Acceleration							
Acceleration is a measure of the change in velocity of a movin Acceleration may reflect a change in speed, a change in direction (speed) and direction, it is a vector.							
People commonly think of acceleration as in increase in speed, becase, acceleration is negative. Negative acceleration is called decin speed is acceleration as well.							
Questions							
 Define acceleration. What is deceleration? Give an example. How can acceleration occur when speed is constant? 							
Lesson 12.3: Multiple Choice							
Name Class Date							
Circle the letter of the correct choice.							

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1.3. Acceleration www.ck12.org 1. Acceleration shows a. how quickly an object travels. b. the direction in which an object moves. c. how far an object travels in a given time. d. how quickly an object's velocity changes. 2. Which of the following is an example of acceleration? a. a change in direction b. an increase in speed c. a decrease in speed d. all of the above 3. If you are riding in a car that decelerates suddenly, you will feel your body a. pressed backward. b. pushed to the side. c. thrust forward. d. none of the above 4. To calculate acceleration without a change in direction, you should use the formula a. $acceleration = \delta v + \delta t$ b. acceleration = $\delta t/\delta v$ c. acceleration = $\delta v/\delta t$ d. acceleration = $\delta v \times \delta t$ 5. When Sara ran a race on a straight track, her speed changed from 3 m/s to 6 m/s over a time period of 3 seconds. What was her acceleration during that time? a. 3 m/s^2 b. 1 m/s^2 c. 2 m/s^2 d. none of the above 6. What does a velocity-time graph represent? a. how velocity changes over time b. how distance changes over time c. acceleration d. two of the above 7. If speed decreases, then acceleration is a. zero. b. positive. c. negative. d. between 0 and 1. Lesson 12.3: Matching

_					
Name	Class	Date			
Match each definit	ion with the correct term.				
Definitions					
1. speed plu	s direction of motion				

What is a velocity-time graph, and how does it represent acceleration?



Forces Worksheets

Chapter Outline

- 2.1 WHAT IS FORCE?
- 2.2 FRICTION
- 2.3 GRAVITY
- 2.4 ELASTIC FORCE

2.1 What is Force?

Name	Class	Date	
Determine if the follo	wing statements are tru	e or false.	
1. Mass is a m	easure of the force of gr	ravity on an object.	
2. Most object	s have at least two force	es acting on them at all times.	
3. If opposing	forces are unequal in st	rength, the net force is less than zero.	
4. The SI unit	for weight is the newtor	n.	
5. When two f	orces act on an object ir	n the same direction, the net force equals zero.	
6. When force	s act in opposite direction	ons on an object, they are subtracted to yield the net force.	
7. Every sport	involves forces.		
8. Forces are a	lways balanced when th	hey act on an object in the same direction.	
9. Whenever a	n object is stationary, it	has no forces acting on it.	
10. Two forces	s acting in the same dire	ection always result in a stronger force.	
Lesson 13.1: C	ritical Reading		
Name	Class	Date	

Forces Acting in Opposite Directions

When two forces act on an object in opposite directions, the net force is equal to the difference between the two forces. The net force is calculated by subtracting the lesser force from the greater force. How opposing forces affect the motion of an object depends on whether the forces are balanced or unbalanced.

- If opposing forces are balanced, they are equal in strength and the net force is zero. With a net force of zero acting on an object, its motion does not change. If it isn't moving, it remains stationary. If it is moving, its speed and direction do not change.
- If opposing forces are unbalanced, they are not equal in strength and the net force is greater than zero. With a net force greater than zero acting on an object, its motion changes. If it is stationary, it starts moving. If it is already moving, its speed or direction changes.

Questions

- 1. How is net force calculated when two forces act on an object in opposite directions?
- 2. How do opposing forces affect the motion of an object if the forces are balanced?
- 3. How do unbalanced forces affect an object's motion?

Read this passage from the text and answer the questions that follow.

2.1. What is Force? www.ck12.org

Lesson 13.1: Multiple Choice

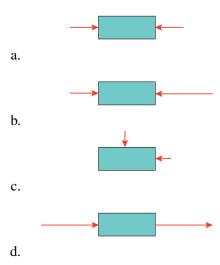
Name_____ Class____ Date____

Circle the letter of the correct choice.

- 1. Force can cause a
 - a. stationary object to start moving.
 - b. moving object to change speed.
 - c. moving object to change direction.
 - d. all of the above
- 2. Examples of forces include
 - a. motion.
 - b. friction.
 - c. acceleration.
 - d. two of the above
- 3. If gravity pulls you down toward the center of Earth with a force of 500 N, how much upward force does the ground exert on you?
 - a. 0 N
 - b. 50 N
 - c. 500 N
 - d. none of the above
- 4. In the following sketch, what is the net force acting on the box?



- a. 5 N to the right
- b. 5 N to the left
- c. 15 N to the right
- d. 15 N to the left
- 5. Which diagram represents balanced forces?



6. Which pair of	forces in question 5 diffe	er from each other in both strength and direction?
a. a		
b. b		
c. c d. d		
	forces in question 5 prod	duces a net force of zero?
a. a	•	
b. b		
c. c d. d		
d. d		
Lesson 13.1: N	latching	
Name	Class	Date
Match each definition	n with the correct term.	
Definitions		
1. combination	on of all the forces acting	on an object
2. force that a	a person or thing exerts or	n to an object
3. push or pul	ll acting on an object	
4. forces that	produce a net force of ze	ero
5. example of	a force	
6. SI unit for	force	
7. forces that	produce a net force great	ter than zero
Terms		
a. force		
b. unbalanced forces	;	
c. net force		
d. applied force		
e. newton		
f. gravity		
g. balanced forces		
Lesson 13.1: F	ill in the Blank	
Name	Class	Date
Fill in the blank with	the appropriate term.	
1 Whomovou 41	mation of an abject about	ngas has been applied
		nges, has been applied. as both size and direction.

2.1. What is Force? www.ck12.org

3.	The amount of force needed to cause a mass of 1 kilogram to accelerate at 1 m/s ² is _	
4.	How a force affects an object's motion depends on the strength of the force and the _	of the object.
5.	If force is represented by an arrow, the length of the arrow represents the	of the force.
6.	When unequal and opposite forces act on an object, the forces are said to be	·
7.	When two forces act on an object in the same direction, the net force equals the	of the two forces.
_		
Less	son 2.1: Critical Writing	
Name	Class Date	

Thoroughly answer the question below. Use appropriate academic vocabulary and clear and complete sentences.

Forces can act on an object in the same direction or in opposite directions. How does each situation affect the motion of the object?

2.2 Friction

Name	Class	Date	
Determine if the follo	owing statements are true	e or false.	
1. Friction is a	never useful.		
2. Too much f	riction can cause parts to	o wear out.	
3. Friction car	n cause scrapes on the sk	in.	
4. Some surfa	ces are so smooth that th	ney have no friction.	
5. You use frid	ction when you strike and	d light a match.	
6. It takes more	re force to slide than to re	oll a heavy object.	
7. Friction wo	orks in the same direction	as the force applied to move an object.	
8. When a dol	ly is stationary, there is r	rolling friction between the wheels and ground.	
9. Static friction	on prevents you from slie	ding out of your chair to the floor.	
10. The brake	s on a bike create rolling	friction.	
Lesson 13.2: C	ritical Reading		
Name	Class	Date	

What Is Friction?

Friction is a force that opposes motion between two surfaces that are touching. Friction can work for or against us. For example, putting sand on an icy sidewalk increases friction so you are less likely to slip. On the other hand, too much friction between moving parts in a car engine can cause the parts to wear out.

Friction occurs because no surface is perfectly smooth. Even surfaces that look smooth to the unaided eye appear rough or bumpy when viewed under a microscope. For example, new metal pipes are so smooth that they are shiny. But if you examine the metal under a high-power microscope, the surface appears to be bumpy. All those mountains and valleys catch and grab the mountains and valleys of any other surface that contacts the metal. This creates friction.

Questions

- 1. Define friction.
- 2. Give an example of friction that is useful and friction that is not useful.

Read this passage from the text and answer the questions that follow.

3. Explain what causes friction.

2.2. Friction www.ck12.org

Lesson	13.	2:	Mu	Itip	le	Cho	ice
--------	-----	----	----	------	----	-----	-----

Name	Class	Date
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Circle the letter of the correct choice.

- 1. Friction occurs because
 - a. all surfaces have some roughness.
 - b. surfaces in contact generate heat.
 - c. chemical reactions take place when surfaces touch.
 - d. none of the above
- 2. Which factors affect friction?
 - a. roughness of the surfaces
 - b. area of the surfaces
 - c. force of weight pressing on the surfaces
 - d. all of the above
- 3. If you pick up and carry a piece of heavy furniture, which type of friction do you have with the floor?
 - a. static friction
 - b. lifting friction
 - c. sliding friction
 - d. rolling friction
- 4. Why is it easier to slide a heavy box over a floor that it is to start it sliding in the first place?
 - a. The box is lighter when it is sliding.
 - b. The box has less mass when it is moving.
 - c. The box has no friction when it is stationary.
 - d. The box has less friction when it is sliding.
- 5. Which statement about rolling friction is false?
 - a. It would be hard to ride a bike without it.
 - b. It occurs when ball bearings are used.
 - c. It is stronger than sliding friction.
 - d. It is weaker than static friction.
- 6. A skydiver uses a parachute to
 - a. increase air resistance.
 - b. cushion the landing.
 - c. slow the descent.
 - d. two of the above
- 7. Which type of friction occurs between a paddle and the water?
 - a. static friction
 - b. sliding friction
 - c. fluid friction
 - d. rolling friction

Lesson 13.2: Matching

Name	Class	Date
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Match each definiti	on with the correct term.		
Definitions			
1. type of fri	iction between ice skates a	and ice	
2. any substa	ance that can flow and take	e the shape of its container	
3. force that	opposes motion between	any two surfaces	
4. type of fri	iction between shoes and p	pavement	
5. type of fri	iction between a parachute	e and air	
6. type of fri	iction between roller skate	es and concrete	
7. type of fri	iction between an object a	nd a gas or liquid	
Terms			
a. friction			
b. static friction			
c. air resistance			
d. fluid			
e. sliding friction			
f. fluid friction			
g. rolling friction			
Lesson 13.2:	Fill in the Blank Class	Date	
	th the appropriate term.		
3. Increasing th45. When you w6. Sliding friction	cts have frict e area of surfaces that are	touching friction between them. bjects that are not moving friction.	
Lesson 13.2:	Critical Writing		
Name	Class	Date	
Thoroughly answer	the question below. Use a	appropriate academic vocabulary and clear and complete se	entences.
_	h which you are familiar, hindrance to the players?	and describe at least two ways that friction occurs in the sp Explain why.	oort. Is the

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2.3. Gravity www.ck12.org

2.3 Gravity

Name	Class	Date	
Determine if the follo	owing statements are true	or false.	
1. Satellites or	bit Earth because of grav	rity.	
2. An object h	as a greater mass on Ear	h than it does on the moon.	
3. Molecules of	of gas are attracted towar	d one another by gravity.	
4. The mass of	f an object affects its force	e of gravity.	
5. Objects that	t are closer together have	a weaker force of gravity.	
6. All objects	have the same acceleration	on due to gravity.	
7. The curved	path of an arrow is called	l its orbit.	
8. The moon h	nas both forward velocity	and acceleration toward Earth.	
9. Einstein's tl	neory of gravity is better	than Newton's law of gravity at predicting how	all objects move.
10. Einstein de	efined gravity as a force	of attraction between objects with mass.	
Lesson 13.3: C	ritical Reading		
Name	Class	Date	

Newton, Einstein, and Gravity

Read this passage from the text and answer the questions that follow.

People have known about gravity for thousands of years. After all, they constantly experienced gravity in their daily lives. They knew that things always fall toward the ground. However, it wasn't until the late 1600s that Sir Isaac Newton developed his law of gravity. Newton was the first one to suggest that gravity is universal, that all objects in the universe are attracted to each other. That's why Newton's law of gravity is called the law of universal gravitation. Newton's law also states that more massive objects and objects that are closer together have a greater force of attraction.

Newton's law of gravity can predict the motion of most but not all objects. In the early 1900s, Albert Einstein came up with a theory of gravity that is better at predicting how all objects move. Einstein showed mathematically that gravity is not really a force in the sense that Newton thought. Instead, gravity is a result of the warping, or curving, of space and time. Imagine a bowling ball pressing down on a trampoline. The surface of the trampoline would curve downward instead of being flat. Einstein theorized that Earth and other massive objects affect space and time around them in a similar way. According to Einstein, objects curve toward one another because of the curves in space and time, not because they are pulling on each other with a force of attraction as Newton thought.

Questions

- 1. State Newton's law of universal gravitation.
- 2. How does Einstein's theory of gravity differ from Newton's law of gravity?

Lesson	13.3:	Multip	le C	hoice
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Name	Class	Date
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Circle the letter of the correct choice.

- 1. Gravity always causes objects to
 - a. repel each other.
 - b. circle each other.
 - c. attract each other.
 - d. two of the above
- 2. Unlike friction, gravity
 - a. is a force.
 - b. acts over a distance.
 - c. acts between objects that are not touching.
 - d. two of the above
- 3. What does weight measure?
 - a. size
 - b. mass
 - c. force
 - d. volume
- 4. Jody has a mass of 50 kilograms. What is his weight on Earth?
 - a. 5 N
 - b. 50 N
 - c. 500 N
 - d. 5000 N
- 5. There is gravity between you and
 - a. Earth.
 - b. the moon.
 - c. your desk.
 - d. all of the above
- 6. The moon orbits Earth rather than the sun because
 - a. the sun's gravity is weaker than Earth's.
 - b. the moon is smaller than Earth.
 - c. Earth already orbits the sun.
 - d. the moon is closer to Earth.
- 7. An object with greater mass
 - a. has greater acceleration when it falls.
 - b. has a weaker force of gravity.
 - c. is less affected by gravity.
 - d. has greater weight.

2.3. Gravity www.ck12.org

Lesson 13.3: Matching
Name Class Date
Match each definition with the correct term.
Definitions
1. SI unit for weight
2. motion of an object subject to horizontal force and the force of gravity
3. force of attraction between two masses
4. scientist who proposed that gravity is due to curves in space and time
5. measure of the force of gravity
6. path of one object around another, such as the moon around Earth
7. scientist who proposed the law of universal gravitation
Terms
a. gravity
b. Isaac Newton
c. orbit
d. weight
e. projectile motion
f. Albert Einstein
g. newton
Lesson 13.3: Fill in the Blank
Name Class Date
Fill in the blank with the appropriate term.
 The force that created the solar system is On Earth, a mass of 1 kilogram has weight of about A scale is a device that measures was the first to suggest that gravity affects all objects in the universe. Because of gravity, objects accelerate toward Earth at a rate of An arrow shot straight ahead from a bow has motion. The moon has motion because of its forward velocity and acceleration due to Earth's gravity.
Lesson 13.3: Critical Writing Name Class Date

Thoroughly answer the question below. Use appropriate academic vocabulary and clear and complete sentences.

Explain why you would weigh less on the moon than you do on Earth.

2.4. Elastic Force www.ck12.org

2.4 Elastic Force

Lesson 13.4:	True or False	
Name	Class	Date
Determine if the fo	llowing statements are true	e or false.
1. Somethin	ng that is elastic springs bac	ck after being stretched.
2. An elasti	c material resists a change	in shape.
3. Elastic fo	orce is not very useful.	
4. When yo	u use a resistance band, res	sistance comes from elastic force.
5. Glass is a	an example of an elastic ma	aterial.
Lesson 13.4:	Critical Reading	
Name	Class	Date
Read this passage	from the text and answer th	he questions that follow.
Elasticity and Ela	stic Force	
elasticity. As you in the opposite dir	stretch or compress an ela ection. This force is called	ginal shape after being stretched or compressed. This property is astic material, it resists the change in shape. It exerts a countered elastic force. Elastic force causes the material to spring back impressing force is released.
Questions		
 Define elasti What is elasti If you stretch 	tic force?	irection is elastic force exerted?
Lesson 13.4:	Multiple Choice	
Name	Class	Date
Circle the letter of	the correct choice.	
1. Items that ar	re elastic include	
a. metal v	vires.	

b. concrete blocks.c. plastic spring toys.

- d. all of the above
- 2. A rubber band keeps a newspaper tightly rolled because it
 - a. can be tied tightly.
 - b. exerts elastic force.
 - c. is unbreakable.
 - d. none of the above
- 3. When you compress a spring, it
 - a. resists the change in shape.
 - b. exerts a force in the same direction.
 - c. permanently changes to a new shape.
 - d. two of the above
- 4. Springs are used in
 - a. beds.
 - b. cars.
 - c. scales.
 - d. all of the above
- 5. What happens when the stretching force on an elastic material is released?
 - a. The material breaks.
 - b. The material remains stretched out.
 - c. The material starts to exert elastic force.
 - d. The material snaps back to its original shape.

	40.4		
Lesson	13.4:	Matc	hına

d. elasticity

e. spring

Name	Class	Date	
Match each definitio	n with the correct term.		
Definitions			
1. force exert	ed on a material that is pul	lled apart	
2. structure th	nat returns to its original sh	hape after being stretche	d or compressed
3. force exert	ed on a material that is pus	shed together	
4. counter for	ce exerted by an elastic m	naterial that is stretched of	or compressed
5. ability of a	material to return to its or	riginal shape after being	stretched or compressed
Terms			
a. elastic force			
b. stretching force			
c. compressing force	3		

2.4. Elastic Force www.ck12.org

Lesson 13.4:	Fill in the Blank	
Name	Class	Date
Fill in the blank w	ith the appropriate term.	
2	force causes a stretchy mat	
Lesson 13.4:	Critical Writing	
Name	Class	Date
Thoroughly answe	er the question below. Use ap	propriate academic vocabulary and clear and complete sentences.
Describe three way	ys that you commonly use el	astic force. In each case, identify the job done by elastic force.



Newton's Laws of Motion Worksheets

Chapter Outline

- 3.1 Newton's First Law
- 3.2 Newton's Second Law
- 3.3 Newton's Third Law

3.1. Newton's First Law www.ck12.org

3.1 Newton's First Law

Name	Class	Date	
Determine if the follow	ving statements are tri	rue or false.	
1. Inertia is the	tendency of an object	t to resist motion.	
2. Newton's first	st law of motion is also	so called the law of acceleration.	
3. If an object is	s at rest, inertia will k	keep it at rest.	
4. The inertia of	f an object is determin	ned by its speed.	
5. The speed of	an object changes on	aly when it is acted on by an unbalanced force.	
6. A stationary	object resists moveme	ent only because of gravity.	
7. The tendency	of an object to resist	t a change in motion depends on its mass.	
8. If the net for	ce acting on an object	t is zero, its inertia is also zero.	
9. When you ar	e moving at a high rat	te of speed, inertia makes is hard to stop.	
10. Newton's fi	rst law of motion appl	olies only to objects that are already moving.	
L 2000 pt 4.4 d 2 Ov	itical Deading		
Lesson 14.1: Cr	itical Reading		
Name	Class	Date	

Inertia

Inertia is the tendency of an object to resist a change in its motion. If an object is already at rest, inertia will keep it at rest. If the object is already moving, inertia will keep it moving. Think about what happens when you are riding in a car that stops suddenly. Your body moves forward on the seat. Why? The brakes stop the car but not your body, so your body keeps moving forward because of inertia. That's why it's important to always wear a seat belt.

The inertia of an object depends on its mass. Objects with greater mass also have greater inertia. Think how hard it would be to push a big cardboard box full of books. Then think how easy it would be to push the box if it was empty. The full box is harder to move because it has greater mass and therefore greater inertia.

Ouestions

- 1. What is inertia?
- 2. Describe how inertia affects motion.
- 3. What is the relationship between mass and inertia?

Read this passage from the text and answer the questions that follow.

a. the net force a	Class	Date	
1. Newton's first law of a. the net force a			
a. the net force a	of motion states that		
	acting on it is greate ues to be applied to ronger than the app	the object.	
2. Overcoming an object	ect's inertia always	requires a(n)	
a. large mass.b. massive force.c. unbalanced fod. two of the abo	rce.		
3. It is more difficult greater	to start a 50-kg box	x sliding across the floor than a 5-kg box because the 50-kg	g box has
a. size.b. inertia.c. volume.d. velocity.			
4. Once an object starr	ts moving along a c	lear path, it would keep moving at the same velocity if it wer	e not for
a. inertia.b. friction.c. an unbalancedd. two of the abo			
5. An object's velocity	will not change un	lless it is acted on by a(n)	
a. net force.b. strong force.c. unbalanced fod. opposite but e			
6. The direction of a na. greater than zeb. less than zeroc. zerod. two of the abo	ero.	ot change if the net force acting on it is	
Lesson 14.1: Matc	hing		
Name	Class	Date	

_____1. combination of all the forces acting on an object

3.1. Newton's First I	_aw		www.ck12.org
2. force that o	pposes the motion of a	any object	
3. an object's	motion will not chang	ge unless an unbalanced fo	orce acts on it
4. factor that d	letermines the inertia	of an object	
5. type of forc	e needed to overcome	inertia of an object	
6. tendency of	an object to resist a c	hange in motion	
Terms	·		
a. inertia			
b. unbalanced force			
c. friction			
d. law of inertia			
e. mass			
f. net force			
Lesson 14.1: Fi		D .	
Name	Class	Date	_
 Newton's first 1 An object at re When the car y Objects with gr If an object is r Once objects st 	st will stay at rest unler you are riding in stops reater mass have not moving, tart moving,	called the law of force suddenly, you move forw	e acts on it. vard because of n stationary.
Lesson 14.1: C	ritical Writing		
Name	Class	Date	_
Thoroughly answer th	he auestion helow Us	e annronriate academic v	vocabulary and clear and complete sentences.

Thoroughly answer the question below. Use appropriate academic vocabulary and clear and complete sentences

Explain how Newton's first law of motion is related to the concept of inertia.

3.2 Newton's Second Law

Lesson 14.2:	True or False		
Name	Class	Date	
Determine if the fol	lowing statements are tru	ve or false.	
1. The relation	onship between mass and	inertia is described by Newton	n's second law of motion.
2. Newton de	etermined that there is a d	lirect relationship between for	ce and mass.
3. Any chang	ge in velocity for any reas	son is called acceleration.	
4. The greate	er the net force applied to	a given object, the more it wil	l accelerate.
5. The greate	er the mass of an object, the	he more it will accelerate whe	n a given net force is applied to it.
6. A net forc	e of 1 N applied to a mas	s of 1 kg results in an accelera	tion of 0.5 m/s^2 .
7. Your weig	tht equals your mass mult	tiplied by the acceleration due	to gravity.
8. A 10-kg o	bject has greater accelera	ation due to gravity than a 5-kg	object.
9. The accele	eration of an object equals	s its mass times the net force a	applied to it.
10. The acce	eleration of an object due	to gravity depends on the object	ct's initial velocity
Lesson 14.2: (Critical Reading		
Name	Class	Date	
Read this passage f	rom the text and answer t	he questions that follow.	

Acceleration and Weight

Newton's second law of motion explains the weight of objects. Weight is a measure of the force of gravity pulling on an object of a given mass. It's the force (F) in the acceleration equation that was introduced above:

$$a = \frac{F}{m}$$

This equation can also be written as:

$$F = m \times a$$

The acceleration due to gravity of an object equals 9.8 m/s^2 , so if you know the mass of an object, you can calculate its weight as:

$$F = m \times 9.8 \text{ m/s}^2$$

3.2. Newton's Second Law www.ck12.org

As this equation shows, weight is directly related to mass. As an object's mass increases, so does its weight. For example, if mass doubles, weight doubles as well.

Questions

- 1. Define weight.
- 2. How is the weight of an object related to its mass?
- 3. If an object has a mass of 50 kg, what is its weight?

Lesson	14.2:	Multip	le	Choi	се
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Name	Class	Date

Circle the letter of the correct choice.

- 1. An object is accelerating when it
 - a. speeds up.
 - b. slows down.
 - c. changes direction.
 - d. any of the above
- 2. Newton's second law of motion relates an object's acceleration to
 - a. its mass.
 - b. its velocity.
 - c. the net force acting on it.
 - d. two of the above
- 3. Doubling the net force acting on an object
 - a. doubles its acceleration.
 - b. decreases it acceleration.
 - c. cuts its acceleration in half.
 - d. does not affect its acceleration.
- 4. If you push a 20-kilogram mass with a force of 40 N, what will be the object's acceleration?
 - a. 40 m/s^2
 - b. 20 m/s^2
 - c. 10 m/s^2
 - d. 2 m/s^2
- 5. Which units can be used to express force?
 - a. N
 - b. kg/s^2
 - c. $kg \cdot m/s^2$
 - d. two of the above
- 6. If you know the mass of an object, you can calculate its weight with the formula
 - a. $F = m \times 9.8 \text{ m}$
 - b. $F = m \times 9.8 \text{ m/s}$
 - c. $F = m \times 9.8 \text{ m/s}^2$
 - d. $F = m \times 0.98 \text{ m/s}^2$
- 7. If the mass of an object doubles, its weight

- a. doubles.
- b. decreases.
- c. is not affected.
- d. changes by a factor of $\frac{1}{2}$.

Name Class Date	
Definitions 1. acceleration due to gravity 2. formula for weight 3. formula for acceleration 4. measure of the force of gravity pulling on an object 5. type of relationship between acceleration and mass 6. measure of the change in velocity of a moving object 7. type of relationship between acceleration and force Terms a. acceleration b. weight c. direct relationship d. $a = \frac{F}{m}$ e. inverse relationship	
1. acceleration due to gravity 2. formula for weight 3. formula for acceleration 4. measure of the force of gravity pulling on an object 5. type of relationship between acceleration and mass 6. measure of the change in velocity of a moving object 7. type of relationship between acceleration and force Terms a. acceleration b. weight c. direct relationship d. $a = \frac{F}{m}$ e. inverse relationship	
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3. formula for acceleration 4. measure of the force of gravity pulling on an object 5. type of relationship between acceleration and mass 6. measure of the change in velocity of a moving object 7. type of relationship between acceleration and force Terms a. acceleration b. weight c. direct relationship d. $a = \frac{F}{m}$ e. inverse relationship	
4. measure of the force of gravity pulling on an object 5. type of relationship between acceleration and mass 6. measure of the change in velocity of a moving object 7. type of relationship between acceleration and force Terms a. acceleration b. weight c. direct relationship d. $a = \frac{F}{m}$ e. inverse relationship	
5. type of relationship between acceleration and mass 6. measure of the change in velocity of a moving object 7. type of relationship between acceleration and force Terms a. acceleration b. weight c. direct relationship d. $a = \frac{F}{m}$ e. inverse relationship	
6. measure of the change in velocity of a moving object 7. type of relationship between acceleration and force Terms a. acceleration b. weight c. direct relationship d. $a = \frac{F}{m}$ e. inverse relationship	
7. type of relationship between acceleration and force Terms a. acceleration b. weight c. direct relationship d. $a = \frac{F}{m}$ e. inverse relationship	
Terms a. acceleration b. weight c. direct relationship d. $a = \frac{F}{m}$ e. inverse relationship	
a. acceleration b. weight c. direct relationship d. $a = \frac{F}{m}$ e. inverse relationship	
b. weight c. direct relationship d. $a = \frac{F}{m}$ e. inverse relationship	
c. direct relationship $d. \ a = \frac{F}{m}$ e. inverse relationship	
d. $a = \frac{F}{m}$ e. inverse relationship	
e. inverse relationship	
•	
f. $F = m \times a$	
g. 9.8 m/s^2	
Lesson 14.2: Fill in the Blank	
Name Class Date	
Fill in the blank with the appropriate term.	
1 occurs whenever an object is acted upon by an unbalanced for	orce.
2. The acceleration of an object is determined by the net force acting on the o	· ·
3. Newton's second law of motion shows that there is a direct relationship bet4. One newton is the force needed to cause a 1-kilogram mass to accelerate a	
5. There is a(n) relationship between an object's weight and its	at
6. To calculate weight from acceleration and mass, mass must be expressed in	mass.

Lesson '	14.2:	Critical	Writing
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Name	Class	Date
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Thoroughly answer the question below. Use appropriate academic vocabulary and clear and complete sentences.

Explain how Newton's second law of motion can be used to calculate the acceleration of an object.

3.3 Newton's Third Law

Name	Class	Date	
Determine if the following	statements are tri	ue or false.	
1. Forces always act	in pairs.		
2. Action and reaction	on forces always	cancel out.	
3. Action and reaction	on forces always	result in motion.	
4. Only moving objection	ects have moment	tum.	
5. A smaller mass ca	annot have as mu	ch momentum as a larger mass.	
6. Momentum can b	e transferred from	m one object to another.	
7. When an action a	nd reaction occur	r, momentum is usually lost.	
8. Momentum is con	nserved only in he	ead-on collisions.	
9. Newton's third la	w of motion is als	so called the law of conservation of momentum.	
10. Momentum is an	nother term for ac	cceleration.	
Lesson 14.3: Critica	al Reading		
Name	Class	Date	

Action and Reaction

Newton's third law of motion states that every action has an equal and opposite reaction. This means that forces always act in pairs. First an action occurs, such as two skateboarders pushing together. Then a reaction occurs that is equal in strength to the action but in the opposite direction. In the case of the skateboarders, they move apart, and the distance they move depends on how hard they first pushed together.

You might think that actions and reactions would cancel each other out like balanced forces do. Balanced forces, which are also equal and opposite, cancel out because they act on the same object. Action and reaction forces, in contrast, act on different objects, so they don't cancel out. In fact, they often result in motion.

Ouestions

- 1. What is Newton's third law of motion?
- 2. Describe an example of an action and reaction that result in motion.
- 3. Compare and contrast action-reaction forces and balanced forces.

Read this passage from the text and answer the questions that follow.

3.3. Newton's Third Law www.ck12.org

Lesson 14.3: Mul	tiple Choice		
Name	Class	Date	

Circle the letter of the correct choice.

- 1. When an action force occurs, the reaction force is always
 - a. in the same direction as the action force.
 - b. equal and opposite to the action force.
 - c. applied to the same object as the action force.
 - d. two of the above
- 2. When you stand on the floor, the force of your body pushing down on the floor is
 - a. matched by the floor pushing up on your body.
 - b. less than the reaction force applied by the floor.
 - c. a reaction to the floor pushing up.
 - d. none of the above
- 3. When a kangaroo jumps, the kangaroo's action force acts on the ground and the reaction force
 - a. is exerted by the ground.
 - b. acts on the kangaroo.
 - c. is greater than the action force.
 - d. two of the above
- 4. If the following objects are all moving at the same velocity, which of the objects has the greatest momentum?
 - a. pea
 - b. marble
 - c. volleyball
 - d. bowling ball
- 5. Momentum is directly related to
 - a. mass.
 - b. velocity.
 - c. distance.
 - d. two of the above
- 6. Momentum is a
 - a. force of nature.
 - b. form of energy.
 - c. property of an object.
 - d. measure of an object's motion.
- 7. What is the momentum of a 9-kilogram object that has a velocity of 3 m/s?
 - a. 3 kg/m/s
 - b. 6 kg/s/m
 - c. 12 kg s/m
 - d. 27 kg m/s

Lesson	14.3:	Matching

Name_____ Class____ Date____

Match each definition	on with the correct term.	
Definitions		
1. how to cal	culate momentum	
2. SI unit for	momentum	
3. equal and	opposite forces that act on	different objects
4. combined	momentum of objects rem	nains the same when an action-reaction occurs
5. property o	f a moving object that mal	kes it hard to stop
6. equal and	opposite forces that act on	the same object
7. every action	on has an equal and opposi	ite reaction
Terms		
a. momentum		
b. Newton's third la	w of motion	
c. balanced forces		
d. kg • m/s		
e. law of conservation	on of momentum	
f. action-reaction fo	rces	
g. mass \times velocity		
Lesson 14.3: F	Fill in the Blank	
Name	Class	Date
	h the appropriate term.	
	11 1	
•		ne same momentum only if they also have the same
	•	s momentum is 3 m/s has a momentum of
	ion, there is an equal and _	
•	_	nced forces because they act on objects.
		nbined is conserved.
7. If you double	the mass of a moving obje	ect, the object's momentum
Lesson 14.3: (Critical Writing	
Name	Class	Date
Thoroughly answer	the question below. Use a	appropriate academic vocabulary and clear and complete sentences.
		n movements of a soccer hall during a game of soccer



Work and Machines Worksheets

Chapter Outline

- **4.1** Work
- 4.2 MACHINES
- 4.3 SIMPLE MACHINES
- 4.4 COMPOUND MACHINES

4.1 Work

Name	Class	Date
Determine if the fo	llowing statements are true	e or false.
1. Whenever	r you move your body you	are doing work.
2. You do w	ork when you push a heav	yy object even if the object does not move.
3. Work can	be expressed in the unit N	N • m.
4. A more p	owerful device can do the	same work in less time than a less powerful device.
5. If you mo	ove an object that weighs 1	10 newtons a distance of 2 meters, you do 5 joules of wo
6. If you mo	ove the object in question 5	5 a distance of 5 meters, you do 2 joules of work.
7. A device	that does 100 joules of wo	ork in 3 seconds has 300 watts of power.
8. The unit of	called the horsepower was	introduced by James Watt.
9. A 2-horse	epower device has almost 1	1500 watts of power.
10. The mor	re force you apply to move	e an object, the more work you do.
Lesson 16.1:	Critical Reading	
Name	Class	Date
Read this passage	from the text and answer th	he auestions that follow

What Is Power?

Did you ever rake leaves? It can take a long time to do all that work. But if you use an electric leaf blower instead, you can do the job much more quickly. Both the leaf blower and the rake do the work of removing leaves from the yard, but the leaf blower has more power. That's why it can do the same amount of work in less time. Power is a measure of the amount of work that can be done in a given amount of time.

Power can be represented by the equation:

$$Power = \frac{Work}{Time}$$

In this equation, work is measured in joules and time is measured in seconds, so power is expressed in joules per second (J/s). This is the SI unit for power, also known as the watt (W). A watt equals 1 joule of work per second. You may already be familiar with watts. That's because light bulbs and small appliances such as hair dryers are labeled with the watts of power they provide. For example, a hair dryer might have 2000 watts of power. This amount of power could also be expressed kilowatts. A kilowatt equals 1000 watts, so a 2000-watt hair dryer has 2 kilowatts of power.

Questions

4.1. Work www.ck12.org

- 1. What is power?
- 2. How can power be calculated? What units are used to express power?
- 3. How does the power of a device affect the amount of work it can do?

Lesson	16.1:	Multipl	le Choice
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Name Class Date	
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Circle the letter of the correct choice.

- 1. For work to be done on an object, force must be applied
 - a. in an upward direction.
 - b. against the force of gravity.
 - c. in the same direction as gravity.
 - d. in the same direction that the object moves.
- 2. Work is directly related to the force applied to an object and to the
 - a. mass of the object.
 - b. distance the object moves.
 - c. direction of the applied force.
 - d. amount of time the force is applied.
- 3. If a mover pushes a box weighing 100 newtons a distance of 3 meters, how much work does she do?
 - a. 3 J
 - b. 33 J
 - c. 300 J
 - d. 3000 J
- 4. The power of a device can be expressed in
 - a. joules.
 - b. joules per meter.
 - c. joules per second.
 - d. none of the above
- 5. Work can be calculated as
 - a. force \times time.
 - b. force \times power.
 - c. power \times time.
 - d. power \times distance.
- 6. A device does 2000 joules of work in 10 seconds. What is the power of the device?
 - a. 20,000 W
 - b. 2000 W
 - c. 200 W
 - d. 20 W
- 7. One horsepower is the amount of work a horse can do in one
 - a. second.
 - b. minute.
 - c. hour.
 - d. day.

Lesson 16.1: Ma	tching	
Name	Class	Date
Match each definition	with the correct term.	
Definitions		
1. unit for powe	er that equals 745 watts	
2. SI unit for we	ork	
3. how to calcul	late work	
4. use of force t	o move an object	
5. how to calcul	late power	
6. SI unit for po	ower	
7. measure of the	ne amount of work that	can be done in a given amount of time
Terms		
a. joule		
b. horsepower		
c. power		
d. force × distance		
e. watt		
f. work ÷ time		
g. work		
Lesson 16.1: Fil	I in the Blank	
Name	Class	Date
Fill in the blank with the		
The the order with the	и арргорише или.	
		ve an object, the work that is done.
2. One m.	_ equals the amount of	work that is done when 1 N of force moves an object a distance of 1
	ed theequa	als 1 joule of work per second.
4. A 2000-watt ma	chine produces	kilowatts of power.
5. A more powerfu	l device can do	work in the same amount of time than a less powerful device.
	culated by multiplying	•
/. In the 1//0s,	invented the i	first powerful steam engine that began the industrial revolution.
Lesson 16.1: Cri	itical Writing	
Name	Class	Date

4.1. Work www.ck12.org

Thoroughly answer the question below. Use appropriate academic vocabulary and clear and complete sentences.

Explain why the following statement is true, and give examples to illustrate your answer: "Not all force that is used to move an object does work on the object."

4.2 Machines

Less	son 16.2: True or False
Name	Class Date
Deter	mine if the following statements are true or false.
	1. The output distance of a machine is always greater than the input distance.
	2. Using a machine increases the amount of work that is done for a given amount of force.
	3. A machine increases the applied force by increasing the distance over which the force is applied.
	4. The force you apply to a doorknob is less than the force applied by the doorknob to open the door.
	5. All machines that change the strength of the force also change the distance over which the force is applied.
	6. The actual mechanical advantage of a machine is always greater than its ideal mechanical advantage.
1.	7. If a machine's output distance is greater than the input distance, the ideal mechanical advantage is less than
	8. If a machine changes only the direction of force, its mechanical advantage is equal to 1.
	9. A lever is a machine that changes the direction of the force that is applied to it.
	10. The force applied by a machine is always greater than the force applied to the machine.
Less	son 16.2: Critical Reading
Name	Class Date

How Machines Help Us Do Work

Read this passage from the text and answer the questions that follow.

A machine is any device that makes work easier by changing a force. When you use a machine, you apply force to the machine. This force is called the input force. The machine, in turn, applies force to an object. This force is called the output force. The force you apply to a machine is applied over a certain distance, called the input distance. The force applied by the machine to the object is also applied over a certain distance, called the output distance.

Machines make work easier by increasing the amount of force that is applied, increasing the distance over which the force is applied, or changing the direction in which the force is applied. Contrary to popular belief, machines do not increase the amount of work that is done. They just change how the work is done. The work done on a machine or by a machine always equals force multiplied by distance. Because a machine doesn't change the amount of work that is done, a machine that increases force must apply the force over a shorter distance. For the same reason, a machine that increases the distance over which the force is applied must apply less force.

Questions

1. Define machine.

4.2. Machines www.ck12.org

- 2. How do machines make work easier?
- 3. If a machine increases force, why must the machine apply the force over a shorter distance?

Lesson	16.2:	Multin	ole (Choi	ce
				•	

Name	Class	Date
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Circle the letter of the correct choice.

- 1. A machine can make work easier by
 - a. increasing the amount of force that is applied.
 - b. increasing the distance over which force is applied.
 - c. changing the direction in which force is applied.
 - d. any of the above
- 2. Examples of machines that increase force include
 - a. doorknobs.
 - b. hammers.
 - c. canoe paddles.
 - d. two of the above
- 3. How does a nutcracker change the force applied to it?
 - a. It increases the force that is applied.
 - b. It increases the distance over which force is applied.
 - c. It changes the direction in which force is applied.
 - d. two of the above
- 4. A machine that increases the applied force and also changes its direction is a
 - a. hammer.
 - b. canoe paddle.
 - c. pry bar.
 - d. doorknob.
- 5. Which of the following could be the efficiency of a machine?
 - a. 200%
 - b. 150%
 - c. 100%
 - d. 75%
- 6. What is the mechanical advantage of a machine that increases the distance over which force is applied?
 - a. less than 1
 - b. equal to 1
 - c. greater than 1
 - d. greater than 2
- 7. If the output force of a machine is greater than input force, the mechanical advantage of the machine is
 - a. greater than 1.
 - b. equal to 1.
 - c. less than 1.
 - d. any of the above

_____ than one.

Lesson 16.2: M	atching		
Name	Class	Date	
Match each definition	with the correct term.		
Definitions			
1. number of t	imes a machine multipli	es the input force	
2. distance over	er which force is applied	to a machine	
	nput work that becomes		
4. force applie	d to a machine	-	
	hat makes work easier b	by changing a force	
-	er which a machine appl		
7. force applie			
Terms	,		
a. efficiency			
b. input force			
c. output force			
d. mechanical advant	age		
e. input distance			
f. output distance			
g. machine			
Lesson 16.2: Fi		Date	
Fill in the blank with		Date	
1. If the output fo distance.	rce is greater than the in	aput force, then the output distance must be	e than the inpu
2. All machines m		rk put into them to overcome the force of	
		asure of how well the machine reduces fricted when it is used in the real world is	
advantage.	maciniie munuphes forc	te when it is used in the real world is	ns mechanica
5. How much a m		Force if there were no friction is its	
	_	e that increases force is alwaysine that increases the distance over which	

4.2. Machines www.ck12.org

Lesson 16.2: Critic	al Writing			
Name	Class	Date		
Thoroughly answer the qu	estion below. Use a	appropriate academic vocabulary and clear and complete sentences.		
What is mechanical advant	tage? How can a ma	achine with a mechanical advantage of less than one help you do wor	k?	

Use examples in your answer.

4.3 Simple Machines

Name	Class	Date	
Determine if the fo	ollowing statements are true	ue or false.	
1. There are	e seven different types of si	imple machines.	
2. The inpu	t distance of an inclined pla	lane is always greater than the output distance.	
3. The inpu	t force is always applied to	o the thinner side of a wedge.	
4. The close	er together the threads of a	screw are, the harder it is to turn the screw.	
5. When yo	ou use a hammer to pry a na	ail out of board, the hammer is a first class lever.	
6. A lever a	lways increases the force a	applied to the lever.	
7. The whe	el of a Ferris wheel turns m	nore quickly than the axle.	
8. A single	fixed pulley has an ideal me	nechanical advantage of 1.	
9. A compo	ound pulley always contains	s at least two fixed pulleys.	
10. A zip-li	ne pulley is an example of	a single moveable pulley.	
Lesson 16.3:	Critical Reading		
Name	Class	Date	
Read this passage	from the text and answer th	he questions that follow.	

Inclined Plane

An inclined plane is a simple machine consisting of a sloping surface that connects lower and higher elevations. An inclined plane makes it easier to move objects uphill against the force of gravity. The sloping surface of the inclined plane supports part of the weight of the object as it moves up the slope. As a result, it takes less force to move the object to a higher elevation. The trade-off is that the object must be moved over a greater distance than if it were moved straight up to the higher elevation. On the other hand, the output force is greater than the input force because it is applied over a shorter distance.

As for other simple machines, the ideal mechanical advantage of an inclined plane is given by:

 $Ideal\ Mechanical\ Advantage = \frac{Input\ distance}{Output\ distance}$

The input distance is the length of the sloping surface of the inclined plane, and the output distance is the maximum height of the inclined plane. Because the sloping surface is always greater than the height of the inclined plane, the ideal mechanical advantage of an inclined plane is always greater than 1. An inclined plane with a longer sloping surface relative to its height has a greater mechanical advantage and requires less input force to move an object to a higher elevation.

4.3. Simple Machines www.ck12.org

Questions

- 1. Describe an inclined plane.
- 2. How is an inclined plane used?
- 3. Why is the ideal mechanical advantage of an inclined plane always greater than 1?

Lesson 16.3: Multiple Choice	Lesson	16.3:	Multip	le C	Choice
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Name	Class	Date

Circle the letter of the correct choice.

- 1. Which type of simple machine is a chisel?
 - a. lever
 - b. screw
 - c. wedge
 - d. none of the above
- 2. Which of the following is an example of a screw?
 - a. spiral staircase
 - b. Ferris wheel
 - c. seesaw
 - d. axe
- 3. The ideal mechanical advantage of a screw is always
 - a. less than 1.
 - b. equal to 1.
 - c. greater than 1.
 - d. greater than 2.
- 4. Which class of lever does not change the direction of the applied force?
 - a. class 1
 - b. class 2
 - c. class 3
 - d. two of the above
- 5. Which of the following is an example of a third class lever?
 - a. seesaw
 - b. wheelbarrow
 - c. hockey stick
 - d. pry bar
- 6. A wheel and axle increase the applied force when
 - a. the input distance is equal to the output distance.
 - b. the input distance is less than the output distance.
 - c. the input force is applied to the wheel.
 - d. the output force is applied by the wheel.
- 7. How many rope segments pull up on the object in a single moveable pulley?
 - a. 1
 - b. 2
 - c. 3
 - d. 4

Lesson 16.3: Mat	tching	
Name	Class	Date
Match each definition w	vith the correct term.	
Definitions		
1. simple machin	ne that consists of a roj	pe and grooved wheel
2. type of lever i	n which the fulcrum is	between the input and output forces
3. simple machin	ne consisting of two co	nnected rings or cylinders that both turn around a single center point
4. simple machin	ne that consists of an ir	nclined plane wrapped around a cylinder or cone
5. fixed point of	a lever around which t	he bar rotates
6. simple machin	ne consisting of a slopi	ng surface that connects lower and higher elevations
7. type of lever i	n which input and outp	out forces are on the same side of the fulcrum
Terms		
a. inclined plane		
b. class 2 lever		
c. pulley		
d. screw		
e. class 1 lever		
f. wheel and axle		
g. fulcrum		
Lesson 16.3: Fill	in the Blank	
Name	Class	Date
Fill in the blank with th	e appropriate term.	
 A(n)	is a simple machine of the simple of the simple mad plane, a wedge work nical advantage of a thilley changes the	consisting of a bar that rotates around a fixed point. chine called a(n) s only when it rd class lever is always than 1. of the force applied to the pulley. nechanical advantage of
Lesson 16.3: Crit		Date

Thoroughly answer the question below. Use appropriate academic vocabulary and clear and complete sentences.

4.3. Simple Machines www.ck12.org

Compare and contrast single fixed pulleys and single moveable pulleys.

4.4 Compound Machines

Name Class Date Determine if the following statements are true or false 1. Some compound machines consist of thousands of simple machines 2. The output force is exerted by the handle ends of the levers in scissors 3. Scissors change the direction of the input force 4. The fulcrum in a fishing rod is at the center of the rod 5. Compound machines have more moving parts than simple machines.	nical advantage.
 Some compound machines consist of thousands of simple machines. The output force is exerted by the handle ends of the levers in scissors. Scissors change the direction of the input force. The fulcrum in a fishing rod is at the center of the rod. 	nical advantage.
 2. The output force is exerted by the handle ends of the levers in scissors. 3. Scissors change the direction of the input force. 4. The fulcrum in a fishing rod is at the center of the rod. 	nical advantage.
3. Scissors change the direction of the input force 4. The fulcrum in a fishing rod is at the center of the rod.	nical advantage.
4. The fulcrum in a fishing rod is at the center of the rod.	nical advantage.
-	nical advantage.
5. Compound machines have more moving parts than simple machines.	nical advantage.
	nical advantage.
6. The fewer simple machines a compound machine contains, the greater its mechanism	
7. Compound machines have more friction to overcome than do simple machines.	
Lesson 16.4: Critical Reading	
NameClassDate	
Read this passage from the text and answer the questions that follow.	
Efficiency and Mechanical Advantage of Compound Machines	
Because compound machines have more moving parts than simple machines, they general overcome. As a result, compound machines tend to have lower efficiency than simple machine consists of a large number of simple machines, friction may become a serious proful a lot of heat. Lubricants such as oil or grease may be used to coat the moving parts so the more easily. This is how a car's friction is reduced.	nines. When a colollem, and it may
Compound machines have a greater mechanical advantage than simple machines. That's advantage of a compound machine equals the product of the mechanical advantages of machines. The greater the number of simple machines it contains, the greater is its mechanical advantages of machines.	all its component
Questions	
 Why do compound machines tend to have lower efficiency than simple machines? Which will have a greater mechanical advantage: a compound machine that consists or a compound machine that consists of 2 simple machines? Explain your answer. 	of 200 simple m
Lesson 16.4: Multiple Choice Name Class Date	

Circle the letter of the correct choice.

- 1. Simple machines in a bicycle include
 - a. wheels and axles.
 - b. pulleys.
 - c. levers.
 - d. all of the above
- 2. Which of the following is a compound machine?
 - a. wheel and axle
 - b. scissors
 - c. pulley
 - d. lever
- 3. Which of the following machines contains one or more levers?
 - a. wheelbarrow
 - b. scissors
 - c. fishing rod
 - d. all of the above
- 4. The fulcrum in a pair of scissors is always located
 - a. between the input and output points.
 - b. closer to the input point.
 - c. closer to the output point.
 - d. two of the above
- 5. The mechanical advantage of a compound machine equals the
 - a. sum of the mechanical advantages of all its simple machines.
 - b. product of the mechanical advantages of all its simple machines.
 - c. highest mechanical advantage of all its simple machines.
 - d. average mechanical advantage of all of its simple machines.
- 6. The way friction is reduced in a compound machine such as a car is with

Date

- a. fans.
- b. heaters.
- c. lubricants.
- d. none of the above

Lesson 16.4: Matching

1 (unite_	
Match	each definition with the correct term.
Definit	ions
	1. how greatly a machine increases the applied force
	2. how well a machine deals with friction
	3. example of a third class lever
	4. any machine that consists of more than one simple machine
;	5. example of a wheel and axle that works as a pulley

Class

Name

www.ck12.org			Chapter 4.	Work and Machines Worksheets
6. machine consisting	of a wheel and ax	le and a lever		
7. machine consisting	of two levers and	two wedges		
Terms				
a. compound machine				
b. mechanical advantage				
c. fishing rod				
d. wheelbarrow				
e. fishing reel				
f. efficiency				
g. scissors				
g. selssors				
Lesson 16.4: Fill in th	ne Blank			
Name	_ Class	Date	-	
Fill in the blank with the appr	opriate term.			
	S ()			
 A bicycle is an example The point around which 				
3. Scissors contain two			_•	
4. The blades of scissors a			·	
5. A wheelbarrow contain				
6. Compound machines to				
7. The mechanical advanta simple machines.	age of compound	machines is generally		than the mechanical advantage of
Lesson 16.4: Critical	Writing			
Name	_ Class	Date	-	
Thoroughly answer the questi	on below. Use app	propriate academic vo	ocabulary an	nd clear and complete sentences.
Name a compound machine machine contributes to the job	•	•	nes that it co	ontains. Explain how each simple
3	•	~		



Introduction to Energy Worksheets

Chapter Outline

- 5.1 Types of Energy
- 5.2 FORMS OF ENERGY

5.1 Types of Energy

Read this passage from the text and answer the questions that follow.

Name	Class	Date
Determine if the follow	ring statements are true	e or false.
1. Most forms o	f energy can also be cl	lassified as kinetic or potential energy.
2. If the mass of	an object doubles, its	kinetic energy is only half as great.
3. Kinetic energ	y and velocity have an	n inverse relationship.
4. Clothes hang	ing motionless on a clo	othesline do not have any energy.
5. Changing the	shape of an elastic ma	aterial gives it potential energy.
6. If you double	the weight of an object	ct, its gravitational potential energy also doubles.
7. The higher at	ove the ground you ar	re, the less gravitational potential energy you have.
8. The energy o	f a child on a swing ch	nanges back and forth between kinetic and potential ener
9. Some of the l	kinetic energy of the ch	hild in question 8 is given off as heat.
10. Energy conv	versions are always per	rmanent changes in energy.
Lesson 17.1: Cri	tical Reading	
Name	Class	Date

Energy Conversion

When you stand on a diving board high above a swimming pool, you have gravitational potential energy. That's because you have the potential to fall toward Earth due to gravity. What happens when you jump off the diving board? Your gravitational potential energy changes to kinetic energy as you fall toward the water. However, you can regain your potential energy by getting out of the water and climbing back up to the diving board. This requires an input of kinetic energy. These changes in energy are examples of energy conversion, the process in which energy changes from one type or form to another. Energy conversion between potential and kinetic energy also occurs when you swing on a playground swing or jump on a trampoline.

The law of conservation of energy applies to energy conversions. Energy is not used up when it changes form. However, some energy may be used to overcome friction, and this energy is usually given off as heat. For example, your kinetic energy at the bottom of a dive is the same as your potential energy when you were on the diving board, except for a small amount of heat resulting from friction with the air as you fell.

Questions

1. What is energy conversion?

5.1. Types of Energy www.ck12.org

2. Describe how kinetic and potential energy change as a diver climbs up to a diving board and then dives into the water below.

3. How does the law of conservation of energy apply to these energy conversions?

Lesson	17.1:	Multip	le Choice
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Name	Class	Date

Circle the letter of the correct choice.

- 1. The ability to cause a change in matter is one definition of
 - a. work.
 - b. force.
 - c. energy.
 - d. motion.
- 2. Forms of energy include
 - a. mechanical energy.
 - b. electrical energy.
 - c. chemical energy.
 - d. all of the above
- 3. What is the kinetic energy of an object that has a mass of 10 kg and a velocity of 1 m/s?
 - a. 100 J
 - b. 10 J
 - c. 5 J
 - d. 1 J
- 4. What is the gravitational potential energy of an object that has a weight of 12 N and is 3 m above the ground?
 - a. 108 J
 - b. 36 J
 - c. 15 J
 - d. 4 J
- 5. Which statement is false about objects with kinetic energy?
 - a. They are in motion.
 - b. They are doing work.
 - c. They are moving matter over a distance.
 - d. They are using up their energy by moving.
- 6. The SI unit for energy is the
 - a. joule.
 - b. newton.
 - c. newton meter.
 - d. two of the above
- 7. Which type(s) of energy does a person have when jumping on a trampoline?
 - a. kinetic energy
 - b. elastic potential energy
 - c. gravitational potential energy
 - d. all of the above

Lesson 17.1: N	l atching	
Name	Class	Date
Match each definitio	n with the correct term.	
Definitions		
1. energy stor	red in an object because of	its position or shape
2. stored ener	gy due to an object's shap	ne e
3. use of force	e to move matter	
4. energy of r	noving matter	
5. stored ener	gy due to an object's posit	tion
6. ability to d	o work	
7. process in	which energy changes from	m one type or form to another
Terms		
a. energy		
b. kinetic energy		
c. energy conversion	l	
d. work		
e. gravitational poter	ntial energy	
f. elastic potential er	nergy	
g. potential energy		
Lesson 17.1: F	ill in the Blank	
Name	Class	Date
	the appropriate term.	
 When work is The two basic Anything that The amount of Gravitational p When energy 	done, is tran- types of energy are kinetic is moving has f kinetic energy in an object potential energy depends of	on an object's height above the ground and its nount of energy is always
Lesson 17.1: C		Date

Thoroughly answer the question below. Use appropriate academic vocabulary and clear and complete sentences.

5.1. Types of Energy www.ck12.org

Explain why an object with kinetic energy always does work.

5.2 Forms of Energy

Less	on 17.2: True or False			
Name	Class Date			
Deterr	nine if the following statements are true or false.			
	1. Kinetic and potential energy add up to mechanical energy.			
	2. There is stored chemical energy in food.			
	3. A lightning bolt is a powerful discharge of light energy.			
	4. Most of the electrical energy we use is produced in power plants.			
	5. The sun produces nuclear energy when hydrogen nuclei undergo fusion.			
	6. Some of the sun's energy travels through space to heat and light Earth.			
	7. The atoms that make up matter are in constant motion.			
	8. Radio waves are a type of sound waves.			
	9. Energy rarely changes from one form to another.			
	10. One form of energy cannot change into two or more different forms of energy.			
Less	on 17.2: Critical Reading			
Name	Class Date			

How Energy Changes Form

Energy often changes from one form to another. For example, the mechanical energy of a moving drumstick changes to sound energy when it strikes the drumhead and causes it to vibrate. Any form of energy can change into any other form. Frequently, one form of energy changes into two or more different forms. For example, when wood burns, the wood's chemical energy changes to both thermal energy and light energy. Whenever energy changes form, energy is conserved. No energy is lost, although some may be released as thermal energy due to friction.

Many machines change energy from one form to another. For example, a turbine changes mechanical energy to electrical energy. Some of the mechanical energy of the moving parts is used to overcome friction. The more efficient a device is, the less energy it uses to overcome friction and the greater the percentage of usable energy it produces. The U.S. government's Energy Star program certifies the energy efficiency of appliances. Appliances with an "Energy Star" label use energy efficiently and thereby reduce energy use.

Questions

1. Describe how a drumstick changes energy when it strikes the drumhead.

Read this passage from the text and answer the questions that follow.

2. How does energy change when wood burns?

5.2. Forms of Energy www.ck12.org

3. What is the Energy Star program? What does an "Energy Star" label represent?

Lesson	17.2:	Multiple	Choice
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Name	Class	Date

Circle the letter of the correct choice.

- 1. Which form of energy does your body use to stay warm?
 - a. light energy
 - b. sound energy
 - c. chemical energy
 - d. none of the above
- 2. Which type of energy is stored in wood?
 - a. thermal energy
 - b. light energy
 - c. chemical energy
 - d. two of the above
- 3. Sources of electrical energy include
 - a. the sun.
 - b. lightning.
 - c. batteries.
 - d. two of the above
- 4. Nuclear power plants produce energy by
 - a. burning fossil fuels.
 - b. splitting atomic nuclei.
 - c. causing chemical reactions.
 - d. capturing kinetic energy of atoms.
- 5. The thermal energy of an object depends on
 - a. how quickly its atoms are moving.
 - b. how much light it gives off.
 - c. how many atoms it has.
 - d. two of the above
- 6. Electromagnetic waves include all of the following except
 - a. light.
 - b. sound.
 - c. X rays.
 - d. microwaves.
- 7. Sound waves can travel through all of the following except
 - a. air.
 - b. space.
 - c. water.
 - d. glass.

Lesson 17.2: Matching

Name	Class	Date		
Match each defin	nition with the correct term.			
Definitions				
1. energy	released when atomic nuclei s	plit apart		
2. total kii	2. total kinetic energy of all the atoms in an object			
3. energy	stored in chemical bonds			
4. energy	of an object that is moving or	has the potential to move		
5. energy	that travels in waves through r	matter from a vibrating object		
6. kinetic	energy of moving electrons			
7. energy	that travels in electrical and m	agnetic waves		
Terms				
a. chemical energ	gy			
b. electrical energy				
c. nuclear energy				
d. thermal energy	y			
e. electromagnet	ic energy			
f. mechanical en	ergy			
g. sound energy				

Lesson 17.2: Fill in the Blank

Name	_ Class	Date	
Fill in the blank with the app	ropriate term.		
1energy is the	sum of an obje	ect's kinetic and potential energy.	
2. Chemical energy is a form	of	_ energy.	
3. A battery converts chemical	al energy to	energy.	
4. In nuclear power plants, nu	uclei split apart	t, or	
5energy comes	s from moving	atoms in matter.	
6. The form of energy that tra	avels from the	sun through space is	_ energy.
7. The process in which energ	gy changes for	m is called energy .	

5.2. Forms of Energy www.ck12.org

Lesson 17.2: Critical Writing				
Name	Class	Date		

Thoroughly answer the question below. Use appropriate academic vocabulary and clear and complete sentences.

Think of a device you commonly use that changes energy from one form to two or more different forms. Describe the energy conversions that take place when you use the device.