



# American Council on Exercise

This certificate attests that

**GRANT CHRISTIAN ONGSTAD**

has met all the requirements of the American Council on Exercise to develop and implement fitness programs for individuals who have no apparent physical limitations or special medical needs.

**CERTIFIED PERSONAL TRAINER**  
SINCE 2012

A handwritten signature in black ink, appearing to read 'Greg Stone'.

CHIEF SCIENCE OFFICER



8/31/2016

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