

Doshas and remedies are the part and parcel of vedic astrology and has been practiced since the inception of vedic astrology. According to vedic astrology if the malefic planets like Rahu , Ketu, Mars etc are present in certain houses that can ruin the positive affects of the horoscope.

## Meaning

Meaning of doshas in Vedic astrology is the condition that has flaws, un-favorable or not good. These Indian astrology doshas occur because of the un-favorable position of the planets in the twelve houses of your birth chart. Now to identify the position of the planets your date and time of birth is required. Based on that the birth chart is prepared which will tell the position of planet when you were born. If the malefic planets ie saturn, rahu, mars etc are placed in certain specific houses then they affect your good part of the horoscope leading to vedic astrology doshas. Maximum percentage of doshas are caused by the planet mars. It is responsible for about 100% of the available doshas. Apart from this there are other planets like Sun, Saturn and Rahu that lead to doshas in vedic astrology. Saturn is responsible for 75% of the doshas, Sun for 50% and Rahu for 25% of the vedic astrology doshas.

## Types of Doshas

### 1.Manglik Dosha/ Kuja Dosha/Mangal Dosha

Manglik dosha in Indian astrology occurs when the position of planet mars in 1,4,7,8,12, house. So if the planet mars is present in any of these five houses it is going to cause manglik dosha or kuja dosha. Some astrologers also consider the dosha if the mars is in 2nd house. 50% of the people have this dosha in their birth chart. The biggest misconception regarding manglik dosha in vedic astrology is the death of the spouse if one suffers from manglik dosha. It does not happen in every case. This happens when other bad combinations of the planets are also there in your chart. Manglik doshas in vedic astrology is not there if mars is present in its own house. Even if your 9th house has strong benefic planet then the effect of mars placed in 7th and 8th house are canceled.

### Manglik Dosha Remedies

- Chant the Hanuman Chalisa daily it is one of the best manglik dosha remedies.
- Keep fast on every Tuesday of a new month in a rising moon.
- For the period of 40 days keep chanting Sunder Kand from Tulsi Ramcharitmanas. Start it from Tuesday.
- Recite Gayatri Mantra for 108 times in a day.

- Om Shreem Hanumate Namah is the mantra to worship Lord Hanuman. People having manglik dosha must chant this mantra daily and go to Hanuman Temple for worship especially on Tuesday. Also distribute sweets, sindoor along with lighting ghee lamp.
- You manglik dosh cancellation will happen if you donate red cloth to the workers. Prefer to donate it to the workers who work with sharp iron items.
- Consult the expert astrologer to perform Hanumant Sadhana that also needs triangular mangal yantra and mangal stotra that is a unique prayer to mangal.

## 2.Kaalsarp Dosh

Although our ancient vedic astrology does not mention Kaalsarpa dosha yet it is feared by all. In Kaalsarpa dosha, meaning of kaal is death and sarpa is snake. Kaalsarpa dosha in Indian astrology occurs when all the planets are to one side of Rahu and Ketu. The intensity of Kaalsarpa dosha increases when all the planets come within the arc from Rahu to ketu. Misfortunes and obstructions in the progress are the result of Kaalsarpa dosha. There are 12 types of Kaalsarpa doshas which are Anant, Kulik, Vasuki, Shankhapal, Padma, Mahapadma, Takshak, Karkataka, Shankhanaad, Patak, Vishakata and Sheshanag. These vedic astrology doshas are named after the name of the snakes.

General Impacts of Kaal Sarp Dosh:

1. Hurdles in every important and auspicious work.
2. Lesser Mental peace
3. Low self-confidence
4. Deterioration of health and reduces longevity
5. Poverty and destruction of wealth.
6. Destruction of business and loss of job
7. Anxiety and unnecessary Tensions
8. Bad Relations with family members and friends
9. Treachery from friends and colleagues
10. Very less help from relatives and friends

## Remedies

Remedy for kaalsarpa yoga is a controversial subject. However through decades of experience the following are known to have brought relief:

1. Recite Lord Shiva's mantra "Om Namah Shivay" 108 times daily.

2. Recite Mahamritunjaya mantra daily. Everytime a bad thought comes to your mind or you see things going in the wrong direction, recite this mantra
3. Keep fast for 16 Mondays.
4. Perform abisheka to Shivalinga daily with water and offer flower and sandal paste for atleast five years and recite Rudrashtaka.
5. Get a silver swastika made having small bronze snakes at both its sides and affix this tantra at an auspicious time or around 4 am in the morning on the main door of your house. The followers of other faiths may also use this tantra.
6. Recite Hanuman Chalisa every morning.
7. Offer prayers to lord Shiva's family.
8. Recite daily Rahu Kavach Stotra or simply you must chant Rahu and Ketu mantra minimum 108 times. These mantras are "OM RANG RAHVE NAMHA" and "OM KEANG KEATVE NAMHA"
9. On every Monday bathe a metal idol of Lord Shiva only with yogurt and sandal powder while chanting Har Har Mahadev.
10. You may observe fast on Nag-panchami.
11. Donate pulses to beggars on 43 Wednesdays.
12. Give Blue or Brown cloth, wheat, mirror, sesame seeds, oil, iron and blanket towards charity
13. Avoid wearing black clothes.
14. Perform puja daily of kaalsarp Dosh Nivaran Yantra.

### 3.Naadi Dosha

Nadi dosha occurs when people with similar nadi get married. Nadi is one of the eight aspects that are considered while checking your compatibility with your partner. The points assigned to nadi are 8 which are the maximum. Children born to parents having nadi dosha are weak. So it must be taken seriously.

### Nadi Dosha Remedies

- Chant Mahamrityunjaya mantra japa
- Present swarna-nadi, grains, cloth and cow to the brahmin for nadi dosha remedies
- Girl having a nadi dosha is also married to Vishnu before the actual marriage and is considered as a nadi dosha cancellation and remedies.

So before marriage it is important to check the nadi astrology for any nadi dosha, nadi dosha remedies and nadi dosha cancellation. You can go for the astrology for

marriage to get this done.

## 1. Shrapit Doshas/Shrapit Yoga

The word shrapit means the one who has been cursed. Shrapit dosha occurs when in the single sign of your horoscope, both Saturn and Rahu are present. It happens because of the wrong deeds that you have done in your past life. Because of Shrapit doshas in your chart you will not get the good result even if your present birth chart is showing good combinations of the planets. But like Kaalsarpa dosha there is no roots of Shrapit yoga in ancient astrology. Even in Lal Kitab (Red Book) Rahu and Saturn when come together are called Nagmani (Snake' jewel) that is considered good. Person with this combination will have lots of black money.

## 2. Pitra Dosha

Now if our ancestors have done something bad then we will suffer from Pitra dosha or paitrik dosha. It is because of the position of Saturn and Rahu that pitra dosha in the category of Indian astrology doshas occur. Sun according to vedic astrology is the father and moon is the mother whereas Rahu and Saturn are the enemies of these two. So if Sun/Moon, Rahu and Saturn are in same house then pitra dosha occurs. You will not progress because of this dosha.

In the vedic astrology Rahu is considered the main cause of these doshas.

Pitra Dosha is due to any of the following main reason, and there may be others.

- (1) Bad deeds (bad karma) of our ancestors in earlier life, knowingly or unknowingly, are embarrassing their souls,
- (2) Bad deeds (bad karma) of children, knowingly or unknowingly, are embarrassing the soul of ancestors,
- (3) Lack of fulfillments of parental desires of our ancestors,
- (4) A sudden and unnatural death of any relative ancestors in early age,
- (5) If someone fails to remember and honor the ancestors properly,
- (6) If certain wishes are remained attached with the soul of the ancestors, etc.

Pitra Dosha occurs if any ancestors up to the 7th generation on the fathers side and up to the 4th generation on the mothers side have expired at an early age or have had an unnatural death.

In Vedic Astrology, offerings for Rahu and Ketu are given to alleviate the Pitra Dosha - If the curses of forefathers found in the natal chart in the form of close afflictions of Rahu and Ketu/ or aspects on functional benefices/ or continuance of malefic planets dasa periods.

Following are the most important signs to identify the existence of Pitru Dosh:

1. Children are falling sick repeatedly.
2. The couple has problem in conceiving the child, i.e. problem in getting pregnant.
3. Repeated miscarriages.
4. Quarrels among family members without any reasonable reason.
5. The person's educational and career growth is obstructed.
6. Disruption in educational and career growth and success.

### Remedies of Pitra Dosh

1. Every Saturday, make rice balls by mixing cooked rice and ghee. Feed these rice balls to crows and fish.
2. Unconditional services to parents, old-age needy persons, sweeper and poor people are recommended. The person should try not to get angry in this life and try not to engage in any kind of quarrels in his lifetime.
3. Worshipping Lord Vishnu, especially the form of Sri Ram, is also advised for Pitru Dosh Nivaran.
4. Perform Kanya Daan ( perform the marriage of a girl ), if possible for a Brahmin Kanya(Or any Poor family)
5. Perform Rudrabhishek ( Rudra Abhishek ) in the name of the KUL or ancestors.
6. On any somwati amavaasya (when there is amaavasyaa and also monday) go to peepal tree, offer one janeu to tree and one to Lord Vishnu. Pray to tree and Lord Vishnu. Then do 108 Parikrama of tree, with each Parikrama offer a sweet to tree. While doing Parikrama continuously chant the mantra " OM NAMO BHAGAWATE VAASUDEWAAYA". After doing parikrama again pray to peepal tree and Lord Vishnu and seek forgiveness.